

Training

CALENDAR

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

Winter Spring 11



Presented by:



The Connecticut
Women's Consortium

Improving Behavioral Health Services for Women

The Connecticut Women's Consortium is a statewide policy, training and advocacy organization specializing in women's behavioral health.

January 2011

DEAR COLLEAGUES:

Each day we go to work knowing that we have an opportunity to save the life of someone who is suffering from alcohol or drug addiction. Whatever happens around us, we remain focused on our belief that recovery is possible for anyone.

By providing knowledge and skill-building through the trainings we offer those of you on the front lines, CWC is a conduit for savings lives. The programs listed here reflect a strong partnership with the Department of Mental Health and Addiction Service's (DMHAS) Recovery Initiative that includes the Women's Services Practice Improvement Collaborative (WSPIC), the Trauma Initiative and the new, innovative Trauma and Gender Blend Initiative (TiGr) that serves both women and men.

CWC and DMHAS know that the women you serve come in contact with a variety of other state systems, such as Department of Corrections (DoC), Department of Children and Families (DCF), Court Support Services Division (CSSD), Department of Social Services (DSS) and Department of Developmental Services (DDS). We are pleased that staff from these agencies, as well as non-profit agency staff from across the state, attend our trainings, since gender-responsive and trauma-informed services across state systems ultimately enhance women's recovery. Our assessments of our trainings show that participants indicate beneficial long term impact on their work with clients.

We continue to believe that women increase their chances of recovery if the treatment settings: understand that trauma, addiction and mental illness often go hand in hand; provide an environment where women feel safe, secure and comfortable; and hire staff who are well-trained in gender-responsive and trauma programming. With imminent changes in the health care system, we know that our mission — and yours — remains consistent and strong. Our job is to provide training opportunities that enhance your skills and enlarge your perspectives, translating into better outcomes for those you serve. We know that people do recover from addictions and mental illnesses, and all of us do work that plays an integral part in helping people become whole again.

We wish you a safe, fun-filled winter season that leads into the warm air and spring blossoms.

Sincerely,

Cinda Cash, MHSA
Executive Director



Winter/Spring 11

Registration Information

New: Online Payments

You can now pay for all Connecticut Women's Consortium trainings online using a credit card, debit card, e-check or PayPal account. To do so, place a check in the pay online column to the left of each registration and then click the "Pay Now" button to the right of the Balance.

Previous registrants

(must have a valid e-mail address)

- Log into online registration at <http://training.womensconsortium.org/Login.aspx> select desired trainings(s) and type of certificate desired and print out your invoice. If you have trouble logging in please DO NOT register again. Contact the CWC training department at 203.909.6888 ext. 30 or 33 for assistance.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted at which time you can choose to register and mail in our payment.
- If training is available, you can pay online or mail your invoice with a check/money order or agency approved purchase order to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

New registrants

(must have a valid e-mail address)

- Go to website <http://training.womensconsortium.org> and follow instructions in first paragraph. Complete entire form and follow instructions for login.
- Log into online registration at <http://training.womensconsortium.org/Login.aspx> select desired trainings(s) and type of certificate desired and print out your invoice. If you have trouble logging in please DO NOT register again. Contact the CWC training department at 203.909.6888 ext. 30 or 33 for assistance.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted at which time you can choose to register and mail in our payment.
- If training is available, you can pay online or mail your invoice with a check/money order or agency approved purchase order to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

Paper registration process

(if you do not have a valid e-mail address)

- Complete registration form and mail with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via phone.**
- If training is full, you will be put on a waiting list.

Registration Information *(continued)*

Training fees

Training fees are \$25 or more; some workshops are available at no charge. All Department of Mental Health and Addiction Services (DMHAS) employees receive a 50 percent discount on trainings. Fees are required with the submission of your registration or prior to the day of the training if your registration is faxed. Make checks payable to The Connecticut Women's Consortium. We are also requesting that you bring one non-perishable food item to each training session you attend.

There is a \$15.00 handling fee for all returned checks. Failure to reimburse the Women's Consortium for a returned check will prevent registration for future trainings.

Waiting list policy

If you are put on a waiting list for a training and there are no available slots or future dates for the same training, your money will be refunded or, at your request, will be applied to another training.

Continuing Education Credits/Certificate of Attendance policy

Sign-in begins one half hour before the start of the training session. It is each participant's responsibility to sign in at the beginning of the session and to sign out at the end of the day. The CT Women's Consortium has applied for Continuing Education Credits (CECs) from National Association of Social Workers, CT Certification Board, and the CT Association of Marriage & Family Therapists. **According to the rules of the agencies granting CECs, participants must sign in and out in order to be eligible for Continuing Education Credits or Certification of Attendance.**

In order to receive continuing education units/credits, participants are expected to attend the entire training session. Because certificates are given only for actual time of workshop participation, a participant who misses a portion of training must attend at least 90 percent of it in order to receive credit.

If you have to cancel

If you are not able to attend a session for which you registered, please call us at 203.909.6888 at least seven (7) days prior to the training to either (1) transfer your registration to someone else in your agency OR (2) request a partial refund (75% of cost) — participants paying a reduced fee will not receive a refund. Cancellations less than seven (7) days prior to the training or no-shows will not receive refunds. Please keep in mind that registrants who make last minute, non-emergency cancellations prevent others from attending.

If we have to cancel

In the event of a change or cancellation, you will be notified by mail, e-mail or telephone as soon as possible. If severe weather is occurring or predicted, please watch ABC Channel 8, NBC Channel 30 and CBS Channel 3 for information on the training/event scheduled for that day. Remember that severe weather in any part of the state may be a cause for cancellation.

The Connecticut Women's Consortium's trainings are supported with funds from the Department of Mental Health and Addiction Services.

TWO-DAY SESSION

The M-TREM workshop will be offered on February 3 and 4. See page 8 for details.

Men's Trauma Recovery and Empowerment Model (M-TREM)



The Trauma Recovery and Empowerment Model (TREM) is a clinically-tested and manualized group intervention. Designed to help members develop and strengthen the skills necessary to effectively cope with the impact of traumatic experiences, it draws primarily on psychoeducational and cognitive-behavioral techniques in an actively supportive group context. Originally developed at Community Connections by and for women (*Trauma Recovery and Empowerment: A Clinician's Guide for Working with Women in Groups*, The Free Press, 1998), a distinct version tailored to the specific concerns of male trauma survivors has been finalized.

The men's 24-session group (M-TREM) is structured in three sections. Part I addresses key experiences of male trauma survivors and places these experiences in the context of cultural expectations of men. It explores both central emotions (anger, fear, hope, shame) and relationship characteristics (friendship, intimacy, trust, loss). Part II focuses more directly on trauma and its connections to emotional, addictive, and relationship difficulties. Part III adopts a skill-building emphasis with sessions on communication, problem solving, and self-soothing, among others.

This two-day workshop will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a session-by-session review of the model with emphasis on goals, process, and suggestions for effective group leadership. Mock group sessions will allow participants to observe and practice leader techniques, with time reserved for discussion.

Learning objectives:

1. Participants will learn basic prevalence data about men's trauma.
2. Participants will learn about gender similarities and differences in the impact of trauma and in coping styles.
3. Participants will learn the key differences between TREM and M-TREM approaches.
4. Participants will review the content and core skill-based objectives of M-TREM.

Teaching methods:

Lectures with accompanying slides, video, question and answer periods, mock groups, demonstration of leader techniques, discussion.

Leaders:

Roger D. Fallot, Ph.D. (Co-Director of Community Connections) and Richard R. Bebout, Ph.D. (Housing Director at Community Connections)

TWO-DAY SESSION

The TREM workshop will be offered on April 27 and 28. See page 9 for details.

Trauma Recovery and Empowerment Model (TREM)



Community Connections, the largest private, not-for-profit provider of mental health, substance abuse and trauma services in Washington, DC, has been addressing trauma-related concerns of survivors for over ten years.

Dr. Maxine Harris and the Community Connections Trauma Work Group initially developed the Trauma Recovery and Empowerment Model (TREM) of group work with women, and then developed variations for men (M-TREM) and for adolescent girls (G-TREM). TREM uses a psycho-educational focus and skill-building approach, emphasizes survivor empowerment and peer support, and teaches techniques for self-soothing, boundary maintenance and problem solving.

TREM addresses issues of sexual, physical, and emotional abuse in the lives of survivors who have been economically and socially marginalized and for whom traditional recovery work has been unavailable or ineffective. The TREM intervention is based on four core assumptions:

- Some current problem behaviors and/or symptoms may have originated as legitimate coping responses to trauma.
- Those who experienced repeated trauma in childhood were deprived of the opportunity to develop certain skills necessary for adult coping.
- Trauma severs core connections to one's family, one's community, and ultimately to oneself.
- Women who have been abused repeatedly feel powerless and unable to advocate for themselves.

TREM is divided into four sections. In Part I, women focus on empowerment, addressing issues of self-protection, self-soothing, self-esteem, and establishing healthy emotional and physical boundaries. In Part II, survivors address the long-term impact of sexual, physical and emotional abuse, and focus on developing ways to cope with lingering symptoms, not on remembering or reliving the abuse experience itself.

In Part III, group members solidify learning about how to communicate, establish healthy relationships and make good decisions. In Part IV, women are encouraged to plan for continued healing either on their own or as part of a community of survivors. Through a closing ritual they will process their group experiences and what it means to say good-bye in a meaningful and caring way.

TREM is being used nationwide in residential and outpatient substance abuse treatment programs, outpatient mental health programs and correctional facilities. Components of TREM are being used in homeless and domestic violence shelters.

TREM's effectiveness is currently being examined in a four-year randomized controlled trial study funded by the National Institute of Mental Health for women trauma survivors with PTSD.

Visit www.cdc1.org for more information about TREM and Community Connections.

Training Sessions

January 2011

| CODE | SESSION | DATE/TIME | LOCATION | TRAINER(S) | FEE | CECs |
|-------|---|---|---------------------------------------|---|------|------|
| SA207 | <p>Biology of Addiction</p> <p>Designed for non-medical personnel who have not had extensive training in biology, this training will introduce basic elements of brain structure, homeostatic systems, central nervous system (CNS), and brain chemistry that are fundamental to understanding the disease process of addiction. Participants will be introduced to the direct connection between changes in brain chemistry and structure and continued use of substances despite negative consequences. We will examine the impact of alcohol, opiates, and stimulants on multiple body systems and on the fetus. Clinical evidence of acute intoxication and the classic withdrawal symptoms of each substance will be described.</p> | Friday January 28 9:00 - 4:00 | The CT Women's Consortium, Hamden, CT | <i>Lauren Doninger, Ed.D, LADC, LPC</i> | \$25 | 6 |



Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

| CODE | SESSION | DATE/TIME | LOCATION | TRAINER(S) | FEE | CECs |
|-------|---|--|--|---|-------------------------|------|
| TR815 | <p>Men's Trauma Recovery and Empowerment Model (M-TREM)</p> <p>This training will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a session-by-session review of the model with emphasis on goals, process, and suggestions for effective group leadership. Mock group sessions will allow participants to observe and practice techniques with time reserved for discussion.</p> | <p>Thursday February 3</p> <p>9:00 - 4:00</p> <p>and</p> <p>Friday February 4</p> <p>9:00 - 4:00</p> | <p>The CT Women's Consortium, Hamden, CT</p> | <p><i>Roger Fallot, PhD</i></p> <p><i>Richard Bebout, PhD</i></p> | <p>\$150 \$125*</p> | 12 |
| TR835 | <p>Helping Men Recover: A Trauma-informed Approach</p> <p>This new curriculum addresses what is often missing in prevailing treatment models: an understanding of the impact of male socialization on the recovery process, a consideration of the relational needs of men, and a focus on issues of abuse and trauma. One of the primary goals of <i>Helping Men Recover</i> is assisting men in establishing a healthy sense of self outside of stereotypical masculine scripts. Professionals who attend will: (1) understand the core elements of gender-responsive treatment; (2) understand how individual and cultural traumas affect men's treatment and recovery; (3) understand how male socialization can be both an asset and a barrier to treatment and recovery; (4) learn about a gender-responsive and trauma-informed treatment curriculum for men.</p> | <p>Tuesday February 15</p> <p>9:00 - 4:00</p> | <p>The CT Women's Consortium, Hamden, CT</p> | <p><i>Dan Griffin, MA</i></p> <p><i>Rick Dauer, LADC</i></p> | \$100 | 6 |
| MC325 | <p>Effective Substance Abuse and Mental Health Intervention for LGBTQ and Racially Diverse Adults and Youth</p> <p>This training will provide a safe and welcoming environment for participants to examine their own conceptions, values and attitudes that may serve as strengths or barriers to effective treatment of LGBTQ Youth and Adults. Current research of evidence-based practices will be presented to increase participant's knowledge of factors contributing to the well being and harm of LGBTQ youth and adults, including family and community acceptance and support. Participants will explore the relevance of spirituality, community organizing and activism in healing/ reducing the impact of multiple oppressions faced by LGBTQ youth who are also racial, gender, and socio-economic minorities.</p> | <p>Friday February 25</p> <p>9:00 - 4:00</p> | <p>The CT Women's Consortium, Hamden, CT</p> | <p><i>Regina Dyton, MSW</i></p> <p><i>Richard Stillson, PhD</i></p> | \$25 | 6 |

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

March 2011

| CODE | SESSION | DATE/TIME | LOCATION | TRAINER(S) | FEE | CECs |
|-------|---|---|--|--|------|------|
| TR805 | <p>Staff Care: Creating a Healthier Workforce</p> <p>The emotional strain of working in the addiction/mental health field affects professional and personal lives, often causing burnout and staff turnover. Without effective coping mechanisms care-givers can become frustrated, overwhelmed and immobilized. This <i>experiential</i> workshop is a three-layered approach to staff care: organizational, professional and personal. In addition to receiving information on topics such as vicarious trauma and compassion fatigue, participants will engage in exercises related to reconnection, spirituality and mindfulness practice.</p> <p><i>Note: Please attend this workshop only if you are able to attend for the full day and with no or a minimum of distractions (e.g. cell phones). Dress for comfort.</i></p> | <p>Thursday March 24</p> <p>9:00 - 4:00</p> | <p>The CT Women's Consortium, Hamden, CT</p> | <p><i>Eileen Russo, MA, LADC</i></p> <p><i>Alicia Davis, LMT</i></p> | \$25 | 6 |



April 2011

| CODE | SESSION | DATE/TIME | LOCATION | TRAINER(S) | FEE | CECs |
|-------|--|---|--|--|-------------------------|------|
| TR811 | <p>The Trauma Recovery and Empowerment Model (TREM)</p> <p>TREM is a gender-based model designed to address issues of sexual, physical, and emotional abuse in the lives of women who have been economically and socially marginalized and for whom traditional recovery work has been unavailable or ineffective. TREM uses a psychoeducational focus and skill-building approach, emphasizes survivor empowerment and peer support, and teaches techniques for self-soothing, boundary maintenance and current problem solving.</p> | <p>Wednesday April 27</p> <p>9:00 - 4:00</p> <p>and</p> <p>Thursday April 28</p> <p>9:00 - 4:00</p> | <p>The CT Women's Consortium, Hamden, CT</p> | <p><i>Lori Beyer, MSW, MSWAC, LCSW</i></p> | <p>\$150 \$125*</p> | 12 |

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

May 2011

| CODE | SESSION | DATE/TIME | LOCATION | TRAINER(S) | FEE | CECs |
|-------|---|--|--|--|-------------------------|------|
| LE515 | <p>Healing Racism: An Open Conversation</p> <p>The Healing Racism Dialogue Sessions are designed to help individuals understand racism and its impact at multiple levels in our society; discover ways in which they can be part of the healing process; and understand how they as members of the community can foster unity and network with allies. Through the use of facilitated dialogues, the presentation of information in a variety of media formats and in large and small group discussions, participants are invited to engage these issues in a safe environment. They will explore the role of racism in clinical encounters, between colleges and at the institutional level and have practiced at least one skill for interrupting the cycle.</p> | <p>Monday May 9</p> <p>9:00 - 4:00</p> <p>and</p> <p>Tuesday May 10</p> <p>9:00 - 4:00</p> | <p>The CT Women's Consortium, Hamden, CT</p> | <p><i>Donald Giannini, MS Ed.</i></p> <p><i>Dietra D. Hawkins, Psy.D</i></p> <p><i>Stephen McMahon, MS</i></p> | <p>\$100 \$75**</p> | 12 |

June 2011

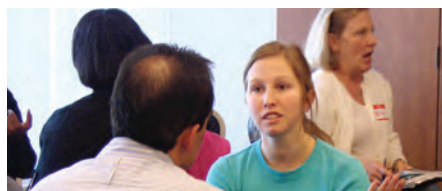
| CODE | SESSION | DATE/TIME | LOCATION | TRAINER(S) | FEE | CECs |
|-------|--|--|--|--|-------|------|
| TR830 | <p>Woman and the Twelve Steps: A Trauma-informed Approach</p> <p>When Alcoholics Anonymous (AA) was founded in 1935, most – if not all – of the participants were men. Women's use and abuse of alcohol and other drugs was hidden, along with the pervasiveness of domestic violence, incest, and other forms of abuse against women. However, over the years we have developed a strong body of research about women's lives and women's addictions. We now know that about 30 percent of all addicts in the U.S. are women. Many women have entered recovery programs based on the Twelve Steps of AA, and we have discovered that women's needs in recovery and their pathways to recovery differ in some significant ways from those of men. This one-day training discusses some of these gender differences and presents the new program materials that are anchored by <i>A Woman's Way through the Twelve Steps</i>, a book that has sold more than 250,000 copies. Now there is a facilitator guide and DVD to complement the popular book and workbook. The training offers practical guidance for working with trauma survivors and for conducting this thirteen-session curriculum of experiential exercises focused on the themes in each of the Steps (such as: letting go, acceptance, Higher Power, gratitude, making amends, and others).</p> | <p>Tuesday June 7</p> <p>9:00 - 4:00</p> | <p>The CT Women's Consortium, Hamden, CT</p> | <p><i>Stephanie Covington, PhD, LCSW</i></p> | \$100 | 6 |

**The cost for this two-day workshop is \$100 per person per agency and \$75 per person for two or more staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

June 2011 (continued)

| CODE | SESSION | DATE/TIME | LOCATION | TRAINER(S) | FEE | CECs |
|-------|---|---|---------------------------------------|-------------------------------|------|------|
| TR804 | <p>Understanding Psychological Trauma and Trauma Informed Care (Part I)</p> <p>The prevalence of traumatic experience in the history of addiction/mental health clients is extremely common, however the impact of trauma can be difficult to recognize by service providers. This introductory workshop will provide an understanding of psychological trauma and will help workshop participants to identify simple and practical ways to provide trauma informed care to clients.</p> | Friday June 17 9:00 - 4:00 | The CT Women's Consortium, Hamden, CT | <i>Eileen Russo, MA, LADC</i> | \$25 | 6 |
| TR820 | <p>Understanding Psychological Trauma and Trauma Informed Care (Part II)</p> <p>This experiential training is a supplement to Understanding Trauma and Trauma Informed Care, Part I and will provide clinicians and case managers with an overview of the importance of educating clients on the possible impact of traumatic experience, coaching on grounding and emotional/physical safety planning. There will be a closer look at diagnostic criteria, screening, assessment, treatment models and a review of psychological first aid. This training is most appropriate for those who have a basic understanding of psychological trauma and would like to learn effective skills when working with those whose lived experience includes trauma.</p> <p><i>Prerequisite: Understanding Trauma and Trauma Informed Care or equivalent knowledge base.</i></p> | Friday June 24 9:00 - 4:00 | The CT Women's Consortium, Hamden, CT | <i>Eileen Russo, MA, LADC</i> | \$25 | 6 |
| LE502 | <p>Navigating the Medicaid System: Understanding Eligibility and Services</p> <p>Topics include: basic eligibility rules for Medicaid; what services are covered; how services are delivered; what can be done if eligibility or services are denied and resources available for clients having problems obtaining coverage or benefits.</p> | Thursday June 30 9:00 - 12:30 | The CT Women's Consortium, Hamden, CT | <i>Sharon Langer, JD</i> | \$15 | 0 |



Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

Trainer Biographies

Richard Bebout, Ph.D. earned his doctorate at the University of North Carolina at Chapel Hill and since 1987 has been affiliated with Community Connections where he currently holds the position of clinical housing director and is an active member of the Men's Trauma Workgroup. Bebout has contributed more than 20 articles and book chapters on mental health services and frequently trains and consults in the areas of supportive housing and men's trauma services. He also maintains a private therapy practice in Washington, DC and suburban Maryland and serves as an adjunct professor of community and family medicine at Dartmouth Medical School.

Lori Beyer, MSW, MSWAC, LCSW, a trauma clinician and trainer at Community Connections, trains clinicians nationwide on issues related to trauma in the lives of women with mental illness and substance addiction. Beyer has over 10 years of experience working with homeless adults who are dually diagnosed with serious mental illness and substance abuse disorders. She is a member of the Community Connections Trauma Work Group which developed the Trauma Recovery and Empowerment Model (TREM). Beyer has co-led group treatment interventions in trauma recovery and empowerment, parenting skills, and domestic violence at both Community Connections and at the Maryland Correctional Institution for Women.

Stephanie S. Covington, PhD, LCSW, is a clinician, organizational consultant, and lecturer. For over twenty-five years her work has focused on the creation of gender-responsive and trauma-informed services. Her extensive experience includes designing women's services at the Betty Ford Center, developing programs for women in criminal justice settings, facilitating Connecticut's Trauma-informed, Gender-responsive Initiative, and being the featured therapist on the Oprah Winfrey Network "Breaking Down the Bars" TV show. She has also served as a consultant to the United Nations Office on Drugs and Crime (UNODC) in Vienna and was selected for the federal Advisory Council on Women's Services. Educated at Columbia University and the Union Institute, Dr. Covington has served on the faculties of the University of Southern California, San Diego State University, and the California School of Professional Psychology. She has published extensively, including six gender-responsive, trauma-informed treatment curricula. Dr. Covington is based in La Jolla, California, where she is co-director of both the Institute for Relational Development and the Center for Gender and Justice.

Rick Dauer, LADC, the clinical director for River Ridge Treatment Centers, has been a professional in the field of chemical dependence for 27 years, with extensive experience in residential, outpatient, and corrections-based treatment settings. He has been a peer reviewer for Blue Cross Blue Shield and for the Minnesota Department of Human Services, serving on numerous panels dedicated to improving access to services and quality of care.

Alicia Davis, LMT has a passion for helping people live more balanced and healthy lives. As a certified health and wellness coach, licensed massage therapist and Quantum Touch™ practitioner she has taught thousands of entrepreneurs and health care providers how to release the harmful effects of stress from their bodies and minds while creating more ease, flow and energy in their everyday lives. As the founder and 'voice' of Sound Bytes for Serenity™ she brings audio messages of relaxation and rejuvenation to listeners around the globe. Davis is also a published author in the anthology "Strategies for Success."

Lauren Doninger, Ed.D, LADC, LPC has been in the field of mental health and addiction services since 1983. She has worked in a range of treatment settings, primarily treating those with severe and persistent mental illness and co-occurring substance use disorders. She is on the faculty at Gateway Community College in New Haven with primary teaching responsibility in the Drug and Alcohol Recovery Counselor Program, and is completing her doctorate at the School of Education at Johnson & Wales University in Providence.

Regina S. Dyton, MSW is Chairperson of the City of Hartford Commission on LFGT Issues. She is employed full time as the Program Manager of the Aetna Foundation Children's Center, a clinic at St. Francis Hospital & Medical Center that provides diagnostic and therapeutic services to children who allege sexual abuse. Ms. Dyton is also an adjunct faculty member at the University of CT School of Social Work. Ms. Dyton brings over 25 years of community activism and anti-oppression work to her endeavors, which currently include membership in Queers Without Borders and CT Trans Advocacy Coalition.

Regina has worked with diverse communities including Latino, African American, Native American, GLBTQ, Asian American, low-income women and youth.

Roger D. Fallot, Ph.D. is a clinical psychologist and Director of Research and Evaluation at Community Connections, a private, not-for-profit agency, comprehensive human services provider in metropolitan Washington, D.C. A graduate of Yale University (B.A., M.S., and Ph.D.), he specializes in areas including the development and evaluation of services for trauma survivors and the role of spirituality in recovery. The author of numerous articles, he is a contributing author and co-editor (with Maxine Harris) of *Using Trauma Theory to Design Service Systems*. A founding board member of the National Trauma Consortium, Fallot was principal investigator on the District of Columbia Trauma Collaboration Study, a federally funded research project examining the effectiveness of integrated services for women trauma survivors with mental health and substance abuse problems (1998-2004). He and clinicians at Community Connections have developed a men's version of the Trauma Recovery and Empowerment Model (TREM), a manualized group intervention for working with survivors of physical and sexual abuse. The effectiveness of TREM is currently being examined in an NIMH-funded randomized controlled trial for which Fallot is co-principal investigator. Also interested in the relationships between spirituality and well-being, Fallot edited and contributed chapters to *Spirituality and Religion in Recovery from Mental Illness*.

Donald Giannini, MS Ed. coordinator of patient and family education, for Connecticut Valley Hospital and chair of the Healing Racism Coalition (HRC), is an active trainer/presenter for dialogue sessions, specializing in "retelling our nation's history." He has been involved the field of education and mental health, and is also certified in dialectic behavioral therapy (DBT). He brings a wealth of knowledge and experience to planning, developing and implement training sessions for HRC, and has conducted workshops to eliminate racism with Middletown High, Middlesex Hospital, and various DMHAS and DPH facilities.

Dan Griffin, MA, has worked in and written for the mental health and addictions field for over sixteen years. In 2010, he started a consulting, training, and speaking business, Griffin Recovery Enterprises. He served as the state drug court coordinator for the Minnesota Drug Court Initiative, and was also the judicial branch's expert on addiction and recovery. He is a faculty member for the National Drug Court Institute; National Center for DWI Courts; and Children and Family Futures.

Dietra D. Hawkins, Psy. D, assistant clinical professor in the Yale Program for Recovery and Community Health, assists state, county and community based organizations in their recovery, resiliency and cultural competence initiatives. She works collaboratively with system leaders, consumers and transformation allies to develop programs and policies that reduce disparities, support cultural competency and promote recovery. She actively works to address racism through her community presentations and facilitation of the Chicago Dinners model.

Sharon Langer, JD has for the past 20 years been an attorney in the New Britain office of Connecticut Legal Services, Inc., (CLS) an independent, non-profit agency providing free civil legal services to low-income individuals and families. She has extensive experience in Medicaid, welfare, unemployment compensation and employment law, as well as in lobbying on matters affecting low-income citizens. She also has extensive experience in developing legal education materials, and conducting outreach and training for legal staff, client groups, and social service providers. From 1999 to 2004 Langer was a member of the Employment Security Advisory Board which advises the Department of Labor on unemployment compensation matters. She is also a member of the board of directors of Foodshare and was a member of the Health Advisory of the Headstart Program of the Human Resource Agency of New Britain.

Stephen McMahon, MS a diversity trainer at Connecticut Valley Hospital, has been a member of the Healing Racism Coalition (HRC) since 2000; he is currently a steering committee member and has served as the HRC chair. He has a background in organizational behavior, and actively works to plan, develop, implement and lead HRC dialogue sessions in the community. He has conducted workshops and trainings for various DMHAS facilities, public and private schools, Middlesex Hospital, and affirmative action professional associations.

Eileen M. Russo, MA, LADC, has worked in the addiction and mental health field for 25 years. She is a licensed addiction counselor, a certified clinical supervisor and a certified co-occurring disorder professional. Her experience includes developing and serving as the clinical director for programs that serve clients with mental health and/or substance use disorders. Russo is employed by Gateway Community College as a faculty member for the Drug and Alcohol Recovery Counselor (DARC) program and a student advisor, and is also an adjunct faculty member at the University of Bridgeport. She is a consultant and trainer for the Connecticut Women's Consortium and has been involved with the Connecticut Trauma Initiative for the past ten years as a clinical consultant and trainer.

Richard Stillson, Ph.D is the Director of Psychology at Cedarcrest Hospital. He is a leader in providing co-occurring treatment, DBT, trauma interventions and specialized services for the Lesbian, Gay, Bisexual and Transgender communities. He also is an adjunct professor of Psychology at Capital Community College and the University of Hartford. He has conducted numerous trainings state-wide on trauma, LGBT issues and a variety of other topics.

Dr. Stillson has received numerous awards including chosen twice as the Man of the Year at the Metro Awards, the David L. Singer Diversity award given by the University of Hartford's Graduate Institute of Professional Psychology. He was recipient of the CT Psychological Association's (CPA) award for Distinguished Psychological Contribution in the Public Interest. This award recognizes a CPA member who has made a distinctive effort, using psychological knowledge and skills to contribute to the public welfare. He also is a member of the State-wide Trauma Guide Team and the *Trauma Matters* Editorial Board.

Directions

The Connecticut Women's Consortium

2321 Whitney Avenue, Suite 401
Hamden, CT 06518
203.909.6888 ext. 30 or 33
877.731.4925

From the shoreline and I-95 south:

Take I-95 to I-91 northbound to Exit 10. Exit 10 puts you on a "connector." Get off Exit 1. At the end of Exit 1 at stop light, turn left onto Devine St. Turn left at the next stoplight to Hartford Turnpike. At the next stoplight take a right to Dixwell Avenue. Go approximately ¾ mile to third stoplight and turn left into KinderCare driveway. Go to stop sign. The parking garage is in front of you. Bear right and go to second stop sign and keep going straight. Bear left into parking garage.

Proceed to Hamden Centre Building II (2321 Whitney Avenue) Connecticut. Women's Consortium is located on the 4th floor, Suite 401.

All visitors must park in garage. Handicap parking is provided in front of the building.

From the north:

Take I-91 southbound to exit 17 SR-15/Wilbur Cross Pkwy South/E. Main St. Take ramp on the right for SR-15/Wilbur Cross Pkwy South toward E. Main St. Stay left on ramp and continue on to SR-15/Wilbur Cross Pkwy South. Take Exit 62 (Whitney Ave., Hamden.) At end of the ramp, turn right on to Whitney Avenue. About half way up the block on your right is a sign for Hamden Centre. Just before the sign, turn right. Keep straight and take a right, parking garage will be in front of you.

Proceed to Hamden Centre Building II (2321 Whitney Avenue) Connecticut. Women's Consortium is located on the 4th floor, Suite 401.

All visitors must park in garage. Handicap parking is provided in front of the building.



NEW!! You can now pay online. See page 3 for more information.

Training Registration Form

FOR OFFICE USE ONLY

Cash _____ Check # _____
 PayPal _____ Invoice # _____
 Date Paid ____/____/____
 Refund Date ____/____/____
 Refund Amount \$ _____

Please print clearly or type: Applications must be legible and complete to be processed.

Participant information

- DMHAS DOC CSSD DSS Judicial DOL
 DDS DPH Non-profit Hospital Other _____

| | | | |
|-----------|-------|----------------|--|
| | | | |
| Last Name | First | Middle Initial | |

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|---|---|---|---|---|---|---|---|---|---|--|--|--|--|
| X | X | X | X | - | X | X | X | X | - | | | | |
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Social Security Number (last four digits only)

Functional job title _____ Department _____

Agency name _____

Address _____

Street
City
State
Zip

Work telephone _____ Work fax _____ E-mail address _____

Prefer mail sent to home address _____

Street
City
State
Zip

Circle your certification/licensure

Circle your highest degree

- APRN CADC LMFT LADC LPN LPC
 RN LCSW LPC Other _____

- AA AS BA BS BSN BSW MA MS MSN
 MBA MD MFT MSW PHD PSYD Other _____

Check certificate desired

- ATT - Certificate of Attendance NASW/CT- National Association of Social Workers CCB – CT Certification Board MFT – Marriage and Family Therapist

Session information

| Code No. | Session Title | Dates | Course Fee | CECs |
|------------|---------------|-------|------------|------|
| | | | | |
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| | | | | |
| | | | | |
| Total Fees | | | | |

Payment of course fees is required with submission of registration form or at least seven (7) days prior to training.

Do you need specialized services? YES NO Please list services needed _____

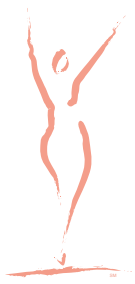
Signature _____ Date _____

Please return this registration form to:

Training Department
 The Connecticut Women's Consortium
 2321 Whitney Ave., Suite 401
 Hamden, CT 06518

Phone 203.909.6888
 Toll Free 877.731.4925
 Fax 203.909.6894

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