

OCTOBER

NOVEMBER

DECEMBER

# Fall 06

# Training

CALENDAR



*Presented by:*



The Connecticut  
Women's Consortium

*Improving Behavioral Health Services for Women*

*The Connecticut Women's Consortium is a statewide policy, training and advocacy organization specializing in women's behavioral health.*

September 2006

**DEAR COLLEAGUES:**



The Connecticut Women's Consortium, Inc., a statewide policy, training and advocacy organization specializing in women's behavioral health, is pleased to present our Fall 2006 training catalogue. This catalogue is a reflection of our commitment to those direct service staff who work with women who are trying to find their own pathway to recovery.

In support of the work being done through the Department of Mental Health and Addiction Service's (DMHAS) Women's Services Practice Improvement Collaborative (WSPIC) and their Trauma Center for Excellence, we continue to provide a series of gender specific, trauma informed and multi-cultural perspective workshops to assist direct service staff. A few of our trainers are from out of state, but most of the trainers are our colleagues here in Connecticut who have extensive experience in working within Connecticut's service system and are skilled trainers.

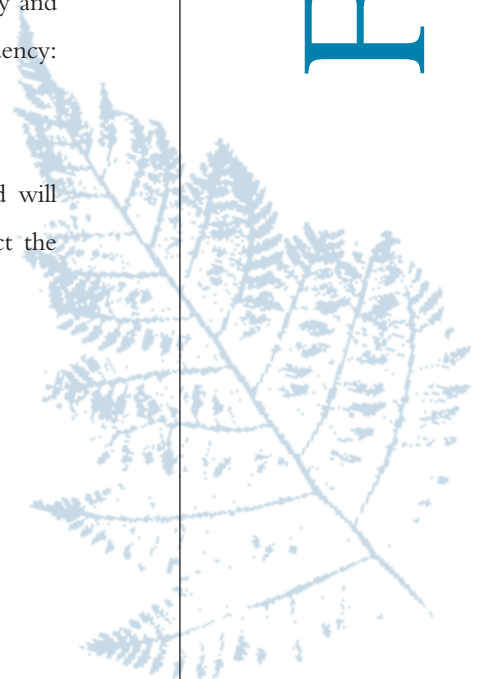
This fall we also bring back the topic of spirituality as it relates to women in recovery and move into the area of social justice in the substance abuse field with Chemical Dependency: Creating an Inclusive and Social Justice Treatment Model.

We hope that these workshops provide you with a fresh, enriching perspective and will be useful in your work with women. Should you have any questions, please contact the Consortium at 203.498.4184 ext 30. We send our best to all of you.

Sincerely,

Cinda Cash  
*Acting Executive Director*

Fall 06



# Registration Information

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## Send registration form

Return completed registration form(s) and check(s) to The Connecticut Women's Consortium. The one page registration form and check can be mailed to:

**The Connecticut Women's Consortium**  
**205 Whitney Avenue**  
**New Haven, CT 06511**

The registration form can also be faxed to the Consortium at 203.498.4189.

*NOTE: Registrations that are faxed will be considered incomplete until the registration fee is received.*

## Training fees

Training fees are either \$20 or \$30; some workshops are available at no charge. All Department of Mental Health and Addiction Services (DMHAS) employees receive a 50 percent discount on trainings in this calendar. Fees are required with the submission of your registration or prior to the day of the training if your registration is faxed. Make checks payable to the Connecticut Women's Consortium. We are also requesting that you bring one non-perishable food item to each training session you attend. **The Consortium is unable to accept credit cards for payment of trainings.**

## Notification of acceptance into trainings

Those who submit a completed registration form and fee by the deadline date will receive their acceptance by mail at least one week prior to the training. If a training is full and/or registrations are received after the deadline date, registrants will be put on a waiting list and notified via mail or e-mail.

## Waiting list policy

If you are put on a waiting list for a training and there are no available slots or future dates for the same training, your money will be refunded or, at your request, will be applied to another training.

## Continuing Education Credits/Certificate of Attendance policy

Sign-in begins one half hour before the start of the training session. It is each participant's responsibility to sign in at the beginning of the session and to sign out at the end of the day. The CT Women's Consortium has applied for Continuing Education Credits (CECs) from National Association of Social Workers, CT Certification Board, and the CT Association of Marriage & Family Therapists. According to the rules of the agencies granting CEUs, participants must sign in and out in order to be eligible for Continuing Education Credits or Certification of Attendance.

In order to receive continuing education units/credits, participants are expected to attend the entire training session. Because certificates are given only for actual time of workshop participation — which must be 85 percent or more of the session — a participant who must miss a portion of a training must still attend at least 85 percent of it in order to receive any credit.

## No-show policy

If you are not able to attend a session for which you registered, please call us at 203.498.4184 ext. 30 at least seven (7) days prior to the training to either (1) transfer your registration to someone else in your agency OR (2) request a partial refund (75% of cost) — participants paying a reduced fee will not receive a refund. Cancellations less than seven (7) days prior to the training, or no-shows will not receive refunds. Please keep in mind that registrants who make last minute, non-emergency cancellations prevent others from attending.

## If we have to cancel

In the event of a change or cancellation, you will be notified by mail, e-mail or telephone. If severe weather is occurring or predicted, call 203.498.4184 after 7:00 a.m. on the day of the training for a recorded announcement. Remember that severe weather in any part of the state may be cause for a cancellation.

# Training Sessions

October 2006

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
GS101-A	<b>Gender Specific Training for Direct Service Staff (Part 1)</b>	Thursday October 12	The deKoven House, Middletown, CT	<i>Alyssa Benedict, MPH</i>	\$30	10
GS101-B	<b>Gender Specific Training for Direct Service Staff (Part 2)</b>  This one and a-half day training on gender-specific programming for females will provide participants with: an introduction to female psychosocial development; the concept of and need for gender-specific programming (including female development and females' pathways into the system); practical information on effective interventions with women; best practices in gender-specific programming; and essential components of gender-responsive programs.	8:30 - 4:00  and  Friday October 13  8:30 - 12:45				
TR809	<b>Trauma-Informed Addictions Treatment</b>  This training is for addiction counselors who work with individuals who suffer from trauma (past or current). It provides the counselors with specific intervention techniques that can be used in group or individual settings.	Wednesday October 18  8:30 - 4:00	The Lyceum, Hartford, CT	<i>Lori Beyer, MSW, MSWAC, LCSW</i>	\$20	6
TR804	<b>Understanding Trauma and Creating Trauma-Informed Behavioral Health Systems</b>  Basic trauma training for all agency personnel, designed to give an overview of trauma and its effects on women and explore the correlation between trauma, mental health and substance abuse. This training will also provide participants with tools to create an environment that is safe and trauma-sensitive for clients.	Friday October 27  8:30 - 4:00	The Burroughs Community Center, Bridgeport, CT	<i>Eileen Russo, MA</i>	\$20	6

## November 2006

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR805	<p><b>Self-Care for Direct Service Workers (Vicarious Trauma)</b></p> <p>This training focuses on the emotional strain of working in the addiction/mental health field and its effect on our personal and professional lives. Stresses the importance of self-care for the direct service worker.</p>	<p>Thursday November 2</p> <p>8:30 - 12:45</p>	<p>The Burroughs Community Center, Bridgeport, CT</p>	<p><i>Eileen Russo, MA</i></p>	\$20	4
MC318	<p><b>Chemical Dependency: Creating an Inclusive and Social Justice Treatment Model</b></p> <p>The training will focus on the importance of having a power analysis as it relates to group oppression and chemical dependency treatment and prevention and will explore the correlation between domestic violence and the effects of chemical dependency on African-American women and the Latino/a community. Over the course of this one and a half day training, participants will have the opportunity to attend workshops on:</p> <ul style="list-style-type: none"> <li>• Spirituality and the African-American Woman</li> <li>• Chemical Dependency and the Latin Community</li> <li>• Chemical Dependency and Domestic Violence</li> </ul>	<p>Thursday November 16</p> <p>9:00 - 4:00</p> <p>and</p> <p>Friday November 17</p> <p>9:00 - 12:15</p>	<p>The Lyceum, Hartford, CT</p>	<p><i>Anthony Porter, BS, CASAC</i></p> <p><i>Katurah Bryant, RN, LMFT LADC, CCS</i></p> <p><i>Asher Delorme, MS, LADC, CCS</i></p>	\$30	8
LE501	<p><b>Understanding the Parental Rights of Parents with Behavioral Health Issues</b></p> <p>We often presume that illness or addiction is an absolute barrier to an individual's asserting any parental rights. This training examines the roles of providers in promoting and protecting the parental rights of persons they serve. Participants will examine legal issues, standards and procedures that can help facilitate treatment, prevention, and interaction with parents with behavioral health issues.</p>	<p>Tuesday November 28</p> <p>9:00 - 12:00</p>	<p>The Burroughs Community Center, Bridgeport, CT</p>	<p><i>Pat Kaplan, JD</i></p> <p><i>Jan VanTassel, JD</i></p>	free	0

# Training Sessions *(continued)*

## December 2006

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
RE 901	<p><b>Role of Spirituality in Recovery for Women</b></p> <p>This training will clarify the distinction between religion and spirituality, and examine the roles they play for women in recovery from substance abuse as well as those with mental health issues. The use of spiritual resources will be addressed in a way that does not focus on “perfection.” Participants will increase their comfort with integrating spirituality into treatment milieus for women. The training will also outline some resources available in the spiritual community.</p>	<p>Friday December 1 9:00 – 12:30</p>	<p>The Jewish Community Center of Greater New Haven, Woodbridge, CT</p>	<p><i>Marcus McKinney, D. Min, LPC</i></p>	\$20	3.5
MC314	<p><b>Behavioral Health Issues for Women: A Multicultural Perspective</b></p> <p>This training will explore the impact of multicultural issues in case management and clinical work and help participants develop an understanding of the needs of women of color. Participants will discuss the mental health needs and norms of groups including Native-American, African American, Latino/a, Asian American and White clients and will develop a multicultural infrastructure that will attract and maintain a diverse client base reflective of the women in their communities.</p>	<p>Monday December 4 9:00 - 4:30</p>	<p>The CT Women’s Consortium, New Haven, CT</p>	<p><i>Carol Huckaby, MACP</i></p>	\$20	6
LE502	<p><b>Navigating the Medicaid System: Understanding Eligibility &amp; Services</b></p> <p>Topics include: basic eligibility rules for Medicaid and SAGA; what services are covered; how services are delivered; what can be done if eligibility or services are denied and resources available for clients having problems obtaining coverage or benefits.</p>	<p>Monday December 11 9:00 - 12:00</p>	<p>The CT Women’s Consortium, New Haven, CT</p>	<p><i>Sharon Langer, JD</i></p>	free	0

# Trainer Biographies

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**Alyssa Benedict, MPH** is the founder and executive director of CORE Associates, LLC (Creating Opportunities through Research and Education) and provides training and technical assistance in the assessment, development, implementation, and evaluation of gender-specific services/interventions to agencies, programs, institutions and systems. Benedict has worked with multiple private agencies and state departments that serve adolescent and adult females and is a national consultant for the Office of Juvenile Justice and Delinquency Prevention, the national Institute of Corrections, the Substance Abuse and Mental Health Services Administration, and other entities. She consults to various task forces working to enhance services for girls and women and has been a featured presenter at several national and regional conferences.

**Lori Beyer, MSW, MSWAC, LCSW** a trauma clinician and trainer at Community Connections, trains clinicians nationwide on issues related to trauma in the lives of women with mental illness and substance addiction. Beyer has over 10 years of experience working with homeless adults who are dually diagnosed with serious mental illness and substance abuse disorders. She is a member of the Community Connections Trauma Work Group which developed the Trauma Recovery and Empowerment Model (TREM). Beyer has co-lead group treatment interventions in trauma recovery and empowerment, parenting skills, and domestic violence at both Community Connections and at the Maryland Correctional Institution for Women.

**Katurah Bryant, RN, LMFT, LADC, CCS** a trainer and consultant, is on staff as supervisor of triage and evaluation, lead nurse clinician at Connecticut Mental Health Center-Substance Abuse Treatment Unit in New Haven, CT. She is also an adjunct faculty member at Southern Connecticut State University (SCSU) and Gateway Technical Community College, clinical supervisor for SCSU, and has presented classes for the Master of Family Therapy and Master of Social Work Programs at SCSU and Yale University School of Nursing. Bryant has also provided training in the areas of diversity, substance abuse, and protocol for Camden, NJ public schools, state of Connecticut Department of Mental Health and Addiction Services, Department of Public Health, Brown University, and numerous other venues.

**Asher Delerme, MS, LADC, CCS** is the executive director and clinical supervisor for the Chemical Abuse Services Agency (CASA) in New Haven and Bridgeport, CT and a trainer and consultant. He is a licensed drug and alcohol counselor, certified clinical supervisor, and a case presentation methods evaluator with the Connecticut Certification Board. For the past seven years, Delerme has been exploring the powerful connection between human development, the arts and learning. His cumulative knowledge in psychosocial development and the ethnomusicology of African, Caribbean, and Jazz musical genres provide him with a unique training perspective in music education, multicultural issues, and behavioral health.

**Carol Huckaby, MACP** has been director of education and training at The CT Women's Consortium in New Haven since 2002. Previously, she was the director of program operations for a welfare to work program at the Connecticut Council of Family Service Agencies. Huckaby has over 30 years of experience training adults in areas including: consumer relations; cultural diversity; employment readiness and job skills; assessing mental health and substance abuse barriers among low-income women; and strength-based assessment and treatment. She is an adjunct professor at Albertus Magnus College in New Haven, CT, where she teaches Community Psychology and Ethnic and Gender Issues in Mental Health.

**Pat Kaplan, JD**, a family/child lawyer for 26 years, is executive director of New Haven Legal Assistance Association, Inc. (NHLAA). Kaplan has been a consultant in the Coordinating Council for Children in Crisis in New Haven and the Parent-Child Resource Center in Shelton and is currently retained counsel for The Connecticut Women's Education & Legal Fund (CWEALF). She was a member of the APT Foundation, Inc. (Addiction Prevention Treatment) board for 12 years. In her work as a family/child law advocate at NHLAA, she has represented numerous clients with behavioral health issues.

**Sharon Langer, JD** has for the past 20 years been an attorney in the New Britain office of Connecticut Legal Services, Inc., (CLS) an independent, non-profit agency providing free civil legal services to low-income individuals and families. She has extensive experience in Medicaid, welfare, unemployment compensation and employment law, as well as in lobbying on matters affecting low-income citizens. She also has extensive experience in developing legal education materials, and conducting outreach and training for legal staff, client groups, and social service providers. From 1999 to 2004 Langer was a member of the Employment Security Advisory Board which advises the Department of Labor on unemployment compensation matters. She is also a member of the board of directors of Foodshare, and was a member of the Health Advisory of the Headstart Program of the Human Resource Agency of New Britain.

**Marcus M. McKinney, D.Min, LPC** is director of pastoral counseling at Saint Francis Hospital and Medical Center in Hartford, where he has worked for over two decades. He is an assistant professor of psychiatry at the University of Connecticut School of Medicine in Farmington and adjunct professor at Hartford Seminary. Most of his work involves teaching and research. His mentor is Thomas Moore, author of the best selling *Care of the Soul*. He lives with his wife and children in South Windsor, CT.

**Anthony Porter, BS, CASAC** is the co-founder of A Call to Men: The National Association of Men and Women Committed to Ending Violence Against Women. Porter is a nationally known speaker on male accountability for ending violence against women, analyzing and focusing on the problems of sexism, sexual assault, domestic violence, sexual harassment and all forms of violence against women. He is the former director of addiction services for Nyack Hospital, Project Director for Rockland County Incarcerated Parents Project and a faculty member for New York State Office of Alcohol and Substance Abuse Services Academy of Addiction Studies where he co-authored their curriculum for work with chemically dependent African-Americans.

**Eileen M. Russo, MA, LADC**, has worked in the addiction and mental health fields for the past 20 years. Her experience includes serving as the clinical director for programs that serve clients with mental health and/or substance use disorders. Russo has been involved with the Connecticut Trauma Initiative for the past five years as a clinical consultant and trainer, specializing in the TARGET protocol and trauma-informed care. She is currently the clinical director for Connecticut Renaissance's residential treatment programs and is the trainer and consultant for the Department of Mental Health and Addiction Services' (DMHAS) Trauma Center of Excellence. She has also served as an instructor with the University of Connecticut Health Center, Department of Psychiatry, and is currently a part-time faculty member at the University of Bridgeport.

**Jan VanTassel, JD** is a public interest attorney with over 26 years of experience, including six years with the Medicaid Division of the state Department of Social Services, developing home and community-based service waivers and implementing the pre-admission screening program. She is the executive director of the Connecticut Legal Rights Project, Inc., which represents low income adults with psychiatric disabilities on matters related to treatment and civil rights. Van Tassel founded and co-chairs the "Keep the Promise" Coalition, recognized for its advocacy on behalf of persons with psychiatric disabilities. She collaborates with community-based organizations and serves on several non-profit boards including the Americans with Disabilities Act Coalition and the United Labor Agency.



# Directions

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## The Connecticut Women's Consortium

205 Whitney Avenue  
New Haven, CT 06511  
203.498.4184

*(across from the Peabody Museum)*

### From the north:

Take I-91 Southbound to exit 4. At the end of the exit ramp turn right onto Humphrey Street. Proceed across State and Orange Streets to Whitney Avenue. Turn left onto Whitney Avenue. #205 is on the left side of the street. Continue past #205 and #199 ("The Orthopaedic Group"), to the driveway signed "New Haven Lawn Club."

### From the shoreline and I-95 south:

Take I-95 to I-91 northbound to exit 3. At the light, continue straight across Orange Street. At the next light, turn right onto Whitney Avenue. #205 is on the right side of the street. Just past the Yale Information Systems building, turn into the driveway signed "New Haven Lawn Club" (between yellow post located on either side of the driveway) one building before #205.

### Parking and entering the building.

Parking is at the rear of the building. From the driveway signed "New Haven Lawn Club" proceed to the guardhouse; turn left and park against the fence on your left or any space marked with the letter "R". Follow the walkway located between the two buildings (#199 & #205). Take a right and enter through the front door at street level. **Do not enter the 2nd floor from outside the building!** Take the stairs (or elevator) to the 2nd floor. Go through first set of doors, take a left, go down the hallway and ring the bell located to the left of the door.

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## The Burroughs Community Center

2470 Fairfield Avenue  
Bridgeport, CT 06605  
203.334.0293

### From New York, Stamford:

Take I-95 to Exit 25 "State Street" Stay to right of ramp Make a left at stop sign at bottom of ramp go to the first light (McDonald's is on the right) Make a right onto Fairfield Avenue Burroughs is approximately .5 miles ahead on your right on the corner of Ellsworth Street

### From New Haven, Hartford, and New London

Take I-95 South to Exit 25 "State Street" Make a left at stop sign at bottom of ramp onto Fairfield Avenue Burroughs is approximately .5 miles ahead on your right on the corner of Ellsworth Street

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## The deKoven House

27 Washington Street  
Middletown, CT 06457  
860.347.0340

*Note: Parking is only available in the municipal lot just south of the deKoven House off deKoven Drive.*

### From New Haven and points south:

I-91 North to Route 66 East. Stay on Route 66 (Washington Street) all the way into Middletown. You will pass building on the Wesleyan University campus and shortly after will come to a large intersection (with a light) that is Main Street. Cross over Main Street and turn into Piazza Melilli Municipal parking lot and park. The deKoven House, a brick mansion, is just to the east on the right, before the Route 9 intersection.

### From Hartford and points north:

I-91 South to Route 9 South (to Cromwell and Middletown). Get off at Exit 15 (Wesleyan University and Washington Street Exit). The deKoven House is immediately on your left past the railroad tracks. Park in the Piazza Melilli Municipal Parking lot immediately past the deKoven House on the left.

### From Old Saybrook and points southeast:

Take Route 9 North. Take left hand Exit 15. The deKoven House is immediately on your left past the railroad tracks. Park in the Piazza Melilli Municipal Parking lot immediately past the deKoven House on your left.

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## **The Jewish Community Center of Greater New Haven**

360 Amity Road  
Woodbridge, CT 06525  
203.387.2522

### **From New Haven area:**

Follow Route 69 (Whalley Avenue) to Amity Road (Route 63). Bear left at the Mobil gas station to go from Whalley Avenue to Amity Road. Go pass the Amity Shopping Center. Go up the hill, pass the blinking light to the traffic light. Turn left at the traffic light into the Jewish Community Center driveway. Follow driveway to parking area.

### **From I-95 North (New London) toward New Haven:**

Take I-95 South to Exit 47 (CT-34, Downtown New Haven). Take the 3rd Exit, which is the last one, to No. Frontage Road. Go to the end of No. Frontage Road and turn right onto Ella Grasso Boulevard. At the sixth light, turn left onto Whalley Avenue. Follow Route 69 (Whalley Avenue) to Amity Road (Route 63). Bear left at the Mobil gas station to go from Whalley Avenue to Amity Road. Go pass the Amity Shopping Center. Go up the hill, pass the blinking light to the traffic light. Turn left at the traffic light into the Jewish Community Center driveway. Follow driveway to parking area.

### **From Route 8 North:**

Take Exit 22 at Seymour/Woodbridge (Route 67). Bear left at the end of the ramp. Follow signs to Woodbridge (Route 67). Travel approximately three miles to the end of Route 67. At stop sign, turn right onto Route 63 South. Travel three miles, at second traffic light, turn right into the Jewish Community Center driveway. Follow driveway to parking area.

### **From I-95 South (Norwalk) – toward New Haven:**

Take I-95 North to Exit 38, which is the connector to Route 15. Stay in the right lane and take Exit to 15 North (the Wilbur Cross Parkway). Travel on Route 15 North to Exit 59. At the end of the Exit ramp, turn left. At fourth traffic light, turn left onto Lucy Street and at next traffic light, turn right onto Amity Road. Go up the hill, pass the blinking light to the traffic light. Turn left at the traffic light into the Jewish Community Center driveway. Follow driveway to parking area.

### **From I-91 North (Hartford) – toward New Haven:**

Take I-91 South to Exit 17, which is the connector to Route 15 South (the Wilbur Cross Parkway). Stay on Route 15 South to Exit 59. At the end of the Exit ramp, turn left. At the second light, turn left onto Lucy Street. At next traffic light, turn right onto Amity Road. Go up the hill, pass the blinking light to the traffic light. Turn left at the traffic light into the Jewish Community Center driveway. Follow driveway to parking area.

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## **The Lyceum**

227 Lawrence Street  
Hartford, CT 06106  
860.244.0077

### **From I-84 East (towards Boston):**

I-84 East to exit 48-B (Capitol Avenue). Take a right at the end of the exit onto Capitol Avenue. Follow Capitol Avenue to the third traffic light. Take a left onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

### **From I-84 West (toward Hartford/Waterbury):**

I-84 West to exit 48 (Asylum Avenue). Take a wide right turn off of exit onto Asylum Avenue. Immediately bear left onto Farmington Avenue. Follow Farmington to the second light. Take a left onto Flower Street. Follow to Capitol Avenue. Go straight across Capitol Avenue onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

### **From I-91 south (toward New Haven):**

I-91 South to I-84 West. Follow directions from I-84 West at left.

### **From I-91 north (toward Windsor Locks):**

I-91 North to I-84 West. Follow directions from I-84 West at left.



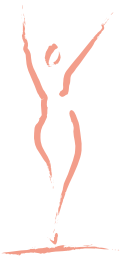
For more information

go to [www.womensconsortium.org](http://www.womensconsortium.org) or

call 203.498.4184 ext. 30



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The Connecticut  
Women's Consortium

*Improving Behavioral Health Services for Women*

205 Whitney Avenue  
New Haven, CT 06511

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Training

CALENDAR