

CONNECTICUT WOMEN'S CONSORTIUM

Training

CALENDAR

JANUARY

FEBRUARY

MARCH

APRIL

MAY

JUNE

Winter Spring 05



Presented by:

The Connecticut Women's Consortium

Funding from:

*The Connecticut Department of
Mental Health and Addiction Services*

January 2005

DEAR COLLEAGUES:

The Connecticut Women's Consortium, a statewide policy, training and advocacy organization specializing in women's behavioral health, is pleased to present our winter/spring 2005 training catalogue. This catalogue includes information on training sessions, presenter biographies, a registration form and directions to training sites.

In addition to bringing back well-received sessions, we are pleased to present a number of new workshops and trainers. Some of the new sessions expand the scope of basic core issues, such as gender responsiveness and trauma sensitivity; others target new areas, such as problem gambling, the impact of stigma, and domestic violence and women with disabilities.

As with the fall trainings, all the sessions listed in this catalogue further the goals of the Department of Mental Health and Addiction Services' Recovery Initiative and its new Women's Services Practice Improvement Collaborative, designed to create a best practice system of care for women, supported by system-level policies and standards and program-level practices. Both initiatives reinforce the Consortium's work of ensuring that programs that serve women are gender responsive, trauma informed and culturally sensitive.

In addition to offering these trainings, the Consortium is working on a day and a half symposium to be offered this spring on strategies for delivering culturally aware and gender sensitive behavioral health services. Watch for more information.

We look forward to seeing you at our winter and spring trainings. If you have any questions, please contact the Consortium at 203.498.4184 ext. 30.

Sincerely,
Marijane Carey, *Executive Director*



Winter/Spring 05

Training Registration Form

Please print clearly or type: Applications must be legible and complete to be processed.

Participant information

- DMHAS State Employee
 Other State Employee _____
 DMHAS Funded Agency Employee
 Other _____

Last Name	First	Middle Initial	

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Social Security Number (Required to receive Continuing Education Units)

Functional Job Title _____

Agency Name _____

Address _____
Street
City
State
Zip

Work Telephone _____ Work FAX _____ E-mail Address _____

Circle your certification/licensure

Circle your highest degree

- APRN • CADAC • LMFT • LADC • LPN • LPN
 RN • LCSW • LPC • Other _____
- AA • AS • BA • BS • BSN • BSW • MA • MS • MSN
 MBA • MD • MFT • MSW • PHD • PSYD • Other _____

Check certificate desired

- ATT - Certificate of Attendance
 NASW/CT- National Association of Social Workers
 CCB – CT Certification Board
 MFT – Marriage and Family Therapist

Session information

Code No.	Session Title	Dates	Course Fee	CECs
Total Fees				

Payment of course fees are required with submission of registration form or at least seven (7) days prior to training.

Do you need specialized services? YES NO Please list services needed _____

Signature _____ Date _____

Please return this registration form to:

Training Department
 The Connecticut Women's Consortium
 205 Whitney Ave.
 New Haven, CT 06511

Fax 203.498.4189
 Phone 203.498.4184 Ext. 30 or 33

cut here

Registration Information

Send registration form

Return completed registration form(s) and check(s) to The Connecticut Women's Consortium. The one page registration form and check can be mailed to:

The Connecticut Women's Consortium
205 Whitney Avenue
New Haven, CT 06511

The registration form can also be faxed to the Consortium at 203.498.4189.

NOTE: Registrations that are faxed will be considered incomplete until the registration fee is received.

Training fees

Training fees range from \$15.00 - \$25.00 per training and are noted on the registration form under A. Course Information. Fees are required with the submission of your registration or prior to the day of the training if your registration is faxed. Make checks payable to The Connecticut Women's Consortium. We are also requesting that each workshop participant bring one non-perishable food item to the training.

Notification of acceptance into trainings

Those who submit a completed registration form and fee by the deadline date will receive their acceptance by mail at least one week prior to the training. If training is full and/or registrations are received after the deadline date, registrants will be put on a waiting list and notified via mail.

Waiting list policy

If you are put on a waiting list for a training and there are no available slots or future dates for the same training, your money will be refunded or, at your request, will be applied to another training.

Continuing Education Credits/Certificate of Attendance policy

Sign in begins one half hour before the start of the training session. It is each participant's responsibility to sign-in at the beginning of the session and to sign-out at the end of the day. The CT Women's Consortium has applied for Continuing Education Credits (CECs) from National Association of Social Workers, CT Certification Board, and the CT Association of Marriage & Family Therapists. According to the rules of the agencies granting CEUs, participants must sign in and out in order to be eligible for Continuing Education Credits or Certification of Attendance.

In order to receive continuing education units/credits, participants are expected to attend the entire training session. Because certificates are given only for actual time of workshop participation — which must be 85 percent or more of the session — a participant who must miss a portion of a training must still attend at least 85 percent of it in order to receive any credit.

If the first day of a multi-day training needs to be missed, call The CT Women's Consortium so that a determination can be made regarding attendance at the remaining sessions.

No-show policy

If you are not able to attend a session for which you registered, call us (203.498.4184 ext. 30) at least seven (7) days prior to the training either to (1) transfer your registration to someone else in your agency OR (2) to request a partial refund (\$10 for \$15 fee and \$17.50 for a \$25 fee). Cancellations less than seven days prior to the training, or no-shows, will not receive refunds. Please keep in mind that registrants who make last minute, non-emergency cancellations prevent others from attending. *Failure to cancel a registration within this time frame jeopardizes acceptance into other trainings listed in this calendar.*

If we have to cancel

In the event of a change or cancellation, you will be notified by mail, e-mail or telephone. If severe weather is occurring or predicted, call 203.498.4184 after 7:00 a.m. on the day of the training for a recorded announcement. Remember that severe weather in any part of the state may be cause for a cancellation.

Training Sessions

January 2005

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
LS401	<p>Women and Homelessness</p> <p>Do you work with women in a neighborhood agency, a religious congregation, or a treatment center and find your time and energy consumed trying to locate support services and places to live? This training will provide in-depth information and practical suggestions on helping women clients who are homeless or at risk of homelessness.</p>	<p>Thursday January 27</p> <p>8:30 - 3:30</p>	<p>The Lyceum, Hartford, CT</p>	<p><i>Donna Aligata, RNC</i></p> <p><i>Betsy Crum, MBA</i></p>	\$15	6

Information for the January session has already been mailed.

February 2005

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR802	<p>Risking Connection: Understanding and Working with Complex Trauma</p> <p>This workshop will introduce the concept of complex trauma and present a model for working effectively with trauma survivors. This model, outlined in <i>Risking Connection: A Training Curriculum for Working with Survivors of Childhood Abuse</i>, (Saakvitne, Gamble, Pearlman, & Lev, 2000) provides a framework for working with adult survivors of traumatic events, including sexual, physical, and emotional abuse, neglect, and family violence.</p>	<p>Friday February 25</p> <p>9:00 - 4:00</p>	<p>The Lyceum, Hartford, CT</p>	<p><i>Kathleen Garnet, PhD</i></p>	\$20	5.5
MC310	<p>Stigma Training - Part I</p> <p>The first part of this two-part series will focus on the impact of stigma on consumers of mental health and addiction treatment, with special attention given to the unique and often complex stigmatizing impact of these processes upon women and minority group members. Includes specific stigma reduction strategies participants can use to explore these issues in their agencies and communities. Part II is scheduled for April 18.</p>	<p>Monday February 28</p> <p>9:00 - 4:00</p>	<p>The Women's Consortium, New Haven, CT</p>	<p><i>Marshall Rosier, MS</i></p>	\$25	5.5

March 2005

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
LE502	<p>Navigating the Medicaid System: Understanding Eligibility and Services</p> <p>Topics include: basic eligibility rules for Medicaid and SAGA; what services are covered; how services are delivered; what can be done if eligibility or services are denied; resources available for clients having problems obtaining coverage or benefits</p>	<p>Friday March 4</p> <p>9:00 - 12:00</p>	The Lyceum, Hartford, CT	<i>Sharon Langer, JD</i>	free	0
TR801	<p>Foundations of Trauma for Direct Service Staff</p> <p>This introductory training for direct service providers gives an overview of trauma and its effects on women and explores the relationship between trauma, mental health and substance abuse. Includes brief intervention techniques for non-clinical staff.</p>	<p>Monday March 7</p> <p>9:00 - 4:30</p>	The Women's Consortium, New Haven, CT	<i>Laurie Markoff, PhD</i>	\$15	5.5
DV603	<p>Principles of Effective Batterer Intervention</p> <p>Introduction to basic concepts associated with batterer accountability and intervention. Topics include: profile of a batterer; importance of anchoring batterer interventions in an understanding of the safety and self-determination needs of victims and their children; and batterers as fathers.</p>	<p>Friday March 18</p> <p>8:30 - 3:30</p>	The deKoven House, Middletown, CT	<i>David Mandell, MA</i>	\$15	5.5
LE501	<p>Understanding the Parental Rights of Parents with Behavioral Health Issues</p> <p>We often presume that illness or addiction is an absolute barrier to asserting any parental rights. This training examines the roles of providers in promoting and protecting the parental rights of persons they serve. Participants will examine legal issues, standards and procedures that can help facilitate treatment, prevention, and interaction with parents with behavioral health issues.</p>	<p>Monday March 21</p> <p>9:00 - 12:00</p>	The Women's Consortium, New Haven, CT	<i>Pat Kaplan, JD</i> <i>Jan Van Tassel, JD</i>	free	0

April 2005

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
GA701	<p>Problem Gambling</p> <p>A “hands-on” training designed for experienced clinical therapists working with substance abusers, sex or food addicts, and/or the chronically mentally ill. Participants will learn about the challenges that problem gambling poses for this often hidden population, as well as how to treat these problems when they occur.</p>	<p>Friday April 1</p> <p>9:00 - 3:30</p>	<p>Chapman Hall, Middlesex College, Middletown, CT</p>	<p><i>Johanna Franklin, MS</i></p> <p><i>Mary Lou Costanzo, MSW, LCSW</i></p> <p><i>Susan D. McLaughlin, M.P.A.</i></p>	\$20	5
DV602	<p>Becoming Visible: A Rights-Bearing Perspective on Women with Disabilities</p> <p>Participants will be invited to look beyond the stereotypes of women with disabilities, and will use interactive activities to “try on” some new ideas about disability. Topics will include: parenting, sexuality and the compounded impact of sexism and ableism. We will also discuss appropriate language and etiquette, with the goal of increasing participants’ comfort with people with disabilities. Come prepared to learn, laugh, and increase your awareness.</p>	<p>Monday April 11</p> <p>8:30 - 12:30</p>	<p>The Women’s Consortium, New Haven, CT</p>	<p><i>Melissa Marshall, JD</i></p>	\$15	4
MC310	<p>Stigma Training Part II: Follow-up</p> <p>The second part of this training will review outcomes of strategies implemented and lessons learned. Participants will be given an introduction to technology transfer process and how it can assist agencies in implementing and sustaining desired change in reducing stigma. <i>Participants must attend the first day of this training (February 28) to participate in the follow-up.</i></p>	<p>Monday April 18</p> <p>8:30 - 12:30</p>	<p>The Women’s Consortium, New Haven, CT</p>	<p><i>Marshall Rosier, MS</i></p>	—	4
LS402	<p>Recovery for Women with Behavioral Health Issues: a Christian Perspective</p> <p>Because the term “spirituality” has different meanings for different people, clinicians may feel uncomfortable incorporating spirituality within the treatment setting. Participants will explore the relationship and contrast between recovery and spirituality through the lens of a Christian belief system and will review a case study to help develop methods for integrating spirituality into addiction treatment.</p>	<p>Thursday April 21</p> <p>8:30 - 12:30</p>	<p>ACES, Hamden, CT</p>	<p><i>Valerie Leal</i></p>	\$15	4

May 2005

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
GA104	<p>Gender Specific Issues in Behavioral Health Treatment</p> <p>Treatment based on the particular experiences and needs of women is comprehensive, trauma informed, strength based, and includes a focus on relationships, including parenting. This interactive workshop is appropriate for mental health and substance abuse staff.</p>	<p>Tuesday May 10</p> <p>8:30 - 4:00</p>	The Lyceum, Hartford, CT	<i>Terri Bogage, LICSW</i>	\$15	5.5
LE502	<p>Navigating the Medicaid System — Understanding Eligibility and Services</p> <p>Topics include: basic eligibility rules for Medicaid and SAGA; what services are covered; how services are delivered; what can be done if eligibility or services are denied; resources available for clients having problems obtaining coverage or benefits.</p>	<p>Friday May 13</p> <p>9:00 - 12:00</p>	ACES, Hamden, CT	<i>Sharon Langer, JD</i>	free	0
LE501	<p>Understanding the Parental Rights of Parents with Behavioral Health Issues</p> <p>We often presume that illness or addiction is an absolute barrier to asserting any parental rights. This training examines the roles of providers in promoting and protecting the parental rights of persons they serve. Participants will examine legal issues, standards and procedures that can help facilitate treatment, prevention and interaction with parents with behavioral health issues.</p>	<p>Tuesday May 24</p> <p>9:00 - 12:00</p>	The deKoven House, Middletown, CT	<i>Pat Kaplan, JD Jan Van Tassel, JD</i>	free	0

June 2005

CODE	SESSION	DATE/TIME	LOCATION	TRAINER(S)	FEE	CECs
TR803	<p>Trauma-Informed and Trauma-Specific Treatment</p> <p>An experiential and interactive training, providing an overview of trauma and trauma-informed treatment based on an understanding of the impact of violence on the lives of survivors. Includes a list of curricula available for trauma-specific treatment.</p>	<p>Thursday June 16</p> <p>9:00 - 4:30</p>	ACES, Hamden, CT	<i>Laurie Markoff, PhD</i>	\$15	5.5

Trainer Biographies

Donna Aligata, RNC is president of Gold Cottage Industries LLC: Building and Sustaining the Community through Collaboration. Her consulting firm offers a professional services collaborative of “thinking partners” and associates for enhancing the health and well-being of communities. She has for the past 30 years, served as a resource for non-profit, private and public organizations, providing training, curriculum development, and behavioral health technical assistance. Past positions include director of development and COO for a national behavioral health training firm (ETP); director for SAMHSA’s Prison Technical Assistance and Training Project; director of “The Center” — the State of Connecticut’s Addiction Counselor Training Institute and Project, and director of the substance abuse and infectious disease Cross-Training Initiative. She has served for two years as a consultant facilitator for Homelessness Policy Academies.

Terri Bogage, LICSW is the family and children’s services coordinator at the Institute for Health and Recovery (IHR), a statewide policy, program/systems development, training, services and research organization in Cambridge, Massachusetts. She works with state agencies on the development of and support for family services in substance abuse treatment programs, supports coordination of child welfare policies and practices with substance abuse treatment, and facilitates cross-agency collaborations on children’s and family issues. She also oversees IHR’s Parent-Child Services component, addressing parenting and child development issues throughout the Massachusetts substance abuse treatment system. In addition, Bogage provides training on substance abuse, family and parent/child issues.

Mary Lou Costanzo, MSW, LCSW, is a licensed clinical social worker and a nationally certified gambling counselor. She has been working with gamblers and their families for the past twelve years and is currently employed as clinical social worker at State of Connecticut Problem Gambling Services in Middletown and New Haven. Previously, she was in private practice Community Health Care Plan and Yale Psychiatric Institute in New Haven, CT. Her focus is on helping individuals to become strong and resourceful in recovering from gambling addiction.

Betsy Crum, MBA is the associate director of the Corporation for Supportive Housing in New Haven, and directs CSH’s technical assistance delivery and supportive housing pilots initiative. Previously, she was the executive director for Co-op Initiatives, a nonprofit housing development and advocacy corporation. Crum has a background in strategic planning, finance, non-profit management and development of affordable housing and 23 years experience in housing and community development. She holds a degree in Urban Studies from the University of Connecticut and has received training from the Massachusetts Institute of Technology’s Center for Real Estate.



Joanna Franklin, MS has been the program manager for adult services at the Psychiatric Institute of Washington. Currently, she is the director of Network Development and training for Trimeridian Inc. Resources for Problem Gambling, which specializes in designing and implementing gambling treatment programs. Franklin has worked with state governments, the casino and racing industries, the FBI, CIA and the Pentagon. She has been involved in establishing the first gambling treatment program for active military and has given clinical presentations all over the U.S. and overseas. The author of numerous journal articles, she has also published two book chapters on family treatment, and adolescents and problem gambling. Franklin is co-chair of the National Gambling Counselor Certification Board, vice president of the Institute for Problem Gambling, president of the Maryland Council on Problem Gambling and on the Board of Directors of the National Council on Problem Gambling. She has won state and national awards for her work.

Kathleen E. Garnet, PhD, is a licensed psychologist and the clinical director at The Traumatic Stress Institute/Center for Adult and Adolescent Psychotherapy in South Windsor, CT. She specializes in psychotherapy with adult survivors of trauma. Her clinical interests also include relational approaches to psychotherapy, ethnocultural aspects of trauma, and forensic assessment in both civil and criminal matters. Her work with trauma survivors has led to an interest in dissociative disorders, and she offers supervision and consultation to other mental health professionals in the treatment of trauma and dissociation. Garnet has taught and presented nationally on the treatment of trauma survivors, vicarious traumatization, and self-care for those in the helping professions.

Pat Kaplan, JD, a family/child lawyer for 26 years, is executive director of New Haven Legal Assistance Association, Inc. (NHLAA). Kaplan has been a consultant in the Coordinating Council for Children in Crisis in New Haven and the Parent-Child Resource Center in Shelton and is currently retained counsel for The Connecticut Women's Education & Legal Fund (CWEALF). She was a member of the APT Foundation, Inc. (Addiction Prevention Treatment) board for 12 years. In her work as a family/child law advocate at NHLAA, she has represented numerous clients with behavioral health issues.

Sharon Langer, JD has for the past 20 years been an attorney in the New Britain office of Connecticut Legal Services, Inc., (CLS) an independent, non-profit agency providing free civil legal services to low-income individuals and families. She has extensive experience in Medicaid, welfare, unemployment compensation and employment law, as well as in lobbying on matters affecting low-income citizens. She also has extensive experience in developing legal education materials, and conducting outreach and training for legal staff, client groups, and social service providers. From 1999 to 2004 Langer was a member of the Employment Security Advisory Board which advises the Department of Labor on unemployment compensation matters. She is also a member of the Board of Directors of Foodshare, and was a member of the Health Advisory of the Headstart Program of the Human Resource Agency of New Britain.

Trainer Biographies (continued)

Valerie Leal, has over 20 years experience in the development of programs serving women and their families nationally and within the New England region and for the past 10 years has been the Women's Program Administrator for the Department of Mental Health and Addiction Services (DMHAS). In that role, she has overseen the development and management of gender specific programs for the department. She is also a minister of the Gospel, with a passion for the enhancement of the lives of women and children and a focus on the improvement of the health and well-being of families and communities.

David Mandel, MA is a co-founding partner in the Non-Violence Alliance, an organization specializing in batterer intervention. In addition to 16 years of direct service with perpetrators of domestic violence, Mandel writes, trains and consults nationally on batterer accountability and change. His current projects include developing batterer intervention strategies for child protection agencies, completing the analysis of a national study of batterers' perceptions of their children's exposure to their violence, consulting to Connecticut's Department of Corrections and developing a protocol for screening for batterers in medical settings. He recently completed a forty hour curriculum, entitled *Dedication*, which is being used to train all new batterer intervention providers in Texas. He has also written a curriculum for working fathers entitled *Being Connected* and co-authored a batterer intervention program manual. He co-authors and co-publishes a national newsletter, *Issues in Family Violence*.

Laurie, Markoff, PhD is the trauma integration specialist for the Institute for Health and Recovery in Cambridge, Massachusetts. She is also the Director of the Women Embracing Life and Living (WELL) Project, one of nine sites of the Substance Abuse and Mental Health Administration's Women, Co-Occurring Disorders and Violence study. In addition to providing both inpatient and outpatient substance abuse and mental health services, Markoff conducts trainings nationwide on topics such as women, families and substance abuse; women, co-occurring disorders and trauma; and substance abuse and domestic violence. She has experience with program development, program implementation, systems change and supervision, and has published numerous articles. In 2002, she conducted Substance Abuse-Domestic Violence Summit Meetings throughout Massachusetts bringing together service providers for discussion and cross-training.

Melissa Marshall, JD is a disability law consultant, whose work includes assessing organizational compliance with the Americans with Disabilities Act (ADA) in relation to communication, personnel and general operations policies. She has also developed and presented trainings in disability rights law to national audiences. For nearly 20 years, Marshall has been an advocate for the protection and rights of people with disabilities. In 2002, she published *Getting It: How I Persuade Organizations to Become More Comfortable with People with Disabilities*, a guide to disability awareness and legal training for corporations, municipalities and individuals.

Susan McLaughlin, MPA currently works at DMHAS Problem Gambling Services, where she oversees the state network of gambling prevention programs and works in collaboration with the state prevention infrastructure and community organizations to develop and deliver training and education programs, and to consult on a variety of initiatives. She is a co-founder of the Connecticut Management Women's Problem Gambling Project and a member of the Connecticut Partnership for Responsible Gambling. She has co-authored several papers on topics including gender-related differences among problem gamblers, illegal activities among disordered gamblers, and an international study on the life histories of compulsive gamblers. She received the National Council on Problem Gambling's 2001 Media Award for her participation in the "Problem Gambling Tonight" radio series.

Marshall Rosier, MS a consultant and trainer specializing in co-occurring mental health and substance use disorders, has been in the field for over ten years. He graduated from Yale University with a Masters of Science degree in Social Psychology, with a specialty in social cognition, stigma, self-esteem and group membership, and he received his early training at the Haight Ashbury Free Clinics in San Francisco. He is currently the dual diagnosis counselor at Connecticut Counseling Centers, Inc – Waterbury clinic and also has a private practice consulting and training firm.

Jan VanTassel, JD is a public interest attorney with over 25 years of experience, including six years with the Medicaid Division of the state Department of Social Services, developing home and community-based service waivers and implementing the preadmission screening program. She is the executive director of the Connecticut Legal Rights Project, Inc., which represents low income adults with psychiatric disabilities on matters related to treatment and civil rights. Van Tassel founded and co-chairs the "Keep the Promise" Coalition, recognized for its advocacy on behalf of persons with psychiatric disabilities. She collaborates with community-based organizations and serves on several non-profit boards including the Americans with Disabilities Act Coalition and the United Labor Agency. She the vice-president of the Connecticut Fair Housing Center, and serves as the president of both the Connecticut Women's Education and Legal Fund and the Middlesex County Substance Abuse Action Council.



Directions

The Connecticut Women's Consortium

205 Whitney Avenue
New Haven, CT 06511
203.498.4184

(across from the Peabody Museum)

From the north:

Take I-91 Southbound to exit 4. At the end of the exit ramp turn right onto Humphrey Street. Proceed across State and Orange Streets to Whitney Avenue.

Turn left onto Whitney Avenue. #205 is on the left side of the street. Continue past #205 and #199 ("The Orthopedic Group"), to the driveway signed "New Haven Lawn Club."

From the shoreline and I-95 south:

Take I-95 to I-91 northbound to exit 3. At the light, continue straight across Orange Street. At the next light, turn right onto Whitney Avenue. #205 is on the right side of the street. Just past the Yale Information Systems building, turn into the driveway signed "New Haven Lawn Club" (between yellow post located on either side of the driveway) one building before #205.

Parking and entering the building.

Parking is at the rear of the building. From the driveway signed "New Haven Lawn Club" proceed to the guardhouse; turn left and park against the fence on your left or any space marked with the letter "R". Follow the walkway located between the two buildings (#199 & #205). Take a right and enter through the front door at street level. **Do not enter the 2nd floor from outside the building!** Take the stairs (or elevator) to the 2nd floor. Go through first set of doors, take a left, go down the hallway and ring the bell located to the left of the door.

Middlesex Community College

100 Training Hill Road
Middletown, CT 06457
860.343.5800

From New Haven and points south:

Take I-91 North to Route 9 South (to Cromwell and Middletown) A few miles south of downtown Middletown on Route 9, take Exit 11 (Rte. 155 — Randolph Road). (*) At the end of the ramp (for both north and south bound) turn right onto Randolph Road. Continue to the light at the top of the hill and turn left onto Saybrook Road. Go a quarter of a mile and turn right onto Reservoir Road. Travel past the Stop sign and take the first right onto Training Hill Road. First left into the Middlesex Community Campus parking area.

From Hartford and points north:

Take I-91 South to Route 9 South (to Cromwell and Middletown). A few miles south of downtown Middletown on Route 9, take Exit 11 (Rte. 155 — Randolph Road). At the end of the ramp (for both north and south bound) turn right onto Randolph Road. Follow directions at left. (*)

From Old Saybrook and points southeast:

Take Route 9 North. Take Exit 11 (Rt. 155 — Randolph Road). At the end of the ramp (for both north and south bound) turn right onto Randolph Road. Follow directions at left. (*)

The deKoven House

27 Washington Street
Middletown, CT 06457
860.347.0340

Note: Parking is also available at night only in the municipal lot just south of the deKoven House off deKoven Drive.

From New Haven and points south:

I-91 North to Route 66 East. Stay on Route 66 (Washington Street) all the way into Middletown. You will pass building on the Wesleyan University campus and shortly after will come to a large intersection (with a light) that is Main Street. Cross over Main Street and turn into Piazza Melilli Municipal parking lot and park. The deKoven House, a brick mansion, is just to the east on the right, before the Route 9 intersection.

From Hartford and points north:

I-91 South to Route 9 South (to Cromwell and Middletown). Get off at Exit 15 (Wesleyan University and Washington Street Exit). The deKoven House is immediately on your left past the railroad tracks. Park in the Piazza Melilli Municipal Parking lot immediately past the deKoven House on the left.

From Old Saybrook and points southeast:

Take Route 9 North. Take left hand Exit 15. The deKoven House is immediately on your left past the railroad tracks. Park in the Piazza Melilli Municipal Parking lot immediately past the deKoven House on your left.

ACES (Area Cooperative Education Services)

205 Skiff Street
Hamden, CT 06517
203.407.4400

*Notes: Parking is limited, so please carpool.
Also, please use the lower parking lot, as
the other lots belong to the schools located
at this site.*

From I-91 (north or south):

Take Exit 10. Proceed to first exit off connector and take a left at bottom of ramp. Go to traffic light and take a left onto Hartford Turnpike. Follow to second traffic light and take a right onto Skiff Street. Travel past second light on Skiff Street and proceed to the third building on the left with large white sign on lawn “Area Cooperative Educational Services” (across from Kumo’s Restaurant). The Staff Development Building is behind the front building.

From I-95 (southbound):

As you go over the Quinnipiac Bridge, stay in the right-hand lane and get off Exit 48. That will put you on I-91 Northbound and follow directions above.

From I-95 (northbound):

Take I-95 to I-91 northbound to exit 10. Proceed to first exit off connector and take a left at bottom of ramp. Go to traffic light and take a left onto Hartford Turnpike. Follow to second traffic light and take a right onto Skiff Street. Travel past second light on Skiff Street and proceed to the third building on the left with large white sign on lawn “Area Cooperative Educational Services” (across from Kumo’s Restaurant). The Staff Development Building is behind the front building.

Southbound on Route 15:

Take Exit 61 and turn right onto Whitney Avenue. Follow Whitney Avenue to second traffic light and take a right onto Skiff Street. ACES will be the third building on your left—across from Kumo’s Restaurant. The Staff Development Building is behind the front building.

Northbound on Route 15:

Take Exit 61 and turn left onto Whitney Avenue. Follow Whitney Avenue to second traffic light and take a right onto Skiff Street. ACES will be on left, across from Kumo’s Restaurant. The Staff Development Building is behind the front building.

From Route 63 (Waterbury area):

Take Route 63 into Woodbridge and turn left onto Lucy Street. Continue approximately two blocks to Route 69 and turn right. At your next traffic light, take a left and get on the Merritt Wilbur Cross Parkway (Route 15 heading north). Proceed with directions above “Northbound on Route 15.”

From Route 69:

Continue on Route 69 through Woodbridge. Take your first left after passing the Merritt Wilbur Cross Parkway (Route 15) overpass. Proceed onto the Parkway and follow directions above “Northbound on Route 15.”

The Lyceum

227 Lawrence Street
Hartford, CT 06106
860.244.0077

From I-84 East (towards Boston):

I-84 East to exit 48-B (Capitol Avenue). Take a right at the end of the exit onto Capitol Avenue. Follow Capitol Avenue to the third traffic light. Take a left onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

From I-84 West (toward Hartford/ Waterbury):

I-84 West to exit 48 (Asylum Avenue). Take a wide right turn off of exit onto Asylum Avenue. Immediately bear left onto Farmington Avenue. Follow Farmington to the second light. Take a left onto Flower Street. Follow to Capitol Avenue. Go straight across Capitol

Avenue onto Lawrence Street. The Lyceum is about half way down the first block on the right side. It is a large, brick three-story building.

From I-91 south (toward New Haven):

I-91 South to I-84 West. Follow directions from I-84 West at left.

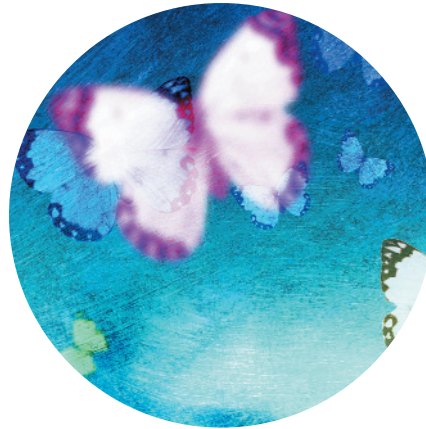
From I-91 north (toward Windsor Locks):

I-91 North to I-84 West.
Follow directions from I-84 West at left.

For more information

go to www.womensconsortium.org or

call 203.498.4184 ext. 30



The CT Women's Consortium
205 Whitney Avenue
New Haven, CT 06511

Winter/
Spring 05

Training
CALENDAR