

Training

CALENDAR

JULY

AUGUST

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

Summer Fall 10



Presented by:



The Connecticut
Women's Consortium

Improving Behavioral Health Services for Women

The Connecticut Women's Consortium is a statewide policy, training and advocacy organization specializing in women's behavioral health.

July 2010

DEAR COLLEAGUES:



After this tumultuous legislative session that dealt with both the current and upcoming budget years, CWC is pleased to be scheduling our summer/fall training catalogue. These training opportunities reflect a strong partnership with the Department of Mental Health and Addiction Service's (DMHAS) Recovery Initiative that includes the Women's Services Practice Improvement Collaborative (WSPIC), the Trauma Initiative and the new, innovative Trauma Informed and Gender Blend Initiative (TiGr).

CWC and DMHAS know that the women you serve come in contact with a variety of other state systems, such as Department of Corrections (DOC), Department of Children and Families (DCF), Court Support Services Division (CSSD), Department of Social Services (DSS) and Department of Developmental Services (DDS). We are pleased that staff from these agencies, as well as non-profit agency staff from across the state, attend our trainings, since gender-responsive and trauma-informed services across state systems ultimately enhance women's recovery. We assess the impact of our trainings and we are finding that training participants indicate beneficial long term impact on their work with clients.

We continue to believe that women and women with children increase their chances of recovery if the treatment settings: understand that trauma, addiction and mental illness often go hand in hand; provide an environment where women feel safe, secure and comfortable; and hire staff who are well-trained in gender-responsive and trauma programming. With imminent changes in the health care system, we know that our mission — and yours — remain positive, consistent and strong. Our job is to provide training opportunities that will enhance your skills and enlarge your perspectives, translating into better outcomes for those you serve. We, along with each of you, know that people do recover from addictions and mental illnesses every day of the year, and all of us do work that plays an integral part in helping people to become whole again.

We wish you a sun-filled, relaxing, enjoyable summer.

Sincerely,

Cinda Cash, MHSA
Executive Director

Summer/Fall 10



Registration Information

New: Online Payments

You can now pay for all Connecticut Women's Consortium trainings online using a credit card, debit card, e-check or PayPal account. To do so, place a check in the pay online column to the left of each registration and then click the "Pay Now" button to the right of the Balance.

Previous registrants

(must have a valid e-mail address)

- Log into online registration at <http://training.womensconsortium.org/Login.aspx> select desired trainings(s) and type of certificate desired and print out your invoice. If you have trouble logging in please DO NOT register again. Contact the CWC training department at 203.909.6888 ext. 30 or 33 for assistance.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted at which time you can choose to register and mail in our payment.
- If training is available, you can pay online or mail your invoice with a check/money order or agency approved purchase order to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

New registrants

(must have a valid e-mail address)

- Go to website <http://training.womensconsortium.org> and follow instructions in first paragraph. Complete entire form and follow instructions for login.
- Log into online registration at <http://training.womensconsortium.org/Login.aspx> select desired trainings(s) and type of certificate desired and print out your invoice. If you have trouble logging in please DO NOT register again. Contact the CWC training department at 203.909.6888 ext. 30 or 33 for assistance.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted at which time you can choose to register and mail in our payment.
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**The Connecticut
Women's Consortium
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2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

Paper registration process

(if you do not have a valid e-mail address)

- Complete registration form and mail with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via phone.**
- If training is full, you will be put on a waiting list.

Registration Information *(continued)*

Training fees

Training fees are \$25 or more; some workshops are available at no charge. All Department of Mental Health and Addiction Services (DMHAS) employees receive a 50 percent discount on trainings. Fees are required with the submission of your registration or prior to the day of the training if your registration is faxed. Make checks payable to The Connecticut Women's Consortium. We are also requesting that you bring one non-perishable food item to each training session you attend.

There is a \$15.00 handling fee for all returned checks. Failure to reimburse the Women's Consortium for a returned check will prevent registration for future trainings.

Waiting list policy

If you are put on a waiting list for a training and there are no available slots or future dates for the same training, your money will be refunded or, at your request, will be applied to another training.

Continuing Education Credits/Certificate of Attendance policy

Sign-in begins one half hour before the start of the training session. It is each participant's responsibility to sign in at the beginning of the session and to sign out at the end of the day. The CT Women's Consortium has applied for Continuing Education Credits (CECs) from National Association of Social Workers, CT Certification Board, and the CT Association of Marriage & Family Therapists. **According to the rules of the agencies granting CECs, participants must sign in and out in order to be eligible for Continuing Education Credits or Certification of Attendance.**

In order to receive continuing education units/credits, participants are expected to attend the entire training session. Because certificates are given only for actual time of workshop participation, a participant who misses a portion of training must attend at least 90 percent of it in order to receive credit.

If you have to cancel

If you are not able to attend a session for which you registered, please call us at 203.909.6888 at least seven (7) days prior to the training to either (1) transfer your registration to someone else in your agency OR (2) request a partial refund (75% of cost) — participants paying a reduced fee will not receive a refund. Cancellations less than seven (7) days prior to the training or no-shows will not receive refunds. Please keep in mind that registrants who make last minute, non-emergency cancellations prevent others from attending.

If we have to cancel

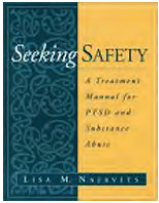
In the event of a change or cancellation, you will be notified by mail, e-mail or telephone as soon as possible. If severe weather is occurring or predicted, please watch ABC Channel 8, NBC Channel 30 and CBS Channel 3 for information on the training/event scheduled for that day. Remember that severe weather in any part of the state may be a cause for cancellation.

The Connecticut Women's Consortium's trainings are supported with funds from the Department of Mental Health and Addiction Services.

TWO-DAY SESSION

The Seeking Safety workshop will be offered on August 5 and 6. See page 7 for details.

Seeking Safety



Seeking Safety is a present-focused therapy to help people attain safety from trauma/PTSD and substance abuse. The treatment is available as a book, providing both client handouts and guidance for clinicians. The treatment was designed for flexible use. It has been conducted in group and individual formats; for women, men, and mixed-gender groups; using all topics or only some topics; in a variety of settings (outpatient, inpatient, residential); and for both substance abuse and dependence. It has also been used with people who have a trauma history but who do not meet criteria for PTSD.

Seeking Safety was developed by Lisa M. Najavits, PhD at Harvard Medical School/McLean Hospital and began in 1992 with funding from the National Institute on Drug Abuse. The program consists of 25 topics that can be conducted in any order:

- Introduction/Case Management
- Safety
- PTSD: Taking Back Your Power
- When Substances Control You
- Honesty
- Asking for Help
- Setting Boundaries in Relationships
- Getting Others to Support Your Recovery
- Healthy Relationships
- Community Resources
- Compassion
- Creating Meaning
- Discovery
- Integrating the Split Self
- Recovery Thinking
- Taking Good Care of Yourself
- Commitment
- Respecting Your Time
- Coping with Triggers
- Self-Nurturing
- Red and Green Flags
- Detaching from Emotional Pain (Grounding)
- Life Choices
- Termination
- Healing from Anger

The key principles of *Seeking Safety* are:

- **Safety** as the overarching goal (helping clients attain safety in relationships, thinking, behavior, and emotions).
- **Integrated treatment** (working on both PTSD and substance abuse at the same time).
- **A focus on ideals** to counteract the loss of ideals in both PTSD and substance abuse.
- **Four content areas:** cognitive, behavioral, interpersonal, case management.
- **Attention to clinician processes** (helping clinicians work on countertransference, self-care and other issues).

For more information on the *Seeking Safety* training, including the Spanish version of *Seeking Safety*, descriptions of topics, and training videos and posters, please go to www.seekingsafety.org

Training Sessions

July 2010

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
SA209	<p>Beyond Safer Sex: Sex-Positive Client Education in a Polarized World</p> <p>Sexual attitudes in our culture are confusing and polarized. Blatant, commercialized sexual images mix with misinformation and puritanical attitudes to create sexual anxiety, relationship difficulties, misdiagnoses, and health problems. Are we a sex-saturated culture, or are we starving for good information and deep dialogue?</p> <p>This program will help clinicians, educators and those in other helping professions to identify our own “hot buttons” with regard to sex. The instructor will educate about behaviors of sexual concern as well as what is “normal” or healthy sexual behavior. She will also offer a beginning foundation and resources for taking a balanced, sex-positive approach with those we serve.</p>	<p>Monday July 19</p> <p>9:00 - 4:00</p>	<p>The CT Women’s Consortium, Hamden, CT</p>	<p><i>Rosalyn J. Dischiavo, Ed.D., M.A., L.A.D.C.</i></p>	\$25	6
SA207	<p>Biology of Addiction</p> <p>Designed for non-medical personnel who have not had extensive training in biology, this training will introduce basic elements of brain structure, homeostatic systems, central nervous system (CNS), and brain chemistry that are fundamental to understanding the disease process of addiction. Participants will be introduced to the direct connection between changes in brain chemistry and structure and continued use of substances despite negative consequences. We will examine the impact of alcohol, opiates, and stimulants on multiple body systems and on the fetus. Clinical evidence of acute intoxication and the classic withdrawal symptoms of each substance will be described.</p>	<p>Thursday July 29</p> <p>9:00 - 4:00</p>	<p>The CT Women’s Consortium, Hamden, CT</p>	<p><i>Lauren Doninger, Ed.D, LADC, LPC</i></p>	\$25	6

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

August 2010

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR812	<p>Seeking Safety</p> <p>This two-day training will demonstrate how Seeking Safety is applied in clinical settings and how the 25-session cognitive-behavioral psychotherapy for post traumatic stress disorder and substance abuse is used in treatment. Sample sessions: Honesty, Creating Meaning, Setting Boundaries in Relationships, Getting Others to Support Your Recovery, Asking for Help. Training will examine PTSD and substance abuse (including rates, the “typical case,” models and stages of treatment, clinical dilemmas and gender issues). Specific clinical interventions will be demonstrated and treatment challenges will be discussed.</p>	<p>Thursday August 5 9:00 - 4:00</p> <p>and</p> <p>Friday August 6 9:00 - 4:00</p>	The CT Women’s Consortium, Hamden, CT	Martha Schmitz, PhD	\$150 \$125*	12
BH014	<p>Grief and Loss Issues for Women</p> <p>It is said that “life is a series of attachments and separations.” This workshop will discuss the numerous loss issues faced by women, with a focus on substance abusing-women. Understanding the different loss processes and their applications is essential to successful therapy. Participants will understand and apply the loss and grief processes as part of their treatment plan when working with women in addiction, recovery, and life.</p>	<p>Monday August 16 9:00 - 4:00</p>	The CT Women’s Consortium, Hamden, CT	Wendy Davenson, LMFT, LADC	\$25	6
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	<p>Tuesday August 31 9:00 - 12:30</p>	The CT Women’s Consortium, Hamden, CT	Carol Huckaby, MACP Maria Ramos, M.Ed	\$15	0

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

September 2010

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
MC316	<p>Applied Diversity: Beyond the Basics</p> <p>Developing diversity or cultural competence requires us to be aware of, and sensitive to, group-based differences in beliefs, values, history, and customs. At the same time, we are cautioned not to make assumptions about individuals and to avoid stereotyping. How can we walk this fine line in our own thinking as well as in our interactions with colleagues and clients? How can we respond effectively when someone makes an offensive, erroneous, or harmful statement about a societal group?</p> <p>This session is for people who already have a firm grounding in the basics of diversity and cultural competence, who want to go deeper and wrestle with some of the more challenging aspects of how we think, feel, and communicate about these issues in our work. The program will require active participation and engagement.</p>	Monday September 13 9:00 - 4:00	The CT Women's Consortium, Hamden, CT	<i>Judith Kaye, JD</i>	\$25	6
BH012	<p>Introduction to Co-Occurring Disorders</p> <p>Data suggest that co-occurring disorders are now the rule among those entering treatment for addictive disorders. This program will illustrate how emerging models of integrated care are essential when working with people in recovery from co-occurring disorders. The workshop will emphasize the importance of recovery-oriented and strengths-based interventions. Participants will be introduced to integrated treatment models intended for people in recovery from co-occurring disorders, and to the importance of credentialing and specialty training for those interested in working with this population.</p>	Monday September 20 9:00 - 4:00	The CT Women's Consortium, Hamden, CT	<i>Marshall Rosier, MS</i>	\$25	6



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September 2010 (continued)

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR804	<p>Understanding Psychological Trauma and Trauma Informed Care (Part I)</p> <p>The prevalence of traumatic experience in the history of addiction/mental health clients is extremely common, however the impact of trauma can be difficult to recognize by service providers. This introductory workshop will provide an understanding of psychological trauma and will help workshop participants to identify simple and practical ways to provide trauma informed care to clients.</p>	<p>Friday September 24</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>Eileen Russo, MA, LADC</i></p>	\$25	6
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	<p>Wednesday September 29</p> <p>9:00 - 12:30</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>Carol Huckaby, MACP</i></p> <p><i>Maria Ramos, M.Ed</i></p>	\$15	0



Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

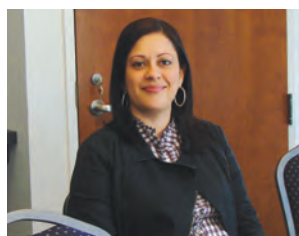
October 2010

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR820	<p>Understanding Psychological Trauma and Trauma Informed Care (Part II)</p> <p>This experiential training is a supplement to Understanding Trauma and Trauma Informed Care, Part I and will provide clinicians and case managers with an overview of the importance of educating clients on the possible impact of traumatic experience, coaching on grounding and emotional/physical safety planning. There will be a closer look at diagnostic criteria, screening, assessment, treatment models and a review of psychological first aid. This training is most appropriate for those who have a basic understanding of psychological trauma and would like to learn effective skills when working with those whose lived experience includes trauma.</p> <p><i>Prerequisite: Understanding Trauma and Trauma Informed Care or equivalent knowledge base.</i></p>	<p>Friday October 1</p> <p>9:00 – 4:00</p>	<p>The CT Women’s Consortium, Hamden, CT</p>	<p><i>Eileen Russo, MA, LADC</i></p>	\$25	6
SA212	<p>Prenatal Alcohol Exposure and Fetal Alcohol Spectrum Disorder</p> <p>An overview of topics related to prenatal alcohol exposure, and alcohol use by women who are pregnant, including basic information about how to screen for alcohol use, and gender-specific information needed when working with women who drink during pregnancy. We will also discuss brain damage, trimester damage to the fetus with alcohol use, techniques for diagnosing FAS, and the lifespan management needed when working with individuals who may have been exposed to alcohol prenatally. Cases will be interwoven throughout.</p>	<p>Wednesday October 6</p> <p>9:00 – 4:00</p>	<p>The CT Women’s Consortium, Hamden, CT</p>	<p><i>Susan Aduvato, PhD</i></p>	\$25	6
DV604	<p>Safe and Together: Concrete Strategies for Addressing Domestic Violence When Children are the Focus</p> <p>This training focuses on building a response to domestic violence based on five critical elements:</p> <ol style="list-style-type: none"> 1) the batterer’s pattern of coercive control; 2) the actions he has taken to harm the children; 3) the full spectrum of the survivor’s efforts to support the safety and well-being of the children; 4) the adverse impact of the batterer’s behavior on the children; and 5) the role of substance abuse, mental health and other factors. 	<p>Tuesday October 12</p> <p>9:00 – 4:00</p>	<p>The CT Women’s Consortium, Hamden, CT</p>	<p><i>David Mandel, MA</i></p>	\$25	6

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October 2010 (continued)

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
LE515	<p>Healing Racism: An Open Conversation</p> <p>The Healing Racism Dialogue Sessions are designed to help individuals understand racism and its impact at multiple levels in our society; discover ways in which they can be part of the healing process; and understand how they as members of the community can foster unity and network with allies. Through the use of facilitated dialogues, the presentation of information in a variety of media formats and in large and small group discussions, participants are invited to engage these issues in a safe environment. They will explore the role of racism in clinical encounters, between colleges and at the institutional level and have practiced at least one skill for interrupting the cycle.</p>	<p>Monday October 18</p> <p>9:00 - 4:00</p> <p>and</p> <p>Tuesday October 19</p> <p>9:00 - 4:00</p>	The CT Women's Consortium, Hamden, CT	<p><i>Donald Giannini, MS Ed.</i></p> <p><i>Dietra D. Hawkins, Psy.D</i></p> <p><i>Stephen McMahon, MS</i></p>	\$100 \$75*	12
GA702	<p>Mind, Body and Spirit: A Multidimensional Risk Factors Model of Addiction Applied to Problem Gambling</p> <p>Those seeking help for problem gambling, as well as other addictive behaviors, often want to understand why they have developed an addiction. While clients don't always need to understand "why" before they can begin the recovery process, clinicians can use this interest to enhance clients' motivation. This presentation will focus on a comprehensive multi-dimensional risk factors model that can help structure treatment planning as well as facilitate clients' engagement in the treatment process. Current research in the biology of addiction and problem gambling will be presented, and we will discuss ways that biological risk interacts with dimensions of learning, spirituality and social/environmental risk.</p>	<p>Thursday October 28</p> <p>9:00 - 4:00</p>	The CT Women's Consortium, Hamden, CT	<i>Lori Rugle, PhD</i>	\$25	6



*The cost for this two-day workshop is \$100 per person per agency and \$75 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

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November 2010

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
SA208	<p>Addiction Counseling: What to do while waiting for the miracle to happen.</p> <p>This workshop will explore substance abuse counseling theory, method, and practice. Participants will identify the client's "stage of readiness for change" and determine the most effective tools and strategies. As recovery moves forward, counseling strategies will be adapted to provide the client with required supports. Participants will also be introduced to the skills of mindfulness practice. These skills are intrinsic to the development of relapse prevention, and have emerged as an important focus for several empirically-supported treatments including: cognitive behavioral therapy; dialectic behavioral therapy; and mindfulness-based cognitive therapy. Participants will perform mindfulness exercises which address stress, cravings, and addiction, and will develop a mindfulness exercise specific to their clients.</p>	<p>Thursday November 4</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>Cheryl Shannon,</i> <i>MHSA,</i> <i>LADC, SAP</i></p>	\$25	6
GA701	<p>Trauma, Gender and Problem Gambling</p> <p>This training will focus on how prior trauma experiences affect women dealing with problem gambling. It will also examine how the trauma experienced because of the problem gambling (anxiety, depression, and other symptoms focused on money losses and the resulting stressors) may re-ignite other trauma symptoms. We will address both problem gamblers' symptoms and symptoms of affected loved ones. The training will offer an understanding of the co-occurring diagnoses of post-traumatic disorders and problem gambling, as well as treatment methods for these co-occurring disorders.</p>	<p>Wednesday November 10</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>MaryLou Costanzo,</i> <i>LCSW, NGCG</i></p>	\$25	6



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November (continued)

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
MC310	<p>Reducing Stigma in Mental Health & Addiction Treatment</p> <p>We will focus on the impact of stigma on consumers of mental health and addiction treatment, with particular attention to the unique and often complex stigmatizing impact of these processes upon women and minority group members. The workshop includes stigma reduction strategies participants can use to explore these issues in their agencies and communities.</p>	<p>Wednesday November 17</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>Marshall Rosier, MS</i></p>	\$25	6
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	<p>Monday November 22</p> <p>9:00 - 12:30</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>Carol Huckaby, MACP</i></p> <p><i>Maria Ramos, M.Ed</i></p>	\$15	0



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December

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR817	<p>Men and Trauma: Paths to Recovery</p> <p>This workshop focuses on the relationship between male gender role expectations and men's experiences of trauma and recovery. The presenter will offer a stages-of-change approach to engaging men in services and will describe a gender-specific intervention that facilitates trauma recovery. A video and exercise will help to illustrate these dynamics.</p>	<p>Wednesday December 8</p> <p>9:00 - 12:45</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>Roger Fallot, PhD</i></p>	\$15	3.5
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	<p>Monday December 13</p> <p>9:00 - 12:30</p>	<p>The CT Women's Consortium, Hamden, CT</p>	<p><i>Carol Huckaby, MACP</i></p> <p><i>Maria Ramos, M.Ed</i></p>	\$15	0



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Trainer Biographies

Susan Adubato, Ph.D. is a New Jersey licensed psychologist. She is on faculty in both the departments of Pediatrics and Psychiatry at the University of Medicine and Dentistry of New Jersey. Presently, she serves as coordinator for the Northern NJ FAS Diagnostic Center, located at the medical school. In addition, she is co-director for the Northeast FAS Regional Training Center, which provides workshops on prenatal alcohol exposure and FAS. She is also involved with the Autism Center, and clinics for HIV/AIDS and child abuse and neglect, while also maintaining a private practice in Nutley, NJ.

Mary Lou Costanzo, LCSW, NGCG, clinical social worker for Department of Mental Health and Addiction Services' Problem Gambling Services has been working with gamblers and their family members for the past twelve years. Prior to this work, Costanzo worked in private practice, an HMO in New Haven, CT, and a long-term psychiatric hospital. Working with gamblers and their families has been a specialty of hers and one that offers great satisfaction. Family members learn to become strong and resourceful and to help themselves recover from this addiction. Costanzo is a licensed clinical social worker in CT, and a national certified gambling counselor.

Wendy H. Davenson, LMFT, LADC is a licensed marital and family therapist, a licensed alcohol and drug counselor, a certified family life educator, and a consultant and trainer who has extensive experience lecturing and working with school systems. She holds certifications in death education, grief therapy, divorce mediation, and addiction relapse prevention; she has extensive experience in individual and family counseling, as well as in the development and implementation of prevention and intervention programs for schools and agencies. Davenson also lectures widely and teaches. She has published a book entitled *Grief and Growth, A Manual For Counselors and Educators*.

Rosalyn Dischiavo, PhD, sexologist, professor, clinician and radio personality, holds a Doctor of Education in human sexuality, a Master's degree in marriage and family therapy and is a licensed drug and alcohol counselor. She teaches courses in sexuality, gender studies, health psychology and adult development at the University of Hartford. She co-hosted a nightly sex and relationships talk show on WTIC-FM, and likes to bring humor to her presentations. An experienced workshop leader, she creates a dynamic learning environment with state-of-the-art information, discussions, group activities, exercises, images and videos. Her in-depth inquiry into human sexuality and women's concerns will make the material new to most participants.

Lauren Doninger, Ed.D, LADC, LPC has been in the field of mental health and addiction services since 1983. She has worked in a range of treatment settings, primarily treating those with severe and persistent mental illness and co-occurring substance use disorders. She is on the faculty at Gateway Community College in New Haven with primary teaching responsibility in the Drug and Alcohol Recovery Counselor Program.

Roger D. Fallot, Ph.D. is a clinical psychologist and director of research and evaluation at Community Connections, a private, not-for-profit agency, comprehensive human services provider in metropolitan Washington, D.C. A graduate of Yale University (B.A., M.S., and Ph.D.), he specializes in areas including the development and evaluation of services for trauma survivors and the role of spirituality in recovery. The author of numerous articles, he is a contributing author and co-editor (with Maxine Harris) of *Using Trauma Theory to Design Service Systems*. A founding board member of the National Trauma Consortium, Fallot was principal investigator on the District of Columbia Trauma Collaboration Study, a federally funded research project examining the effectiveness of integrated services for women trauma survivors with mental health and substance abuse problems (1998-2004). He and clinicians at Community Connections have developed a men's version of the Trauma Recovery and Empowerment Model (TREM), a manualized group intervention for working with survivors of physical and sexual abuse. The effectiveness of TREM is currently being examined in an NIMH-funded randomized controlled trial for which Fallot is co-principal investigator. Also interested in the relationships between spirituality and well-being, Fallot edited and contributed chapters to *Spirituality and Religion in Recovery from Mental Illness*.

Donald Giannini, MS Ed. coordinator of patient and family education, for Connecticut Valley Hospital and chair of the Healing Racism Coalition (HRC), is an active trainer/presenter for dialogue sessions, specializing in "retelling our nation's history." He has been involved the field of education and mental health, and is also certified in dialectic behavioral therapy (DBT). He brings a wealth of knowledge and experience to planning, developing and implement training sessions for HRC, and has conducted workshops to eliminate racism with Middletown High, Middlesex Hospital, and various DMHAS and DPH facilities.

Trainer Biographies *(continued)*

Dietra D. Hawkins, Psy. D., assistant clinical professor in the Yale Program for Recovery and Community Health, assists state, county and community based organizations in their recovery, resiliency and cultural competence initiatives. She works collaboratively with system leaders, consumers and transformation allies to develop programs and policies that reduce disparities, support cultural competency and promote recovery. She actively works to address racism through her community presentations and facilitation of the Chicago Dinners model.

Carol Huckaby, MACP has been director of education and training at The CT Women's Consortium in Hamden since 2002. Previously, she was the director of program operations for the Welfare to Work program at the Connecticut Council of Family Service Agencies. Huckaby has over 30 years of experience training adults in areas including: consumer relations; cultural diversity; employment readiness and job skills; assessing mental health and substance abuse barriers among low-income women; and strength-based assessment and treatment. She is an adjunct professor at Albertus Magnus College in New Haven, CT, where she teaches Community Psychology and Ethnic and Gender Issues in Mental Health.

Judith Kaye, JD is a diversity consultant and trainer with over 16 years of experience. Her clients include health care and human services organizations, government agencies, universities and private business. She provides professional development seminars for social workers through NASW-RI, NASW-CT and the RI College of Social Work, as well as for judges and human resource directors. Ms. Kaye previously practiced law for 10 years on behalf of low income people in MA and RI. She is a graduate of Brown University and Harvard Law School.

David Mandel, MA is a co-founding partner in the Non-Violence Alliance, an organization specializing in batterer intervention. In addition to 16 years of direct service with perpetrators of domestic violence, Mandel writes, trains and consults nationally on batterer accountability and change. His current projects include developing batterer intervention strategies for child protection agencies, completing the analysis of a national study of batterers' perceptions of their children's exposure to their violence, consulting to Connecticut's Department of Corrections and developing a protocol for screening for batterers in medical settings. He recently completed a 40 hour curriculum, entitled *Dedication*, used to train all new batterer intervention providers in Texas. He has also written a curriculum for working fathers entitled *Being Connected* and coauthored a batterer intervention program manual. He co-authors and co-publishes a national newsletter, *Issues in Family Violence*.

Stephen McMahon, MS a diversity trainer at Connecticut Valley Hospital, has been a member of the Healing Racism Coalition (HRC) since 2000; he is currently a steering committee member and has served as the HRC chair. He has a background in organizational behavior, and actively works to plan, develop, implement and lead HRC dialogue sessions in the community. He has conducted workshops and trainings for various DMHAS facilities, public and private schools, Middlesex Hospital, and affirmative action professional associations.

Maria F. Ramos, M.Ed. (Counseling Psychology), the director of community projects for The CT Women's Consortium, has over 20 years of experience in mental health, adolescent health and case management. She conducts credentialing trainings in family development. Her experience includes program planning and management, case management training, issues of child abuse and neglect, public health policy and the development of curricula for educating African- American and Latino youth on HIV prevention.



Lori Rugle, Ph.D. has worked in problem gambling treatment and research since 1984. Her career has included the treatment of problem gamblers and their families in clinical settings, including public and private inpatient, residential and outpatient programs. Her public sector work included many years as director of the Gambling Treatment Program at the Cleveland Department of Veterans' Affairs Medical Center and deputy director of their Veterans' Addiction Recovery Center. She has also worked in the private sector as clinical and research director for Trimeridian, Inc., a company dedicated to research on and treatment of problem gambling. She has provided consultation for numerous state-funded programs around the U.S., for the military in Germany and for the Government of Singapore. Rugle's research has included studies of treatment outcome, attention deficits among pathological gamblers, neuroimaging and pharmacotherapy with problem gamblers, coping skills among homeless problem gamblers, and PTSD among pathological gamblers. Currently, she is director of Problem Gambling Services with the Department of Mental Health and Addiction Services for the state of Connecticut.

Eileen M. Russo, MA, LADC, the director of trauma services for the Connecticut Women's Consortium, is a licensed addiction counselor, a certified clinical supervisor, and a certified co-occurring disorders professional, who has worked in the addiction and mental health field for 24 years. She has specialized in treating co-occurring PTSD in mental health and substance abuse populations and has assisted agencies with developing trauma-informed mental health/substance abuse treatment programs for women, men, and children. Since 2003 she has served as a trainer/consultant to the Connecticut Department of Mental Health and Addiction Services' Trauma Initiative. She is also an adjunct faculty member at the University of Bridgeport and at Gateway Community College.

Marshall Rosier, MS holds an MS in psychology from Yale University, is the executive director of the Connecticut Certification Board, Inc. where he is actively involved in workforce development, credentialing and developing recovery-oriented and competency-based standards for behavioral health professionals. Rosier received his early training at the Haight Ashbury Free Clinic in San Francisco, California; he is a certified addiction counselor, a certified co-occurring disorders professional and a licensed alcohol and drug counselor. Previously, Rosier coordinated the co-occurring disorders programming for a large outpatient methadone maintenance program. He is currently the co-chair of the co-occurring disorders committee of the International Certification and

Reciprocity Consortium, where he is actively involved in the development of international credentialing standards for co-occurring disorders. He is also a consultant and trainer and published author in the field of co-occurring disorders.

Martha Schmitz, Ph.D. offers continuing education workshops and supervision in the treatment of PTSD and substance abuse to clinicians throughout the United States. She has worked with Lisa M. Najavits, Ph.D., author of *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*, since 2000. Dr. Schmitz has held a staff psychologist position at the V.A. Pittsburgh Healthcare System and a joint appointment as assistant psychologist at McLean Hospital and instructor in psychology at Harvard Medical School. She received her doctorate in counseling psychology from the University of Missouri at Columbia after earning her master's and bachelor's degrees from the University of California at Davis. She has collaborated on several research projects in both the United States and France. Her clinical and research interest include posttraumatic stress disorder, substance abuse, and resiliency in survivors of trauma.

Cheryl A. Shannon, MHSA, LADC, SAP has been in the substance abuse field for over 20 years, with extensive experience as a teacher, trainer, clinician, supervisor, and administrator. Currently associate professor and program coordinator for the Drug and Alcohol Rehabilitation Program at Gateway Community College, Shannon is a former faculty member of Westchester Institute for Training in Psychoanalysis & Psychotherapy and a part-time faculty member the University of Bridgeport. She has been on the faculty of the New England School of Addiction Studies for ten years and provides training in the areas of ethics; cultural competence; family intervention; evidence based counseling theories; counseling people with HIV/AIDS; counselor wellness; and management and administration of human services agencies. She is a former education chairperson and current vice president of the Connecticut Association for Addiction Professionals and served for many years as an examiner for the Connecticut Certification Board. She initiated a substance abuse treatment center at Family Counseling Center in Newtown as well as coordinating a multi-family prevention program.

Directions

The Connecticut Women's Consortium

2321 Whitney Avenue, Suite 401
Hamden, CT 06518
203.909.6888 ext. 30 or 33
877.731.4925

From the shoreline and I-95 south:

Take I-95 to I-91 northbound to Exit 10. Exit 10 puts you on a "connector." Get off Exit 1. At the end of Exit 1 at stop light, turn left onto Devine St. Turn left at the next stoplight to Hartford Turnpike. At the next stoplight take a right to Dixwell Avenue. Go approximately $\frac{3}{4}$ mile to third stoplight and turn left into KinderCare driveway. Go to stop sign. The parking garage is in front of you. Bear right and go to second stop sign and keep going straight. Bear left into parking garage.

Proceed to Hamden Centre Building II (2321 Whitney Avenue) Connecticut. Women's Consortium is located on the 4th floor, Suite 401.

All visitors must park in garage. Handicap parking is provided in front of the building.

From the north:

Take I-91 southbound to exit 17 SR-15/Wilbur Cross Pkwy South/E. Main St. Take ramp on the right for SR-15/Wilbur Cross Pkwy South toward E. Main St. Stay left on ramp and continue on to SR-15/Wilbur Cross Pkwy South. Take Exit 62 (Whitney Ave., Hamden.) At end of the ramp, turn right on to Whitney Avenue. About half way up the block on your right is a sign for Hamden Centre. Just before the sign, turn right. Keep straight and take a right, parking garage will be in front of you.

Proceed to Hamden Centre Building II (2321 Whitney Avenue) Connecticut. Women's Consortium is located on the 4th floor, Suite 401.

All visitors must park in garage. Handicap parking is provided in front of the building.

NEW!! You can now pay online. See page 3 for more information.

Training Registration Form

FOR OFFICE USE ONLY

Cash _____ Check # _____
 PayPal _____ Invoice # _____
 Date Paid ____/____/____
 Refund Date ____/____/____
 Refund Amount \$ _____

Please print clearly or type: Applications must be legible and complete to be processed.

Participant information

- DMHAS DOC CSSD DSS Judicial DOL
 DDS DPH Non-profit Hospital Other _____

Last Name	First	Middle Initial	

X	X	X	X	-	X	X	X	X	-				
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Social Security Number (last four digits only)

Functional job title _____ Department _____

Agency name _____

Address _____
Street City State Zip

Work telephone _____ Work fax _____ E-mail address _____

Prefer mail sent to home address _____
Street City State Zip

Circle your certification/licensure

Circle your highest degree

- APRN CADC LMFT LADC LPN LPN
 RN LCSW LPC Other _____

- AA AS BA BS BSN BSW MA MS MSN
 MBA MD MFT MSW PHD PSYD Other _____

Check certificate desired

- ATT - Certificate of Attendance NASW/CT- National Association of Social Workers CCB – CT Certification Board MFT – Marriage and Family Therapist

Session information

Code No.	Session Title	Dates	Course Fee	CECs
Total Fees				

Payment of course fees is required with submission of registration form or at least seven (7) days prior to training.

Do you need specialized services? YES NO Please list services needed _____

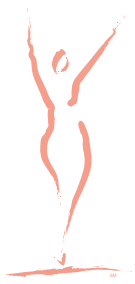
Signature _____ Date _____

Please return this registration form to:

Training Department
 The Connecticut Women's Consortium
 2321 Whitney Ave., Suite 401
 Hamden, CT 06518

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