

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

Fall 07

Training

CALENDAR



Presented by:



The Connecticut
Women's Consortium

Improving Behavioral Health Services for Women

The Connecticut Women's Consortium is a statewide policy, training and advocacy organization specializing in women's behavioral health.

August, 2007

DEAR COLLEAGUES:

The Connecticut Women's Consortium, Inc. (CWC), a statewide policy, training and advocacy organization specializing in women's behavioral health, is pleased to present our fall 2007 training catalogue. This catalogue is a reflection of our commitment to all of you who work every day with women who are trying to find their own pathways to recovery.

This fall, we are pleased to offer our new online registration process. Registering online will help provide you with more detailed information about your past trainings and make the registration process quicker and easier. Please see page 3 of the catalogue for details.

In support of the work being done through the Department of Mental Health and Addiction Service's (DMHAS) Women's Services Practice Improvement Collaborative (WSPIC), the expansion of the Trauma Center for Excellence and the new Trauma Enhancement Initiative, we continue to provide workshops that offer gender-specific, trauma-informed and multicultural perspectives to direct service staff. A few of our trainers are from out of state, but most are our colleagues here in Connecticut; they are skilled trainers with extensive experience working within the state's service system.

We hope that these workshops will provide fresh, enriching perspectives that will be useful in your work. If you have any questions, contact us at 203-498-4184 ext 30. Our best to all of you.

Sincerely,

Cinda Cash, MHSA
Executive Director



Fall 07



Registration Information

New: Register online

You can now register online at <http://training.womensconsortium.org> for all Connecticut Women's Consortium sponsored trainings. Please register and submit payment as soon as possible; with online registration, we expect sessions to fill quickly.

Previous registrants

(must have a valid e-mail address)

- Follow log-in instructions sent via e-mail (CWC Online Training Registration Instructions) on July 23, 2007. If you do not have the instructions please contact trainer@womensconsortium.org via email and they will be sent to you.
- Log into online registration, select desired training(s) and print out your invoice.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted, at which time you can choose to register and mail in your payment.
- If training is available, mail your invoice with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
205 Whitney Avenue
New Haven, CT 06511**

- Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.

New registrants

(must have a valid e-mail address)

- Go to website (<http://training.womensconsortium.org>) and follow instructions in first paragraph. If you experience difficulties, please contact trainer@womensconsortium.org via e-mail for assistance.
- Complete entire form and follow directions for log in.
- Log into online registration, select desired training(s) and print out invoice.
- If the training you've selected is filled, then marking the session box will put you on a waiting list. If a space opens, you will be contacted, at which time you can choose to register and mail in your payment.
- If training is available, mail your invoice with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
205 Whitney Avenue
New Haven, CT 06511**

- Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.

Paper registration process

(if you do not have a valid e-mail address)

- Complete registration form and mail with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
205 Whitney Avenue
New Haven, CT 06511**

- Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via phone.
- If training is full, you will be put on a waiting list.

Registration Information *(continued)*

Training fees

Training fees are \$20 or more; some workshops are available at no charge. All Department of Mental Health and Addiction Services (DMHAS) employees receive a 50 percent discount on trainings. Fees are required with the submission of your registration or prior to the day of the training if your registration is faxed. Make checks payable to The Connecticut Women's Consortium. We are also requesting that you bring one non-perishable food item to each training session you attend.

There is a \$15.00 handling fee for all returned checks. Failure to reimburse the Women's Consortium for a returned check will prevent registration for future trainings.

Waiting list policy

If you are put on a waiting list for a training and there are no available slots or future dates for the same training, your money will be refunded or, at your request, will be applied to another training.

Continuing Education Credits/Certificate of Attendance policy

Sign-in begins one half hour before the start of the training session. It is each participant's responsibility to sign in at the beginning of the session and to sign out at the end of the day. The CT Women's Consortium has applied for Continuing Education Credits (CECs) from National Association of Social Workers, CT Certification Board, and the CT Association of Marriage & Family Therapists. According to the rules of the agencies granting CEUs, participants must sign in and out in order to be eligible for Continuing Education Credits or Certification of Attendance.

In order to receive continuing education units/credits, participants are expected to attend the entire training session. Because certificates are given only for actual time of workshop participation, a participant who misses a portion of training must attend at least 85 percent of it in order to receive credit.

If you have to cancel

If you are not able to attend a session for which you registered, please call us at 203.498.4184 ext. 30 at least seven (7) days prior to the training to either (1) transfer your registration to someone else in your agency OR (2) request a partial refund (75% of cost) — participants paying a reduced fee will not receive a refund. Cancellations less than seven (7) days prior to the training or no-shows will not receive refunds. Please keep in mind that registrants who make last minute, non-emergency cancellations prevent others from attending.

If we have to cancel

In the event of a change or cancellation, you will be notified by mail, e-mail or telephone. If severe weather is occurring or predicted, call 203.498.4184 after 7:00 a.m. on the day of the training for a recorded announcement. Remember that severe weather in any part of the state may be cause for a cancellation.

The Connecticut Women's Consortium's trainings are supported with funds from the Department of Mental Health and Addiction Services.

TWO-DAY SESSION

The M-TREM workshop will be offered on October 18 and 19. See page 7 for details.

Men's Trauma Recovery and Empowerment Model (M-TREM)



The Trauma Recovery and Empowerment Model (TREM) is a clinically-tested and manualized group intervention. Designed to help members develop and strengthen the skills necessary to effectively cope with the impact of traumatic experiences, it draws primarily on psychoeducational and cognitive-behavioral techniques in an actively supportive group context. Originally developed at Community Connections by and for women (*Trauma Recovery and Empowerment: A Clinician's Guide for Working with Women in Groups*, The Free Press, 1998), a distinct version tailored to the specific concerns of male trauma survivors has been finalized.

The men's 24-session group (M-TREM) is structured in three sections. Part I addresses key experiences of male trauma survivors and places these experiences in the context of cultural expectations of men. It explores both central emotions (anger, fear, hope, shame) and relationship characteristics (friendship, intimacy, trust, loss). Part II focuses more directly on trauma and its connections to emotional, addictive, and relationship difficulties. Part III adopts a skill-building emphasis with sessions on communication, problem solving, and self-soothing, among others.

This two-day workshop will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a session-by-session review of the model with emphasis on goals, process, and suggestions for effective group leadership. Mock group sessions will allow participants to observe and practice leader techniques, with time reserved for discussion.

Learning objectives:

1. Participants will learn basic prevalence data about men's trauma.
2. Participants will learn about gender similarities and differences in the impact of trauma and in coping styles.
3. Participants will learn the key differences between TREM and M-TREM approaches.
4. Participants will review the content and core skill-based objectives of M-TREM.

Teaching methods:

Lectures with accompanying slides, video, question and answer periods, mock groups, demonstration of leader techniques, discussion.

Leaders:

Roger D. Fallot, Ph.D. (Co-Director of Community Connections) and Richard R. Bebout, Ph.D. (Housing Director at Community Connections)

Training Sessions

September 2007

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR817	<p>Men and Trauma: Paths to Recovery</p> <p>This workshop focuses on the relationship between male gender role expectations and men's experiences of trauma and recovery. The presenter will offer a stages-of-change approach to engaging men in services and will describe a gender-specific intervention that facilitates trauma recovery. A video and exercise will help to illustrate these dynamics.</p>	<p>Monday September 17</p> <p>9:00 - 1:15</p>	<p>The Lyceum, Hartford, CT</p>	<p><i>Roger Fallot, PhD</i></p>	\$20	4
LE501	<p>Understanding the Parental Rights of Parents with Behavioral Health Issues</p> <p>We often presume that illness or addiction is an absolute barrier to an individual's asserting any parental rights. This training examines the roles of providers in promoting and protecting the parental rights of persons they serve. Participants will examine legal issues, standards and procedures that can help facilitate treatment, prevention, and interaction with parents with behavioral health issues.</p>	<p>Thursday September 27</p> <p>9:00 - 12:30</p>	<p>The Burroughs Community Center Bridgeport, CT</p>	<p><i>Pat Kaplan, JD</i> <i>Jan Van Tassel, JD</i></p>	free	0



Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

October 2007

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR804	<p>Understanding Trauma and Creating Trauma-Informed Behavioral Health Systems</p> <p>Basic trauma training for all agency personnel designed to give an overview of trauma and its effects on women and explore the correlation between trauma, mental health and substance abuse. This training will also provide participants with tools to create an environment that is safe and trauma-sensitive for clients.</p>	<p>Tuesday October 2</p> <p>9:00 - 4:00</p>	ACES, Hamden, CT	<i>Eileen Russo, MA</i>	\$20	6
TR815	<p>Men's Trauma Recovery and Empowerment Model (M-TREM)</p> <p>This training will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a session-by-session review of the model with emphasis on goals, process, and suggestions for effective group leadership. Mock group sessions will allow participants to observe and practice techniques, with time reserved for discussion.</p>	<p>Thursday October 18</p> <p>9:00 - 4:00</p> <p>and</p> <p>Friday October 19</p> <p>9:00 - 4:00</p>	Rensselaer, Hartford, CT	<p><i>Roger Fallot, PhD</i></p> <p><i>Richard Bebout, PhD</i></p>	\$125 \$75*	12
	<p>M-TREM Consultation Session 1</p> <p>Follow-up and consultation on implementing and maintaining M-TREM groups. Participants will share ideas and lessons learned.</p>	<p>Monday December 3</p> <p>9:00 - 12:30</p>	The CT Women's Consortium, New Haven, CT	<i>Roger Fallot, PhD</i>		
	<p>M-TREM Consultation Session 2</p> <p>Follow-up and consultation on implementing and maintaining M-TREM groups. Participants will share ideas and lessons learned.</p>	<p>Monday January 14</p> <p>9:00 - 12:30</p>	The CT Women's Consortium, New Haven, CT	<i>Roger Fallot, PhD</i>		

*The cost for this two day workshop and two half-day consultation sessions is \$125 per person per agency and \$75 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

November 2007

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
MC314	<p>Behavioral Health Issues for Women: A Multicultural Perspective</p> <p>An exploration of the impact of multicultural issues in case management and clinical work that will help participants develop an understanding of the needs of women of color. Participants will discuss the mental health needs and norms of groups including Native-American, African American, Latino/a, Asian American, Jewish, Arabic, and White clients and will develop a multicultural infrastructure that will attract and maintain a diverse client base reflective of the women in their communities.</p>	<p>Friday November 2</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium, New Haven, CT</p>	<p><i>Carol Huckaby, MACP</i></p> <p><i>Eileen Russo, MA</i></p>	\$20	6
TR805	<p>Self-Care for Direct Service Workers (Vicarious Trauma)</p> <p>This training focuses on the emotional strain of working in the addiction/mental health field and its effect on our personal and professional lives. Stresses the importance of self-care for the direct service worker.</p>	<p>Tuesday November 6</p> <p>9:00 - 4:00</p>	<p>The CT Women's Consortium New Haven, CT</p>	<p><i>Eileen Russo, MA</i></p> <p><i>Joyce Crutchfield, MDiv</i></p> <p><i>Alicia Davis, LMT</i></p>	\$20	6
LE502	<p>Navigating the Medicaid System: Understanding Eligibility & Services</p> <p>Topics include: basic eligibility rules for Medicaid and SAGA; what services are covered; how services are delivered; what can be done if eligibility or services are denied and resources available for clients having problems obtaining coverage or benefits.</p>	<p>Friday November 30</p> <p>9:00 - 12:30</p>	<p>The deKoven House Middletown, CT</p>	<p><i>Sharon Langer, JD</i></p>	free	0

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

December 2007

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
PA650	<p>Ages and Stages Questionnaire (ASQ) and Ages & Stages Questionnaire Social-Emotional (ASQ-SE) Training</p> <p>The Ages and Stages Questionnaire (ASQ) and Ages & Stages Questionnaire Social-Emotional (ASQ-SE) is a parent-friendly, child-centered screening tool used to identify developmental delays in children during the first five years. The ASQ is completed by parents and scored by professionals who work with families in health care, early care and education and social service programs. This training will include an overview of the system. Participants will learn to administer and score the ASQ.</p>	<p>Monday December 10</p> <p>9:00 - 4:30</p>	<p>ACES, Hamden, CT</p>	<p><i>Marijane Carey,</i> <i>ACSW</i></p> <p><i>Carol Huckaby,</i> <i>MA</i></p>	<p>free</p>	<p>0</p>
BH011	<p>Introduction to Co-Occurring Disorders</p> <p>Many now agree that co-occurring disorders are the expectation, not the exception, in most behavioral health settings. This interactive workshop will review major themes and emerging trends in the area of integrated care for co-occurring disorders, using case studies, group activities and discussions. Participants will explore issues related to providing integrated services in various settings. Topics will include an overview of prevalence of common co-occurring disorders nationally and in Connecticut; principles of effective integrated care; common models of treatment and emerging trends in co-occurring disorders including discussions of federal and state initiatives in integrated care. Participants will receive a complimentary CD containing resources including the recently released <i>TIP 42: Substance Abuse Treatment for People with Co-Occurring Disorders</i>.</p>	<p>Monday December 17</p> <p>9:00 - 4:00</p>	<p>The CT Womens Consortium New Haven, CT</p>	<p><i>Marshall Rosier,</i> <i>MS, CAC,</i> <i>CCDP, LADC</i></p>	<p>\$20</p>	<p>6</p>

Sign in for trainings is from 8:30-9:00; all trainings will begin promptly at 9:00.

Trainer Biographies

Richard Bebout, PhD earned his doctorate at the University of North Carolina at Chapel Hill and since 1987 has been affiliated with Community Connections, where he currently holds the position of clinical housing director and is an active member of the Men's Trauma Workgroup. Bebout has contributed more than 20 articles and book chapters on mental health services and frequently trains and consults in the areas of supportive housing and men's trauma services. He also maintains a private therapy practice in Washington, DC and suburban Maryland and serves as an adjunct professor of community and family medicine at Dartmouth Medical School.

Marijane Carey, MSW, MPH is the principal of Carey Consulting, a consulting firm specializing in public health and human services organizations that focus on women and children. Carey Consulting has worked with state agencies; private non-profits; advocacy organizations; community health centers; hospitals; and community foundations. Current clients include: *211/Infoline*, Connecticut's mandated Maternal & Child Health telephone access point to services for women, children and families; *Help Me Grow*, a statewide network designed by the Children's Trust Fund to help families and providers access services for young children at risk for developmental, health or behavioral problems; and The CT Women's Consortium, a statewide policy, training and advocacy organization specializing in women's behavioral health. Carey, who has Master's degrees in social work and public health, has been an advocate for women and children throughout her 30-year career.

Joyce Olive Crutchfield, M. Div. is the acting pastor of South Congregational Church, UCC in Waterbury, CT and an administrative assistant for the Connecticut Women's Consortium. She earned her Masters of Divinity from Andover Newton Theological School. Her interests include relational ministry, pastoral care, and the grieving process. Prior to a career in ministry, she worked for over 20 years in the social work profession.

Alicia Davis, LMT is co-director of AliKat Consulting, LLC and Sound Bytes for Serenity. A successful practitioner and highly respected educator in both health care and the corporate world for over 25 years, she combines a heartfelt, intuitive style with state-of-the-art holistic and accelerated learning methods and techniques. Davis creates dynamic and engaging workshop environments in which participants co-create their learning experiences. She has transformed the lives of over 2000 students by teaching them practical skills in:

- life visioning
- leadership and self-esteem
- relationship and team-building
- conscious communication
- conflict resolution
- meditation and breath awareness
- wellness and stress reduction
- care for the caregiver
- expressive and creative movement
- quantum-touch

Davis also offers guided-meditation CDs and other healing products as ongoing tools for personal growth and development.

Roger D. Fallot, Ph.D. is a clinical psychologist and Director of Research and Evaluation at Community Connections, a private, not-for-profit agency, comprehensive human services provider in metropolitan Washington, D.C. A graduate of Yale University (B.A., M.S., and Ph.D.), he specializes in areas including the development and evaluation of services for trauma survivors and the role of spirituality in recovery. The author of numerous articles, he is a contributing author and co-editor (with Maxine Harris) of *Using Trauma Theory to Design Service Systems*. A founding board member of the National Trauma Consortium, Fallot was principal investigator on the District of Columbia Trauma Collaboration Study, a federally funded research project examining the effectiveness of integrated services for women trauma survivors with mental health and substance abuse problems (1998-2004). He and clinicians at Community Connections have developed a men's version of the Trauma Recovery and Empowerment Model (TREM), a manualized group intervention for working with survivors of physical and sexual abuse. The effectiveness of TREM is currently being examined in an NIMH-funded randomized controlled trial for which Fallot is co-principal investigator. Also interested in the relationships between spirituality and well-being, Fallot edited and contributed chapters to *Spirituality and Religion in Recovery from Mental Illness*.

Carol Huckaby, MACP has been director of education and training at The CT Women's Consortium in New Haven since 2002. Previously, she was the director of program operations for the Welfare to Work program at the Connecticut Council of Family Service Agencies. Huckaby has over 30 years of experience training adults in areas including: consumer relations; cultural diversity; employment readiness and job skills; assessing mental health and substance abuse barriers among low-income women; and strength-based assessment and treatment. She is an adjunct professor at Albertus Magnus College in New Haven, CT, where she teaches Community Psychology and Ethnic and Gender Issues in Mental Health.

Pat Kaplan, JD, a family/child lawyer for 26 years, is executive director of New Haven Legal Assistance Association, Inc. (NHLAA). Kaplan has been a consultant at the Coordinating Council for Children at Crisis in New Haven and the Parent-Child Resource Center in Shelton and is currently retained counsel for The Connecticut Women's Education & Legal Fund (CWEALF). She was a member of the APT Foundation, Inc. (Addiction Prevention Treatment) board for 12 years. In her work as a family/child law advocate at NHLAA, she has represented numerous clients with behavioral health issues.

Sharon Langer, JD has for the past 20 years been an attorney in the New Britain office of Connecticut Legal Services, Inc., (CLS) an independent, non-profit agency providing free civil legal services to low-income individuals and families. She has extensive experience in Medicaid, welfare, unemployment compensation and employment law, as well as in lobbying on matters affecting low-income citizens. She also has extensive experience in developing legal education materials, and conducting outreach and training for legal staff, client groups, and social service providers. From 1999 to 2004 Langer was a member of the Employment Security Advisory Board which advises the Department of Labor on unemployment compensation matters. She is also a member of the board of directors of Foodshare and was a member of the Health Advisory of the Headstart Program of the Human Resource Agency of New Britain.

Marshall Rosier, MS who holds an MS in psychology from Yale University, is the executive director of the Connecticut Certification Board, Inc. where he is actively involved in workforce development, credentialing and developing recovery-oriented and competency-based standards for behavioral health professionals. Rosier received his early training at the Haight Ashbury Free Clinics in San Francisco, California; he is a certified addiction counselor, a certified co-occurring disorders professional and a licensed alcohol and drug counselor. Previously, Rosier coordinated the co-occurring disorders programming for a large outpatient methadone maintenance program. He is currently the co-chair of the co-occurring disorders committee of the International Certification and Reciprocity Consortium, where he is actively involved in the development of international credentialing standards for co-occurring disorders. He is also a consultant and trainer and published author in the field of co-occurring disorders.

Eileen M. Russo, MA, LADC, is director of trauma services at the CT Women's Consortium in New Haven and has worked in the addiction and mental health field for the past 20 years. Her experience includes serving as the clinical director for programs that serve clients with mental health and/or substance use disorders. Russo has been involved with the Connecticut Trauma Initiative for the past five years as a clinical consultant and trainer, specializing in the TARGET protocol and trauma-informed care. She has also served as an instructor with the University of Connecticut Health Center, Department of Psychiatry, and is currently a part-time faculty member at the University of Bridgeport.

Jan VanTassel, JD is a public interest attorney with over 26 years of experience, including six years with the Medicaid Division of the state Department of Social Services, developing home and community-based service waivers and implementing the pre-admission screening program. She is the executive director of the Connecticut Legal Rights Project, Inc., which represents low income adults with psychiatric disabilities on matters related to treatment and civil rights. Van Tassel founded and co-chairs the "Keep the Promise" Coalition, recognized for its advocacy on behalf of persons with psychiatric disabilities. She collaborates with community-based organizations and serves on several non-profit boards including the Americans with Disabilities Act Coalition and the United Labor Agency.

Directions

ACES (Area Cooperative Education Services)

205 Skiff Street
Hamden, CT 06517
203.407.4400

*Notes: Parking is limited, so please carpool.
Also, please use the lower parking lot, as
the other lots belong to the schools located
at this site.*

From I-91 (north or south):

Take Exit 10. Proceed to first exit off connector and take a left at bottom of ramp. Go to traffic light and take a left onto Hartford Turnpike. Follow to second traffic light and take a right onto Skiff Street. Travel past second light on Skiff Street and proceed to the third building on the left with large white sign on lawn “Area Cooperative Educational Services” (across from Kumo’s Restaurant). The Staff Development Building is behind the front building.

From I-95 (southbound/New London):

As you go over the Quinnipiac Bridge, stay in the right-hand lane and get off Exit 48. That will put you on I-91 Northbound and follow directions from I-91 above.

From I-95 (northbound/Stamford):

Take I-95 to I-91 northbound to exit 10. Proceed to first exit off connector and take a left at bottom of ramp. Go to traffic light and take a left onto Hartford Turnpike. Follow to second traffic light and take a right onto Skiff Street. Travel past second light on Skiff Street and proceed to the third building on the left with large white sign on lawn “Area Cooperative Educational Services” (across from Kumo’s Restaurant). The Staff Development Building is behind the front building.

Southbound on Route 15:

Take Exit 61 and turn right onto Whitney Avenue. Follow Whitney Avenue to second traffic light and take a right onto Skiff Street. ACES will be the third building on your left—across from Kumo’s Restaurant. The Staff Development Building is behind the front building.

Northbound on Route 15:

Take Exit 61 and turn left onto Whitney Avenue. Follow Whitney Avenue to second traffic light and take a right onto Skiff Street. ACES will be on left, across from Kumo’s Restaurant. The Staff Development Building is behind the front building.

From Route 63 (Waterbury area):

Take Route 63 into Woodbridge and turn left onto Lucy Street. Continue approximately two blocks to Route 69 and turn right. At your next traffic light, take a left and get on the Merritt Wilbur Cross Parkway (Route 15 heading north). Proceed with directions above “Northbound on Route 15.”

From Route 69:

Continue on Route 69 through Woodbridge. Take your first left after passing the Merritt Wilbur Cross Parkway (Route 15) overpass. Proceed onto the Parkway and follow directions above “Northbound on Route 15.”

The Burroughs Community Center

2470 Fairfield Avenue
Bridgeport, CT 06605
203.334.0293

From New York, Stamford:

Take I-95 to Exit 25 “State Street” Stay to right of ramp Make a left at stop sign at bottom of ramp go to the first light (McDonald’s is on the right) Make a right onto Fairfield Avenue Burroughs is approximately .5 miles ahead on your right on the corner of Ellsworth Street

From New Haven, Hartford, and New London

Take I-95 South to Exit 25 “State Street” Make a left at stop sign at bottom of ramp onto Fairfield Avenue Burroughs is approximately .5 miles ahead on your right on the corner of Ellsworth Street

The Connecticut Women's Consortium

205 Whitney Avenue
New Haven, CT 06511
203.498.4184

(across from the Peabody Museum)

From the north:

Take I-91 Southbound to exit 4. At the end of the exit ramp turn right onto Humphrey Street. Proceed across State and Orange Streets to Whitney Avenue. Turn left onto Whitney Avenue. #205 is on the left side of the street. Continue past #205 and #199 ("The Orthopedic Group"), to the driveway signed "New Haven Lawn Club."

From the shoreline and I-95 south:

Take I-95 to I-91 northbound to exit 3. At the light, continue straight across Orange Street. At the next light, turn right onto Whitney Avenue. #205 is on the right side of the street. Just past the Yale Information Systems building, turn into the driveway signed "New Haven Lawn Club" (between yellow post located on either side of the driveway) one building before #205.

Parking and entering the building.

Parking is at the rear of the building. From the driveway signed "New Haven Lawn Club" proceed to the guardhouse; turn left and park against the fence on your left or any space marked with the letter "R". Follow the walkway located between the two buildings (#199 & #205). Take a right and enter through the front door at street level. **Do not enter the 2nd floor from outside the building!** Take the stairs (or elevator) to the 2nd floor. Go through first set of doors, take a left, go down the hallway and ring the bell located to the left of the door.

The deKoven House

27 Washington Street
Middletown, CT 06457
860.347.0340

Note: Parking is only available in the municipal lot just south of the deKoven House off deKoven Drive.

From New Haven and points south:

I-91 North to Route 66 East. Stay on Route 66 (Washington Street) all the way into Middletown. You will pass building on the Wesleyan University campus and shortly after will come to a large intersection (with a light) that is Main Street. Cross over Main Street and turn into Piazza Melilli Municipal parking lot and park. The deKoven House, a brick mansion, is just to the east on the right, before the Route 9 intersection.

From Hartford and points north:

I-91 South to Route 9 South (to Cromwell and Middletown). Get off at Exit 15 (Wesleyan University and Washington Street Exit). The deKoven House is immediately on your left past the railroad tracks. Park in the Piazza Melilli Municipal Parking lot immediately past the deKoven House on the left.

From Old Saybrook and points southeast:

Take Route 9 North. Take left hand Exit 15. The deKoven House is immediately on your left past the railroad tracks. Park in the Piazza Melilli Municipal Parking lot immediately past the deKoven House on your left.

The Lyceum

227 Lawrence Street
Hartford, CT 06106
860.244.0077

From I-84 East (towards Boston):

I-84 East to exit 48-B (Capitol Avenue). Take a right at the end of the exit onto Capitol Avenue. Follow Capitol Avenue to the third traffic light. Take a left onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

From I-91 south

(toward New Haven):

I-91 South to I-84 West. Follow directions from I-84 West at left.

From I-91 north

(toward Windsor Locks):

I-91 North to I-84 West. Follow directions from I-84 West at left.

From I-84 West (toward Hartford/ Waterbury):

I-84 West to exit 48 (Asylum Avenue). Take a wide right turn off of exit onto Asylum Avenue. Immediately bear left onto Farmington Avenue. Follow Farmington to the second light. Take a left onto Flower Street. Follow to Capitol Avenue. Go straight across Capitol Avenue onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

Rensselaer Hartford Campus

275 Windsor Street
Hartford, CT. 06120-2991
860.548.2400

I-84 East from West Hartford:

Take Exit 50 (Main Street).
Left onto Trumbull Street.
Cross Main Street at light.
Left onto Windsor Street.

I-84 West From East Hartford:

Take Exit 50 (Main Street)
Right onto Market Street.
First left onto Trumbull Street.
Next right onto Windsor Street.

I-91 South From Springfield:

Take Exit 32B (Trumbull Street).
Take second right onto Windsor Street.

I-91 North From New Haven:

Take Exit 32B (Trumbull Street).
Take second right onto Windsor Street.

From Route 2:

Take Exit 2W for I-84 West and I-91 North. Take Exit 50. Right onto Market Street. First left onto Trumbull Street. Next right onto Windsor Street.

Parking

Free parking is available to Rensselaer students and daytime seminar/class attendees in the parking garage adjacent to the tower building. Other visitors will be directed to the visitors' area of the surface lot, also adjacent to the tower building.

For more information

go to www.womensconsortium.org or

call 203.498.4184 ext. 30



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