

Training

CALENDAR

JULY
AUGUST
SEPTEMBER
OCTOBER
NOVEMBER
DECEMBER

Summer Fall 09



Presented by:



The Connecticut
Women's Consortium

Improving Behavioral Health Services for Women

The Connecticut Women's Consortium is a statewide policy, training and advocacy organization specializing in women's behavioral health.

July 2009

DEAR COLLEAGUES:



The Connecticut Women's Consortium is pleased to offer our 2009 summer/fall training catalogue. We continue to believe that all women — those who are parents and those who are not — increase their chances of recovery if the treatment settings understand that trauma, addiction and mental illness often go hand in hand; provide an environment where women feel secure and comfortable; and hire staff who are well trained in gender-responsive and trauma programming. While we know that this economic environment make our jobs harder, we also know that our mission — and yours — remains essential and strong. Our job is to provide training opportunities that will enhance your skills and enlarge your perspectives, translating into better outcomes for those you serve. We know, as you do, that people do recover from addictions and mental illnesses every day, and all of us do work that plays an integral part in helping people to become whole again.

In support of the work being done through the Department of Mental Health and Addiction Service's (DMHAS) Recovery Initiative that includes the Women's Services Practice Improvement Collaborative (WSPIC) and the Trauma Initiative, we continue to provide workshops that offer gender specific, trauma-informed and multi-cultural perspectives to direct service staff. We want to assess the impact of our trainings and hope that you will help by responding to post-training surveys from us. You will be reminded of this request at the training events.

Please continue to use our online registration. If you have trouble registering, see the catalogue for details or call our office at 203.498.4184 ext. 30, which is also the number to call if you have any questions.

We wish you a very relaxing summer and look forward to the fresh autumn air.

Sincerely,

Cinda Cash, MHSA
Executive Director

Summer/Fall 09

Registration Information

New: Register online

You can now register online at <http://training.womensconsortium.org> for all Connecticut Women's Consortium sponsored trainings. Please register and submit payment as soon as possible; with online registration, we expect sessions to fill quickly.

Previous registrants

(must have a valid e-mail address)

- Follow log-in instructions sent via e-mail (CWC Online Training Registration Instructions) on August 4, 2008. If you do not have the instructions please contact trainer@womensconsortium.org via email and they will be sent to you.
- Log into online registration, select desired training(s) and print out your invoice.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted, at which time you can choose to register and mail in your payment.
- If training is available, mail your invoice with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
205 Whitney Avenue
New Haven, CT 06511**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

New registrants

(must have a valid e-mail address)

- Go to website (<http://training.womensconsortium.org>) and follow instructions in first paragraph. If you experience difficulties, please contact trainer@womensconsortium.org via e-mail for assistance.
- Complete entire form and follow directions for log in.
- Log into online registration, select desired training(s) and print out invoice.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted, at which time you can choose to register and mail in your payment.
- If training is available, mail your invoice with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
205 Whitney Avenue
New Haven, CT 06511**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

Paper registration process

(if you do not have a valid e-mail address)

- Complete registration form and mail with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
205 Whitney Avenue
New Haven, CT 06511**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via phone.**
- If training is full, you will be put on a waiting list.

Registration Information *(continued)*

Training fees

Training fees are \$25 or more; some workshops are available at no charge. All Department of Mental Health and Addiction Services (DMHAS) employees receive a 50 percent discount on trainings. Fees are required with the submission of your registration or prior to the day of the training if your registration is faxed. Make checks payable to The Connecticut Women's Consortium. We are also requesting that you bring one non-perishable food item to each training session you attend.

There is a \$15.00 handling fee for all returned checks. Failure to reimburse the Women's Consortium for a returned check will prevent registration for future trainings.

Waiting list policy

If you are put on a waiting list for a training and there are no available slots or future dates for the same training, your money will be refunded or, at your request, will be applied to another training.

Continuing Education Credits/Certificate of Attendance policy

Sign-in begins one half hour before the start of the training session. It is each participant's responsibility to sign in at the beginning of the session and to sign out at the end of the day. The CT Women's Consortium has applied for Continuing Education Credits (CECs) from National Association of Social Workers, CT Certification Board, and the CT Association of Marriage & Family Therapists. **According to the rules of the agencies granting CEUs, participants must sign in and out in order to be eligible for Continuing Education Credits or Certification of Attendance.**

In order to receive continuing education units/credits, participants are expected to attend the entire training session. Because certificates are given only for actual time of workshop participation, a participant who misses a portion of training must attend at least 90 percent of it in order to receive credit.

If you have to cancel

If you are not able to attend a session for which you registered, please call us at 203.498.4184 ext. 30 at least seven (7) days prior to the training to either (1) transfer your registration to someone else in your agency OR (2) request a partial refund (75% of cost) — participants paying a reduced fee will not receive a refund. Cancellations less than seven (7) days prior to the training or no-shows will not receive refunds. Please keep in mind that registrants who make last minute, non-emergency cancellations prevent others from attending.

If we have to cancel

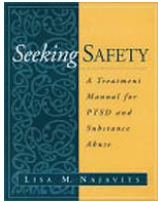
In the event of a change or cancellation, you will be notified by mail, e-mail or telephone as soon as possible. If severe weather is occurring or predicted, please watch ABC Channel 8, NBC Channel 30 and CBS Channel 3 for information on the training/event scheduled for that day. Remember that severe weather in any part of the state may be a cause for cancellation.

The Connecticut Women's Consortium's trainings are supported with funds from the Department of Mental Health and Addiction Services.

TWO-DAY SESSION

The Seeking Safety workshop will be offered on August 3 and 4. See page 9 for details.

Seeking Safety



Seeking Safety is a present-focused therapy to help people attain safety from trauma/PTSD and substance abuse. The treatment is available as a book, providing both client handouts and guidance for clinicians. The treatment was designed for flexible use. It has been conducted in group and individual formats; for women, men, and mixed-gender groups; using all topics or only some topics; in a variety of settings (outpatient, inpatient, residential); and for both substance abuse and dependence. It has also been used with people who have a trauma history but who do not meet criteria for PTSD.

Seeking Safety was developed by Lisa M. Najavits, PhD at Harvard Medical School/McLean Hospital and began in 1992 with funding from the National Institute on Drug Abuse. The program consists of 25 topics that can be conducted in any order:

- Introduction/Case Management
- Safety
- PTSD: Taking Back Your Power
- When Substances Control You
- Honesty
- Asking for Help
- Setting Boundaries in Relationships
- Getting Others to Support Your Recovery
- Healthy Relationships
- Community Resources
- Compassion
- Creating Meaning
- Discovery
- Integrating the Split Self
- Recovery Thinking
- Taking Good Care of Yourself
- Commitment
- Respecting Your Time
- Coping with Triggers
- Self-Nurturing
- Red and Green Flags
- Detaching from Emotional Pain (Grounding)
- Life Choices
- Termination
- Healing from Anger

The key principles of *Seeking Safety* are:

- **Safety** as the overarching goal (helping clients attain safety in relationships, thinking, behavior, and emotions).
- **Integrated treatment** (working on both PTSD and substance abuse at the same time).
- **A focus on ideals** to counteract the loss of ideals in both PTSD and substance abuse.
- **Four content areas:** cognitive, behavioral, interpersonal, case management.
- **Attention to clinician processes** (helping clinicians work on countertransference, self-care and other issues).

For more information on the *Seeking Safety* training, including the Spanish version of *Seeking Safety*, descriptions of topics, and training videos and posters, please go to www.seekingsafety.org

TWO-DAY SESSION

The M-TREM workshop will be offered on December 7 and 8. See page 14 for details.

Men's Trauma Recovery and Empowerment Model (M-TREM)



The Trauma Recovery and Empowerment Model (TREM) is a clinically-tested and manualized group intervention. Designed to help members develop and strengthen the skills necessary to effectively cope with the impact of traumatic experiences, it draws primarily on psychoeducational and cognitive-behavioral techniques in an actively supportive group context. Originally developed at Community Connections by and for women (*Trauma Recovery and Empowerment: A Clinician's Guide for Working with Women in Groups*, The Free Press, 1998), a distinct version tailored to the specific concerns of male trauma survivors has been finalized.

The men's 24-session group (M-TREM) is structured in three sections. Part I addresses key experiences of male trauma survivors and places these experiences in the context of cultural expectations of men. It explores both central emotions (anger, fear, hope, shame) and relationship characteristics (friendship, intimacy, trust, loss). Part II focuses more directly on trauma and its connections to emotional, addictive, and relationship difficulties. Part III adopts a skill-building emphasis with sessions on communication, problem solving, and self-soothing, among others.

This two-day workshop will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a session-by-session review of the model with emphasis on goals, process, and suggestions for effective group leadership. Mock group sessions will allow participants to observe and practice leader techniques, with time reserved for discussion.

Learning objectives:

1. Participants will learn basic prevalence data about men's trauma.
2. Participants will learn about gender similarities and differences in the impact of trauma and in coping styles.
3. Participants will learn the key differences between TREM and M-TREM approaches.
4. Participants will review the content and core skill-based objectives of M-TREM.

Teaching methods:

Lectures with accompanying slides, video, question and answer periods, mock groups, demonstration of leader techniques, discussion.

Leaders:

Roger D. Fallot, Ph.D. (Co-Director of Community Connections) and Richard R. Bebout, Ph.D. (Housing Director at Community Connections)

Training Sessions

July 2009

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
MC314	<p>Behavioral Health Issues for Women: A Multicultural Perspective</p> <p>This training will explore the impact of multicultural issues in case management and clinical work and help participants develop an understanding of the needs of women of color. Participants will discuss the mental health needs and norms of groups including Native-American, African American, Latino/a, Asian American and White clients and will develop a multicultural infrastructure that will attract and maintain a diverse client base reflective of the women in their communities.</p>	<p>Monday July 13</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, New Haven, CT</p>	<p><i>Carol Huckaby, MACP</i></p> <p><i>Cher Shannon, MA</i></p>	\$25	6
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	<p>Wednesday July 22</p> <p>9:00 - 12:30</p>	<p>The CT Women's Consortium, New Haven, CT</p>	<p><i>Carol Huckaby, MACP</i></p> <p><i>Maria Ramos, M.Ed</i></p>	\$15	0
PA650	<p>Ages and Stages Questionnaire (ASQ) and Ages & Stages Questionnaire Social- Emotional (ASQ-SE) Training</p> <p>The Ages and Stages Questionnaire (ASQ) and Ages & Stages Questionnaire Social-Emotional (ASQ-SE) is a parent-friendly, child-centered screening tool used to identify developmental delays in children during the first five years. The ASQ is completed by parents and scored by professionals who work with families in health care, early care and education and social service programs. This training will include an overview of the system. Participants will learn to administer and score the ASQ.</p>	<p>Monday July 27</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, New Haven, CT</p>	<p><i>Carol Huckaby, MACP</i></p>	\$25	0

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

August 2009

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR812	<p>Seeking Safety</p> <p>This two-day training will demonstrate how Seeking Safety is applied in clinical settings and how the 25-session cognitive-behavioral psychotherapy for post traumatic stress disorder and substance abuse is used in treatment. Sample sessions: Honesty, Creating Meaning, Setting Boundaries in Relationships, Getting Others to Support Your Recovery, Asking for Help. Training will examine PTSD and substance abuse (including rates, the “typical case,” models and stages of treatment, clinical dilemmas and gender issues). Specific clinical interventions will be demonstrated and treatment challenges will be discussed.</p>	<p>Monday August 3</p> <p>9:00 - 4:00</p> <p>and</p> <p>Tuesday August 4</p> <p>9:00 - 4:00</p>	<p>The Lyceum, Hartford, CT</p> <p>The Lyceum, Hartford, CT</p>	<p><i>Martha Schmitz, PhD</i></p>	<p>\$150 \$125*</p>	12
SA207	<p>Biology of Addiction</p> <p>Designed for non-medical personnel who have not had extensive training in biology, this training will introduce basic elements of brain structure, homeostatic systems, central nervous system (CNS), and brain chemistry that are fundamental to understanding the disease process of addiction. Participants will be introduced to the direct connection between changes in brain chemistry and structure and continued use of substances despite negative consequences. We will examine the impact of alcohol, opiates, and stimulants on multiple body systems and on the fetus. Clinical evidence of acute intoxication and the classic withdrawal symptoms of each substance will be described.</p>	<p>Monday August 17</p> <p>9:00 - 4:00</p>	<p>The CT Women’s Consortium, New Haven, CT</p>	<p><i>Lauren Doninger, MA, LADC, LPC</i></p>	\$25	6



*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

September 2009

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	<p>Wednesday September 2</p> <p>9:00 - 12:30</p>	<p>The CT Women's Consortium, New Haven, CT</p>	<p><i>Carol Huckaby, MACP</i></p> <p><i>Maria Ramos, M.Ed</i></p>	\$15	0
SA212	<p>Prenatal Alcohol Exposure and Fetal Alcohol Spectrum Disorder</p> <p>An overview of topics related to prenatal alcohol exposure, and alcohol use by women who are pregnant, including basic information about how to screen for alcohol use, and gender-specific information needed when working with women who drink during pregnancy. We will also discuss brain damage, trimester damage to the fetus with alcohol use, techniques for diagnosing FAS, and the lifespan management needed when working with individuals who may have been exposed to alcohol prenatally. Cases will be interwoven throughout.</p>	<p>Wednesday September 9</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, New Haven, CT</p>	<p><i>Susan Aduato, PhD</i></p>	\$25	6
DV604	<p>Safe and Together: Concrete Strategies for Addressing Domestic Violence When Children are the Focus</p> <p>This training focuses on building a response to domestic violence based on five critical elements:</p> <ol style="list-style-type: none"> 1) the batterer's pattern of coercive control; 2) the actions he has taken to harm the children; 3) the full spectrum of the survivor's efforts to support the safety and well-being of the children; 4) the adverse impact of the batterer's behavior on the children; and 5) the role of substance abuse, mental health and other factors. 	<p>Monday September 21</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, New Haven, CT</p>	<p><i>David Mandel, MA</i></p>	\$25	6

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	Monday October 5 9:00 - 12:30	The CT Women's Consortium, New Haven, CT	<p><i>Carol Huckaby, MACP</i></p> <p><i>Maria Ramos, M.Ed</i></p>	\$15	0
BH014	<p>Grief and Loss Issues for Women</p> <p>It is said that "life is a series of attachments and separations." This workshop will discuss the numerous loss issues faced by women, with a focus on substance abusing-women. Understanding the different loss processes and their applications is essential to successful therapy. Participants will understand and apply the loss and grief processes as part of their treatment plan when working with women in addiction, recovery, and life.</p>	Friday October 16 9:00 - 4:00	The CT Women's Consortium, New Haven, CT	<p><i>Wendy Davenson, LMFT, LADC</i></p>	\$25	6
TR817	<p>Men and Trauma: Paths to Recovery</p> <p>This workshop focuses on the relationship between male gender role expectations and men's experiences of trauma and recovery. The presenter will offer a stages-of-change approach to engaging men in services and will describe a gender-specific intervention that facilitates trauma recovery. A video and exercise will help to illustrate these dynamics.</p>	Friday October 23 9:00 - 12:45	The CT Women's Consortium, New Haven, CT	<p><i>Roger Fallot, PhD</i></p>	\$15	3.5
TR804	<p>Understanding Trauma and Trauma Informed Care (Part 1)</p> <p>The prevalence of traumatic experience in the history of addiction/mental health clients is extremely common, however the impact of trauma can be difficult to recognize by service providers. This introductory workshop will provide an understanding of psychological trauma and will help workshop participants to identify simple and practical ways to provide trauma informed care to clients.</p>	Wednesday October 28 9:00 - 4:00	The CT Women's Consortium, New Haven, CT	<p><i>Eileen Russo, MA, LADC</i></p>	\$25	6

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

November 2009

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR805	<p>Staff Care: Creating a Healthier Workforce</p> <p>The emotional strain of working in the addiction/mental health field can cause burnout, staff turnover and impacts professional/personal lives. Without effective coping mechanisms care-givers can become frustrated, overwhelmed and immobilized. This experiential workshop is a three-layered approach to staff care; organizational, professional and personal. In addition to receiving information on topics such as vicarious trauma and compassion fatigue, participants will engage in exercises related to reconnection, spirituality, mindfulness practice and trauma sensitive yoga.</p> <p><i>Special Note: Please attend this workshop only if you are able to attend for the full day and with no or a minimum of distractions (cell phone, etc). Feel free to dress comfortable and casual.</i></p>	<p>Wednesday November 4</p> <p>9:00 – 4:00</p>	<p>The Lyceum, Hartford, CT</p>	<p><i>Eileen Russo, MA, LADC</i></p> <p><i>Joann C. Lutz, LICSW</i></p>	\$25	6
RE901	<p>Role of Spirituality in Recovery for Women</p> <p>A day of honest discussion that will glean the hard-earned wisdom of the participants. Difficult times call for depth and meaning rather than superficial answers, and we will aim to embrace a spiritual life that can be relevant to the challenges of mental health, trauma and addiction we face every day. The use of spiritual resources will be addressed, specifically in a way that does not demand “perfection” or “resolving all problems.” A model of recovery that includes spirituality will assist attendees in their personal and clinical lives.</p> <p><i>READINGS: Articles will be posted for WOMEN’S CONSORTIUM before conference at: www.pastoralcounselingtraining.com</i></p>	<p>Monday November 9</p> <p>9:00 – 4:00</p>	<p>The CT Women’s Consortium, New Haven, CT</p>	<p><i>Marcus McKinney, M.Div.</i></p>	\$25	6



Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

November 2009 (continued)

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
LE509	<p>Human Trafficking</p> <p>Human trafficking is a form of modern-day slavery, widespread throughout the U.S. and the second-largest criminal industry in the world after drug dealing; it is also the fastest growing. While many victims of trafficking are forced to work in prostitution or sex entertainment, trafficking also occurs in labor exploitation, such as domestic servitude, or restaurant work, sweatshop factory or migrant agricultural work. This training will use case examples to examine labor and sex trafficking, and will help participants define human trafficking, identify victims and what steps to take to help them.</p>	Monday November 16 9:00 - 12:30	The CT Women's Consortium, New Haven, CT	<p><i>Carol Huckaby, MACP</i></p> <p><i>Maria Ramos, M.Ed</i></p>	\$15	0



Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

December 2009

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR815	<p>Men's Trauma Recovery and Empowerment Model (M-TREM)</p> <p>This training will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a session-by-session review of the model with emphasis on goals, process, and suggestions for effective group leadership. Mock group sessions will allow participants to observe and practice techniques, with time reserved for discussion.</p>	<p>Monday December 7</p> <p>9:00 - 4:00</p> <p>and</p> <p>Tuesday December 8</p> <p>9:00 - 4:00</p>	The Lyceum, Hartford, CT	<p><i>Roger Fallot, PhD</i></p> <p><i>Richard Bebout, PhD</i></p>	<p>\$150</p> <p>\$125*</p>	12



*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

Trainer Biographies

Susan Adubato, Ph.D. is a New Jersey licensed psychologist. She is on faculty in both the departments of Pediatrics and Psychiatry at the University of Medicine and Dentistry of New Jersey. Presently, she serves as coordinator for the Northern NJ FAS Diagnostic Center, located at the medical school. In addition, she is co-director for the Northeast FAS Regional Training Center, which provides workshops on prenatal alcohol exposure and FAS. She is also involved with the Autism Center, and clinics for HIV/AIDS and child abuse and neglect, while also maintaining a private practice in Nutley, NJ.

Richard Bebout, Ph.D. earned his doctorate at the University of North Carolina at Chapel Hill and since 1987 has been affiliated with Community Connections, where he currently holds the position of clinical housing director and is an active member of the Men's Trauma Workgroup. Bebout has contributed more than 20 articles and book chapters on mental health services and frequently trains and consults in the areas of supportive housing and men's trauma services. He also maintains a private therapy practice in Washington, DC and suburban Maryland and serves as an adjunct professor of community and family medicine at Dartmouth Medical School.

Wendy H. Davenson, LMFT, LADC is a licensed marital and family therapist, a licensed alcohol and drug counselor, a certified family life educator, and a consultant and trainer who has extensive experience lecturing and working with school systems. She holds certifications in death education, grief therapy, divorce mediation, and addiction relapse prevention; she has extensive experience in individual and family counseling, as well as in the development and implementation of prevention and intervention programs for schools and agencies. Davenson also lectures widely and teaches. She has published a book entitled *Grief and Growth, A Manual For Counselors and Educators*.

Lauren Doninger, MA, LADC, LPC has been in the field of mental health and addiction services since 1983. She has worked in a range of treatment settings, primarily treating those with severe and persistent mental illness and co-occurring substance use disorders. She is on the faculty at Gateway Community College in New Haven with primary teaching responsibility in the Drug and Alcohol Recovery Counselor Program, and is completing her doctorate at the School of Education at Johnson & Wales University in Providence.

Roger D. Fallot, Ph.D. is a clinical psychologist and Director of Research and Evaluation at Community Connections, a private, not-for-profit agency, comprehensive human services provider in metropolitan Washington, D.C. A graduate of Yale University (B.A., M.S., and Ph.D.), he specializes in areas including the development and evaluation of services for trauma survivors and the role of spirituality in recovery. The author of numerous articles, he is a contributing author and co-editor (with Maxine Harris) of *Using Trauma Theory to Design Service Systems*. A founding board member of the National Trauma Consortium, Fallot was principal investigator on the District of Columbia Trauma Collaboration Study, a federally funded research project examining the effectiveness of integrated services for women trauma survivors with mental health and substance abuse problems (1998-2004). He and clinicians at Community Connections have developed a men's version of the Trauma Recovery and Empowerment Model (TREM), a manualized group intervention for working with survivors of physical and sexual abuse. The effectiveness of TREM is currently being examined in an NIMH-funded randomized controlled trial for which Fallot is co-principal investigator. Also interested in the relationships between spirituality and well-being, Fallot edited and contributed chapters to *Spirituality and Religion in Recovery from Mental Illness*.

Trainer Biographies *(continued)*



Carol Huckaby, MACP has been director of education and training at The CT Women's Consortium in New Haven since 2002. Previously, she was the director of program operations for the Welfare to Work program at the Connecticut Council of Family Service Agencies. Huckaby has over 30 years of experience training adults in areas including: consumer relations; cultural diversity; employment readiness and job skills; assessing mental health and substance abuse barriers among low-income women; and strength-based assessment and treatment. She is an adjunct professor at Albertus Magnus College in New Haven, CT, where she teaches Community Psychology and Ethnic and Gender Issues in Mental Health.

Joann C. Lutz, LICSW combines experience and training in EMDR, Holistic Psychotherapy, Ayurvedic Yoga Therapy, and mind/body wellness to offer her clients a comprehensive program of healing and self-empowerment. She is an alumna of Harvard Medical School's Clinical Training in Mind/Body Medicine; is certified in EMDR, Psychosynthesis, Ayurvedic Yoga Therapy and in Integral Yoga. She is the first Social Work educator to design and present workshops on "Spirituality and Social Work" in New England and has been Adjunct Faculty at Elms College and the University of Connecticut School of Social Work. She also taught yoga for Omega Institute's Wellness Program and was selected for inclusion in *Who's Who in American Women, 2000*. www.joannlutz.com

David Mandel, MA is a co-founding partner in the Non-Violence Alliance, an organization specializing in batterer intervention. In addition to 16 years of direct service, Mandel writes, trains and consults nationally on batterer accountability and change. His current projects include: developing batterer intervention strategies for child protection agencies; completing the analysis of a national study of batterers' perceptions of their children's exposure to their violence; consulting to Connecticut's Department of Corrections; and developing a protocol for screening for batterers in medical settings. He wrote a curriculum, entitled *Dedication*, used to train all new batterer intervention providers in Texas. He has also written a curriculum for working fathers entitled Being Connected and coauthored a batterer intervention program manual. He co-authors and co-publishes a national newsletter, *Issues in Family Violence*.

Marcus M. McKinney, D.Min., LPC, is director of community outreach and pastoral counseling at Saint Francis Hospital and Medical Center in Hartford, and an assistant professor of psychiatry at the UConn School of Medicine. He serves on the Connecticut State Mental Health Board and on the Board of the Public Health Foundation of Connecticut, whose mission is to address the gap between public health issues and shrinking resources. McKinney has trained over 3,000 individuals in his counseling program under the Connecticut Department of Mental Health and Addiction Services. He developed the community benefit program at Saint Francis Hospital and Medical Center, designed to quantify and expand services to the community. Research¹ and publications² have addressed models of bridging hospital and clinical services in culturally appropriate ways while assisting communities with accessing clinical and recovery support services.

¹ *SisterTalk Hartford* was a 4 year Ethel Donaghue Medical Research Foundation translational research study on weight control for African American women in African American/Black Churches in Hartford. The study included the exploration of how hospitals relate to targeted populations like African American Churches.

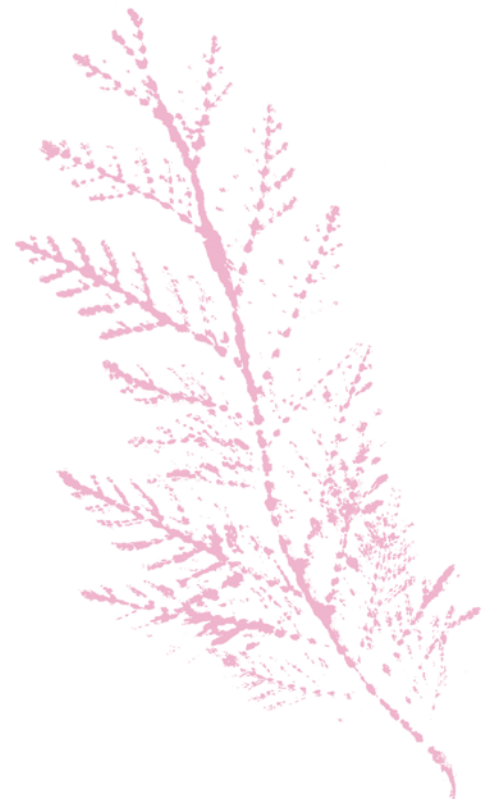
² *Book: Religion and Spirituality in Psychiatry. Chapter 15: Community Psychiatry and Religion addressing a model of community engagement. By Dr. McKinney.*

Maria F. Ramos, M.Ed. (Counseling Psychology), the director of community projects for The CT Women's Consortium, has over 20 years of experience in mental health, adolescent health and case management. She conducts credentialing trainings in family development. Her experience includes program planning and management, case management training, issues of child abuse and neglect, public health policy and the development of curricula for educating African- American and Latino youth on HIV prevention.

Eileen M. Russo, MA, LADC, the director of trauma services for the Connecticut Women's Consortium, is a licensed addiction counselor, a certified clinical supervisor, and a certified co-occurring disorders professional, has worked in the addiction and mental health field for 24 years. She has specialized in treating co-occurring PTSD in mental health and substance abuse populations and has assisted agencies with developing trauma-informed mental health/substance abuse treatment programs for women, men, and children. Since 2003 she has served as a trainer/consultant to the Connecticut Department of Mental Health and Addiction Services' Trauma Initiative. She is also an adjunct faculty member at the University of Bridgeport and at Gateway Community College.

Martha Schmitz, PhD offers continuing education workshops and supervision in the treatment of PTSD and substance abuse to clinicians throughout the U.S. She has worked with Lisa M. Najavits, Ph.D., author of *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*, since 2000. Schmitz has held a staff psychologist position at the V.A. Pittsburgh Healthcare System and a joint appointment as assistant psychologist at McLean Hospital and instructor in psychology at Harvard Medical School. Her clinical and research interests include post-traumatic stress disorder, substance abuse, and resiliency in trauma survivors.

Cher A. Shannon, MHSA, LADC, SAP has been in the substance abuse field for over 20 years, with extensive experience as a teacher, trainer, clinician, supervisor, and administrator. Currently associate professor and program coordinator for the Drug and Alcohol Rehabilitation Program at Gateway Community College, Shannon is a former faculty member of Westchester Institute for Training in Psychoanalysis & Psychotherapy and a part-time faculty member the University of Bridgeport. She has been on the faculty of the New England School of Addiction Studies for ten years and provides training in the areas of ethics; cultural competence; family intervention; evidence based counseling theories; counseling people with HIV/AIDS; counselor wellness; and management and administration of human services agencies. She is a former education chairperson and current Vice President of the Connecticut Association for Addiction Professionals and served for many years as an examiner for the Connecticut Certification Board. She initiated a substance abuse treatment center at Family Counseling Center in Newtown as well as coordinating a multi-family prevention program.



Directions

The Connecticut Women's Consortium

205 Whitney Avenue
New Haven, CT 06511
203.498.4184

(across from the Peabody Museum)

From the north:

Take I-91 Southbound to exit 4. At the end of the exit ramp turn right onto Humphrey Street. Proceed across State and Orange Streets to Whitney Avenue. Turn left onto Whitney Avenue. #205 is on the left side of the street. Continue past #205 and #199 ("The Orthopedic Group"), to the driveway signed "New Haven Lawn Club."

From the shoreline and I-95 south:

Take I-95 to I-91 northbound to exit 3. At the light, continue straight across Orange Street. At the next light, turn right onto Whitney Avenue. #205 is on the right side of the street. Just past the Yale Information Systems building, turn into the driveway signed "New Haven Lawn Club" (between yellow post located on either side of the driveway) one building before #205.

Parking and entering the building.

Parking is at the rear of the building. From the driveway signed "New Haven Lawn Club" proceed to the guardhouse; turn left and park against the fence on your left or any space marked with the letter "R". Follow the walkway located between the two buildings (#199 & #205). Take a right and enter through the front door at street level. **Do not enter the 2nd floor from outside the building!** Take the stairs (or elevator) to the 2nd floor. Go through first set of doors, take a left, go down the hallway and ring the bell located to the left of the door.

The Lyceum

227 Lawrence Street
Hartford, CT 06106
860.244.0077

From I-84 East (towards Boston):

I-84 East to exit 48-B (Capitol Avenue). Take a right at the end of the exit onto Capitol Avenue. Follow Capitol Avenue to the third traffic light. Take a left onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

From I-84 West (toward Hartford/Waterbury):

I-84 West to exit 48 (Asylum Avenue). Take a wide right turn off of exit onto Asylum Avenue. Immediately bear left onto Farmington Avenue. Follow Farmington to the second light. Take a left onto Flower Street. Follow to Capitol Avenue. Go straight across Capitol Avenue onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

From I-91 south (toward New Haven):

I-91 South to I-84 West. Follow directions from I-84 West at left.

From I-91 north (toward Windsor Locks):

I-91 North to I-84 West. Follow directions from I-84 West at left.

NEW!! You can now register online at <http://training.womensconsortium.org>. See page 4 for more information.

Training Registration Form

FOR OFFICE USE ONLY

Cash ___ C/MO# _____
 State deposit _____
 SCMD ___ / ___ / ___
 Inv. _____

Please print clearly or type: Applications must be legible and complete to be processed.

Participant information

- DMHAS state employee Other state employee _____
 DMHAS funded agency employee Other _____

Last Name	First	Middle Initial	

--	--	--	--

Social Security Number (required)

Functional job title _____ Department _____

Agency name _____

Address _____

Street
City
State
Zip

Work telephone _____ Work fax _____ E-mail address _____

Prefer mail sent to home address _____

Street
City
State
Zip

Circle your certification/licensure

Circle your highest degree

- APRN • CADC • LMFT • LADC • LPN • LPN • AA • AS • BA • BS • BSN • BSW • MA • MS • MSN
 • RN • LCSW • LPC • Other _____ • MBA • MD • MFT • MSW • PHD • PSYD • Other _____

Check certificate desired

- ATT - Certificate of Attendance NASW/CT- National Association of Social Workers CCB – CT Certification Board MFT – Marriage and Family Therapist

Session information

Code No.	Session Title	Dates	Course Fee	CECs
Total Fees				

Payment of course fees is required with submission of registration form or at least seven (7) days prior to training.

Do you need specialized services? YES NO Please list services needed _____

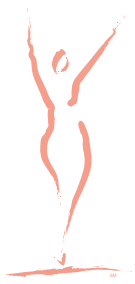
Signature _____ Date _____

Please return this registration form to:

Training Department
 The Connecticut Women's Consortium
 205 Whitney Ave.
 New Haven, CT 06511

Fax 203.498.4189
 Phone 203.498.4184 Ext. 30 or 33

cut here



The Connecticut
Women's Consortium

Improving Behavioral Health Services for Women

205 Whitney Avenue
New Haven, CT 06511

Nonprofit Organization
U.S. Postage Paid
New Haven, CT
Permit No. 118

For more information

go to www.womensconsortium.org or

call 203.498.4184 ext. 30



Summer/
Fall 09

Training
CALENDAR