



“One can never consent to creep when one feels
an impulse to soar.” Helen Keller

TRAINING CALENDAR 2011-2012

THE CONNECTICUT WOMEN'S CONSORTIUM

A Statewide policy, training and advocacy organization specializing in women's behavioral health



The Connecticut
Women's Consortium

Improving Behavioral Health Services for Women

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“Our job is to provide training opportunities that enhance your skills and enlarge your perspectives, translating into better outcomes for those you serve.” - Cinda Cash

August, 2011

Dear Colleagues:

As the season changes from summer to fall, here at Connecticut Women’s Consortium we are also looking at some changes. We have a new director of education and training. Roslyn Williams comes to us from The Annie E. Casey Foundation, bringing a wide range of experience in establishing training programs for providers. We are thrilled to have her expertise. Our training calendar has a new look, and is now published for the full year (rather than the previous twice-a-year format) so that you can plan ahead more effectively. And we are offering several new programs to address areas of interest indicated in your survey responses.

The programs listed here reflect a strong partnership with the Department of Mental Health and Addiction Service’s (DMHAS) Recovery Initiative, the Women’s Services Practice Improvement Collaborative (WSPIC), the Trauma Initiative, and the innovative Trauma and Gender Responsive Blend Initiative (TiGr) that serves both women and men. The unique collaboration among DMHAS, The Connecticut Women’s Consortium, and the DMHAS funded-providers is at the cutting edge of initiatives with national implications, all in the service of helping individuals develop fully-integrated and healthy lives.

CWC and DMHAS know that the women you serve come in contact with a variety of other state systems. We are pleased that staff from these other agencies, as well as non-profit agency staff from across the state, attend our trainings because gender-responsive and trauma-informed services across state systems ultimately enhance women’s recovery.

We believe that women increase their chances of recovery if the treatment settings: understand that trauma, addiction and mental illness often go hand in hand; provide environments where women feel safe, secure and comfortable; and hire staff who are well-trained in gender-responsive and trauma programming. Our job is to provide training opportunities that enhance your skills and enlarge your perspectives, translating into better outcomes for those you serve.

Each day we go to work knowing that we have the opportunity to save lives. We know that people do recover from addiction and mental illness, and all of us play an integral part in helping people to become whole again.

Cinda Cash, MHSA
Executive Director

NEW PROGRAMS

Professional Development Leadership Series:

Conducted by Yale professors Heidi Brooks, PhD and Erica Dawson, PhD

Please note that participants should commit to attending the entire series of four workshops.
Leadership workshops can be paid separately at the time of registration.

- LD110:** **Sustaining Leadership: Values, Goals and Styles. Monday, September 19, 2011.**
Learn about the power to motivate, inspire and lead even more powerful.
- LD111:** **Collaborative Communication. Tuesday, December 6, 2011.**
Develop successful negotiation skills to constructively use differences of opinions and perspectives. Move from emotionally charged interactions to joint problem-solving.
- LD112:** **Introduction to Managing Teams and Groups. Monday, April 9, 2012.**
Learn how to create and maintain a high-functioning management team.
- LD113:** **Application and Wrap-up. Tuesday, May 29, 2012.**
Practical application of materials learned in sessions 1-3 in conjunction with your leadership situation and setting. Develop next steps and create a personal development plan for your leadership.

HOT TOPICS

Linda Blozie
Connecticut Coalition Against Domestic Violence

- DV605:** Domestic Violence 101
- DV607:** In Her Shoes
- DV608:** Connecting the Dots: How Traditional Masculinity Leads to Violence Against Women
- DV609:** Coping With Other People's Trauma

Staff from the Department of Mental Health and Addiction Services, Division of Safety Services, Safety Education and Training Unit

- BH015:** Hearing Voices That Are Distressing

Ida M. Terry, MA, LADC
Reach Training Inc.

- LS403:** Successful Reentry into the Community

Germaine Tizzano, PhD
Views From A Tree House, Inc.

- SA210:** Risky Sexual Behavior

Joe Brummer
Community Mediation

- MS110:** Communication Tools for Conflict Managers

REGISTRATION INFORMATION

Online Payments

You can pay for all Connecticut Women's Consortium trainings online using a credit card, debit card, e-check or PayPal account. To do so, place a check mark in the pay online column to the left of each registration and then click the "Pay Now" button to the right of the Balance.

Previous registrants

(must have a valid e-mail address)

- Log into online registration at <http://training.womensconsortium.org/Login.aspx> select desired trainings(s) and type of certificate desired and print out your invoice. If you have trouble logging in please DO NOT register again. Contact the CWC training department at 203.909.6888 ext. 30 or 33 for assistance.
- If the training you've selected is filled, then marking the session box you will be put on a waiting list. If a space opens, you will be contacted at which time you can choose to register and mail in your payment.
- If training is available, you can pay online or mail your invoice with a check/money order or agency approved purchase order to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

New registrants

(must have a valid e-mail address)

- Go to website <http://training.womensconsortium.org> and follow instructions in first paragraph. Complete entire form and follow instructions for login.
- Log into online registration at <http://training.womensconsortium.org/Login.aspx> select desired trainings(s) and type of certificate desired then print out your invoice. If you have trouble logging in please DO NOT register again. Contact the CWC training department at 203.909.6888 ext. 30 or 33 for assistance.
- If the training you've selected is filled, then by marking the session box you will be put on a waiting list. If a space opens, you will be contacted at which time you can choose to register and mail in your payment.
- If training is available, you can pay online or mail your invoice with a check/money order or agency approved purchase order to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via e-mail.**

Paper registration process

(if you do not have a valid e-mail address)

- Complete registration form and mail with a check/money order or agency approved purchase order (no credit cards) to:

**The Connecticut
Women's Consortium
Training Department
2321 Whitney Avenue, Suite 401
Hamden, CT 06518**

- **Upon receipt of your payment or approved purchase order, you will receive final confirmation of acceptance into the training via phone.**
- If training is full, you will be put on a waiting list.

REGISTRATION INFORMATION

Training fees

Training fees are \$25 or more; some workshops are available at no charge. *All Department of Mental Health and Addiction Services (DMHAS) employees receive a 50 percent discount on some trainings.* Fees are required with the submission of your registration or prior to the day of the training if your registration is faxed. Make checks payable to the Connecticut Women's Consortium. We are also requesting that you bring one non-perishable food item to each training session you attend.

There is a \$15.00 handling fee for all returned checks. Failure to reimburse the Women's Consortium for a returned check will prevent registration for future trainings.

Waiting list policy

If you are put on a waiting list for a training and there are no available slots or future dates for the same training, your money will be refunded or, at your request, will be applied to another training.

Continuing Education Credits/Certificate of Attendance policy

Sign-in begins one half hour before the start of the training session. It is each participant's responsibility to sign in at the beginning of the session and to sign out at the end of the day. The CT Women's Consortium has applied for Continuing Education Credits from CT National Association of Social Workers, CT Certification Board, and the CT Association of Marriage & Family Therapists. **According to the rules of the agencies granting CEUs, participants must sign in and out in order to be eligible for Continuing Education Credits or Certification of Attendance.**

In order to receive continuing education units/credits, participants are expected to attend the entire training session. Because certificates are given only for actual time of workshop participation, participants must attend at least 90 percent of training in order to receive credit.

If you have to cancel

If you are not able to attend a session for which you registered, please call us at 203.909.6888 at least seven (7) days prior to the training to either (1) transfer your registration to someone else in your agency OR (2) request a partial refund (75% of cost) — participants paying a reduced fee will not receive a refund. Cancellations less than seven (7) days prior to the training or no-shows will not receive refunds. Please keep in mind that registrants who make last minute, non-emergency cancellations prevent others from attending.

If we have to cancel

In the event of a change or cancellation, you will be notified by mail, e-mail or telephone as soon as possible. If severe weather is occurring or predicted, please watch WTNH Channel 8, WVIT Channel 30 and WFSB Channel 3 for information on the training/event scheduled for that day. Remember that severe weather in any part of the state may be a cause for cancellation.

12th 1:00 p.m. to 4:00 p.m.

DV605 Domestic Violence 101

Trainer: Linda Blozie

Fee: \$35 **CEUs:** 3

What is domestic violence? How does it affect those in heterosexual and same-sex relationships? How does it affect children who witness it? Participants will learn about power and control in relationships, the cycle of violence, barriers to leaving, and community resources. They will also be able to practice responding to victims, and de-bunking myths about causes of domestic violence.

19th 9:00 a.m. to 3:30 p.m.

LD110 Leadership Development Series- Sustaining Leadership: Values, Goals and Styles

Trainer: Heidi Brooks, PhD

Fee: \$150/\$125* **CEUs:** 0

Most leaders work hard because they are motivated by a set of underlying values. Participants will learn about the power of these deeply held beliefs to motivate, inspire and lead even more powerfully. Reconnect with what matters to you as a leader; learn how to inspire your staff, and to infuse your work and your days with the energy of what matters most.

20-21st 9:00 a.m. to 4:00 p.m.

LE515 Healing Racism: An Open Conversation

Trainers: Donald Giannini, MS Ed, Dietra Hawkins, PsyD, Stephen McMahon, MS, Bernadette Riddick

Fee: \$100/\$75** **CEUs:** 12

The Healing Racism dialogue sessions, focusing primarily on the African American experience in the USA, are designed to help individuals understand racism and its impact at multiple levels in our society; discover ways in which they can be part of the healing process; and understand how they can foster unity and network with allies. Through facilitated dialogues, the presentation of information in a variety of media formats, and in group discussions, participants engage with these issues in a safe environment. We will explore the role of racism in clinical encounters, among colleagues, and at the institutional level, and will practice at least one skill for interrupting the cycle.

22nd 9:00 a.m. to 4:00 p.m.

LS403 Successful Reentry into the Community

Trainer: Ida M. Terry, MA, LADC

Fee: \$100 **CEUs:** 6

This course will examine the impact of prisoners' reentry on children who have endured traumatic and lengthy separation as a result of parental incarceration. Participants will learn to define strengths-based approaches, conduct strengths assessments, identify children's and families' protective factors, identify engagement/partnering strategies with clients using strengths-based approaches, and implement strengths-based strategies into existing service delivery milieus.

*The cost for this workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

**The cost for this workshop is \$100 per person per agency and \$75 per person for two or more staff per agency.

23rd 9:00 a.m. to 4:00 p.m.

SA207 Biology of Addiction I

Trainer: Lauren Doninger, EdD, LADC, LPC

Fee: \$25 **CEUs:** 6

Designed for non-medical personnel, this training will introduce basic elements of brain structure, homeostatic systems, central nervous system (CNS), and brain chemistry fundamental to understanding the disease process of addiction. Participants will be introduced to the direct connection between changes in brain chemistry and structure, and continued use of substances despite negative consequences. We will examine the impact of alcohol, opiates, and stimulants on multiple body systems and on the fetus. Clinical evidence of acute intoxication and the classic withdrawal symptoms of each substance will be described.

29th 9:00 a.m. to 4:00 p.m.

SA210 Risky Sexual Behavior

Trainer: Germaine Tizzano, PhD

Fee: \$150/\$125* **CEUs:** 6

Of all substance-abusing women, 75% have a history of childhood sexual and/or physical abuse. Women with histories of abuse are far more likely to engage in unsafe sex practices, have multiple sex partners, exchange sex for money or drugs, and be addicted to alcohol and drugs. This presentation will look at the whys and hows behind risky sexual behavior of women affected by substance abuse, and will include a case study. Sample exercises will offer an avenue to explore personal values and challenges in discussing sexuality with clients.

30th 9:00 a.m. to 4:00 p.m.

TR804 Understanding Psychological Trauma and Trauma Informed Care (Part I)

Trainer: Eileen Russo, MA, LADC

Fee: \$25 **CEUs:** 6

Traumatic experience in the history of addiction and mental health clients is extremely common; however the impact of trauma can be difficult to recognize. This introductory workshop will provide an understanding of psychological trauma, and help participants identify simple and practical ways to provide trauma-informed care to clients.



“This was a great learning experience.”

– Attendee

*The cost for this workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

6–7th 9:00 a.m. to 4:00 p.m. and 9:00 a.m. to 12:00 p.m.

MS110 Communication Tools For Conflict Management

Trainer: Joe Brummer

Fee: \$75 **CEUs:** 9

Participants will be introduced to skills and tools to address conflict in their lives — in the workplace, home, or community. This workshop teaches skills that can be put immediately into practice. Participants will learn to identify root causes of conflict; to bond and connect with those you are in conflict with regardless of whether or not you like the person; and create the dialogue necessary for mutual agreements and win-win solutions.

13th 9:00 a.m. to 4:00 p.m.

SA212 Alcohol Exposure and Pregnancy

Trainers: Susan Adubato, PhD, Mary DeJoseph, MD

Fee: \$25 **CEUs:** 6

An overview of topics related to prenatal alcohol exposure, and alcohol use by pregnant women, including information about how to screen for alcohol use, and gender-specific information needed when working with women who drink during pregnancy. We will also discuss brain damage, trimester damage to the fetus with alcohol use, techniques for diagnosing FAS, and lifespan management needed when working with individuals who may have been exposed to alcohol prenatally. Cases interwoven throughout.

14th 9:00 a.m. to 4:00 p.m.

TR820 Understanding Psychological Trauma and Trauma Informed Care (Part II)

Trainer: Eileen Russo, MA, LADC

Fee: \$25 **CEUs:** 6

This supplement to *Understanding Trauma and Trauma Informed Care, Part I* will provide an overview of the importance of educating clients on the possible impact of traumatic experience; coaching on grounding; and emotional/physical safety planning. We will examine diagnostic criteria, screening, assessment, treatment models, and a review of psychological first aid. Most appropriate for those with a basic understanding of psychological trauma who would like to learn skills for working with those whose lived experiences include trauma.

Prerequisite: Understanding Trauma and Trauma- Informed Care (Part I) or equivalent knowledge base.

17th 9:00 a.m. to 4:00 p.m.

SA209 Beyond Safer Sex: Sex-Positive Client Education in a Polarized World

Trainer: Rosalyn J. Dischiavo, EdD, MA

Fee: \$25 **CEUs:** 6

Sexual attitudes in our culture are confusing and polarized. Blatant, commercialized sexual images mix with misinformation and puritanical attitudes to create sexual anxiety, relationship difficulties, misdiagnoses, and health problems. Are we a sex-saturated culture, or are we starving for good information and deep dialogue? This program will help clinicians, educators, and other professionals to identify our own “hot buttons” regarding sex. The instructor will educate about behaviors of sexual concern as well as “normal” or healthy sexual behavior. She will also offer a foundation and resources for taking a balanced, sex-positive approach with those we serve.

19th 9:00 a.m. to 12:45 p.m.

**TR817 Men and Trauma:
Paths to Recovery**

Trainer: Roger Fallot, PhD

Fee: \$25 **CEUs:** 3.5

This workshop focuses on the relationship between male gender role expectations and men's experiences of trauma and recovery. The presenter will offer a stages-of-change approach to engaging men in services and will describe a gender-specific intervention that facilitates trauma recovery. A video and exercise will help to illustrate these dynamics.

20-21st 9:00 a.m. to 4:00 p.m.

**MI604 Motivational Interviewing -
Moving from Ambivalence
to Change**

Trainer: Donald Scherling, PsyD, LADC, CCS

Fee: \$100 **CEUs:** 12

An introduction to and overview of proven motivational interviewing techniques that can guide helpers to assess and engage clients in therapeutic conversations that decrease power struggles, and enhance integration of services for challenging clients with co-occurring disorders (MH/DUD) and other complex problems. Training methods include interactive lecture/discussion; skills teaching with interviewing demonstrations applied to cases; strengths-based assessment tools; motivational and stage-of-change assessment of cases; MI role plays to practice skills in small groups; and implementation planning and "home-work." Dr. Scherling uses humor, music, and poetry to aid participants' learning experiences. This training provides opportunities for questions, feedback, and case consultations; participants will also receive training manuals.

24-25th 9:00 a.m. to 4:00 p.m.

**TR835 Helping Men Recover
(Part I & II)**

Trainers: Dan Griffin, MA, Rick Dauer, LADC

Fee: \$150/\$125* **CEUs:** 12

This curriculum addresses what is often missing in prevailing treatment models: an understanding of the impact of male socialization on the recovery process; a consideration of the relational needs of men; and a focus on issues of abuse and trauma. One of the primary goals of *Helping Men Recover* is assisting men in establishing a healthy sense of self outside of stereo-typical masculine scripts. This workshop addresses four areas that recovering men have identified both as triggers for relapse and as necessary for growth and healing. Participants will: understand core elements of gender-responsive treatment; understand how individual and cultural trauma affect men's treatment and recovery; understand how male socialization can be both an asset and a barrier to treatment and recovery; learn about a gender-responsive and trauma-informed treatment curriculum for men.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

OCTOBER/NOVEMBER 2011

31-1st 9:00 a.m. to 4:00 p.m.

TR812 Seeking Safety
(fee waived for DMHAS employees)

Trainer: Martha Schmitz, PhD

Fee: \$150/\$125* **CEUs:** 12

This training will demonstrate how *Seeking Safety* is applied in clinical settings and used in treatment. Sample sessions: honesty; creating meaning; setting boundaries in relationships; getting others to support your recovery and asking for help. Training will examine PTSD and substance abuse (including rates, the “typical case,” models and stages of treatment, clinical dilemmas and gender issues). Specific clinical interventions will be demonstrated and treatment challenges will be discussed.



“Thank you for this information and great tools.”

- Attendee

NOVEMBER 2011

2nd 1:00 p.m. to 4:00 p.m.

DV607 In Her Shoes

Trainer: Linda Blozie

Fee: \$35 **CEUs:** 0

As advocates and service providers, we offer clients options and resources, but sometimes we might wonder, “Why did she make that decision?” *In Her Shoes* is an interactive workshop that allows you the opportunity to make decisions as a victim of abuse. You can decide to go to a shelter, access support groups, or go to the police. Will your decisions lead you to a violence-free life? Come and find out.

3rd 9:00 a.m. to 4:00 p.m.

DV604 Safe and Together: Concrete Strategies for Addressing Domestic Violence When Children are the Focus

Trainer: David Mandel, MA

Fee: \$25 **CEUs:** 6

This training focuses on building a response to domestic violence based on five critical elements: (1) the batterer’s pattern of coercive control; (2) the actions taken to harm the children; (3) the full spectrum of the survivor’s efforts to support the safety and well-being of the children; (4) the adverse impact of the batterer’s behavior on the children; and (5) the role of substance abuse, mental health and other factors.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort. (Note: The fee is waived for DMHAS employees.)

4th

9:00 a.m. to 4:00 p.m.

TR805 **Staff Care: Creating a Healthier Workforce**

Trainers: Eileen Russo, MA, LADC, Alicia Davis, LMT

Fee: \$25 **CEUs:** 6

The emotional strain of working in the addiction/mental health field affects professional and personal lives, often causing burnout and staff turnover. Without effective coping mechanisms, care-givers can become frustrated, overwhelmed, and immobilized. This workshop is a three-point approach to staff care: organizational, professional and personal. In addition to receiving information on topics such as vicarious trauma and compassion fatigue, participants will engage in exercises related to reconnection, spirituality and mindfulness practice.

Note: Please attend this workshop only if you are able to attend for the full day and with no or a minimum of distractions (e.g. cell phones). Dress for comfort.

7th

9:00 a.m. to 4:00 p.m.

GA702 **Mind, Body and Spirit: A Multidimensional Risk Factors Model of Addiction Applied to Problem Gambling**

Trainer: Lori Rugle, PhD

Fee: \$25 **CEUs:** 6

Those seeking help for problem gambling, as well as other addictive behaviors, often want to understand why they have developed an addiction. Clinicians can use this interest to enhance clients' motivation. This presentation will focus on a comprehensive multi-dimensional risk factors model that can help structure treatment planning as well as facilitate clients' engagement in the treatment process. Research in the biology of addiction and problem gambling will be presented, and we will discuss how biological risk interacts with learning, spirituality and social/environmental risk.

9th

9:00 a.m. to 4:00 p.m.

BH014 **Grief and Loss Issues for Women**

Trainer: Wendy Davenson, LMFT, LADC

Fee: \$25 **CEUs:** 6

It is said that life is a series of attachments and separations. Understanding the different loss processes and their applications is essential to successful therapy. This workshop will discuss the numerous loss issues faced by women, with a focus on substance abusing-women. Participants will understand and apply the loss and grief processes as part of their treatment plan when working with women in addiction, recovery, and life.



“This was a fantastic opportunity to share, learn, and reflect on my own actions, role, and function in all areas of my work and home life.”

– Attendee



“The instructors were amazing and knowledgeable.”

- Attendee



15-16th 9:00 a.m. to 4:00 p.m.

GS116 Beyond Trauma

Trainers: Stephanie Covington, PhD, LCSW,
Eileen Russo, MA, LADC

Fee: \$150/125* **CEUs:** 12

While research and clinical experience indicate a high incidence of trauma and co-occurring disorders in women's lives, counselors and clinicians often struggle with the realities of providing treatment. This training is based on the evidence-based treatment curriculum, *Beyond Trauma: A Healing Journey for Women*, designed for outpatient, residential, and criminal justice settings. Cognitive-behavioral techniques, expressive arts, and principles of relational therapy are integrated in this strength-based approach. A psycho-educational component also teaches women what trauma is, its process, and its impact on both the inner self (thoughts, feelings, beliefs, values) and the other self (behavior and relationships, including parenting). The focus is on demonstrating techniques that counselors can use to help clients develop coping skills, as well as emotional wellness.

29th 9:00 a.m. to 4:00 p.m.

TR830 Assessment of Acute Risk: Interviewing Skills for Clinicians, Case Managers and Helpers

Trainers: Donald Scherling, PsyD, LADC, ICCDP-D

Fee: \$25 **CEUs:** 6

Front-line and primary care clinicians, mental health clinicians, addictions counselors, nurses, case managers, and other helpers are often in the best position to obtain the most comprehensive information about suicidal ideation, substance use, and other self-harming behaviors. This course will teach proven interviewing skills to maximize helpers' ability and confidence in obtaining essential information to screen, assess, refer, and manage acute risk in patients with mental illness, substance use, and other co-occurring disorders.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

1-2nd 9:00 a.m. to 4:00 p.m.

TR815 Men's Trauma Recovery and Empowerment Model (M-TREM)
(fee waived for DMHAS employees)

Trainers: Roger Fallot, PhD, Richard Bebout, PhD

Fee: \$150/\$125* **CEUs:** 12

This training will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a review of the model with emphasis on goals, process, and suggestions for group leadership. Mock group sessions will allow participants to observe and practice techniques, with time reserved for discussion.

6th 9:00 a.m. to 3:30 p.m.

LD111 Leadership Development Series Collaborative Communication

Trainer: Erica Dawson, PhD

Fee: \$150/\$125* **CEUs:** 0

This seminar addresses the collaborative communication skills which are the basis of successful negotiation. We will focus on listening "between the lines," asking questions that strengthen relationships and elicit information, communicating needs in a clear and compelling manner, diffusing emotionally charged interactions, constructively using differences of opinion and perspectives, joint problem-solving. The session uses a combination of presentation, role play/practice, and discussion.

9th 9:00 a.m. to 4:00 p.m.

GS111 Effective Substance Abuse & Mental Health Intervention for LGBTQ and Racially Diverse Adults and Youth

Trainers: Regina Dyton, MSW, Richard Stillson, PhD

Fee: \$25 **CEUs:** 6

This training will provide a welcoming environment to examine conceptions, values and attitudes that may serve as strengths or barriers to treatment of LGBTQ youths and adults. Current research will be presented to increase participant's knowledge of factors contributing to the well-being of LGBTQ youth and adults, including family and community acceptance and support. Participants will explore the relevance of spirituality, community organizing, and activism in healing/reducing the impact of multiple oppressions faced by LGBTQ youth who are also racial, gender, and socio-economic minorities.

14th 2:00 p.m. to 4:00 p.m.

DV608 Connecting the Dots: How Traditional Masculinity Leads to Violence Against Women

Trainer: Linda Blozie

Fee: \$35 **CEUs:** 0

Most men will never commit any kind of violence against women. But if this is true, why are over one-third of the world's women victims of abuse? In this training, we will try to answer why a few bad men are getting away with violence, and what good men can do to help end it. This conversation will be facilitated by the Men's Initiative and is for men only.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

10th 9:30 a.m. to 12:30 p.m.

DV605 Domestic Violence 101

Trainer: Linda Blozie

Fee: \$35 **CEUs:** 0

What is domestic violence? How does it affect those in heterosexual and same-sex relationships? How does it affect children who witness it? Participants will learn about power and control in relationships, the cycle of violence, barriers to leaving, and community resources. They will also be able to practice responding to victims, and de-bunking myths about causes of domestic violence.

11-12th 9:00 a.m. to 4:00 p.m.

TR811 Trauma Recovery and Empowerment Model (TREM) *(fee waived for DMHAS employees)*

Trainer: Lori Beyer, MSW, MSWAC, LCSW

Fee: \$150/\$125* **CEUs:** 12

TREM is a gender-based model designed to address sexual, physical, and emotional abuse in the lives of women who have been economically and socially marginalized and for whom traditional recovery work has been unavailable or ineffective. TREM uses a psychoeducational focus and skill building approach, emphasizes survivor empowerment and peer support, and teaches techniques for self-soothing, boundary maintenance, and current problem solving.

20th 9:30 a.m. to 11:30 a.m.

BH015 Hearing Voices That Are Distressing

Trainer: Department of Mental Health and Addiction Services (DMHAS)

Fee: \$25 **CEUs:** 0

This program was developed by the National Empowerment Center and Patricia Deegan, PhD, and conducted and facilitated by instructors from the DMHAS Division of Safety Services, and Safety Education and Training Unit. It is a simulated learning experience designed to provide an inside window to the phenomena of "hearing voices that are distressing." The video provides basic information; staff then listen to a tape simulating hearing voices. During the tape, staff perform a number of tasks. The program ends with a discussion of the experience.

24th 9:00 a.m. to 4:00 p.m.

GA702 Trauma, Gender and Problem Gambling

Trainers: MaryLou Costanzo, LCSW, NGCG,
Susan McLaughlin, MPA, CPP-R

Fee: \$25 **CEUs:** 6

We will focus on how prior trauma experiences effect women dealing with problem gambling, and on how the trauma experienced because of problem gambling (anxiety, depression, loss of finances, and other stressors) may re-ignite other trauma symptoms. The discussion will address both problem gamblers' symptoms and symptoms of loved ones affected by this addiction. This training will offer an understanding of the co-occurring diagnoses of post-traumatic disorders and problem gambling as well as methods of treatment of these co-occurring disorders.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

JANUARY 2012

27th

9:00 a.m. to 4:00 p.m.

SA213 **Biology of Addiction II*****

Trainer: Lauren Doninger, EdD, LADC, LPC

Fee: \$25 **CEUs:** 6

Participants will be introduced to a broad array of drugs of abuse including substances that are not intended for consumption (e.g., inhalants). Participants will learn about the constant “innovation” in drug development that results in an ever-changing landscape of drug abuse and challenges to consistent regulations (e.g., spice, salvia, bathsalts). Trends in drug use will be discussed and the particular problem of prescription drugs and subsequent rise in heroin use will be presented.

31st

9:00 a.m. to 4:00 p.m.

SA205 **Substance Abuse Treatment for Women in Multicultural, Gender-Specific Settings**

Trainer: Cheryl Harewood, MS, LADC, CCS

Fee: \$25 **CEUs:** 6

This training will focus on the response of women to substance abuse treatment based on cultural and gender issues. The role of the counselor and the best practices will be addressed. Case studies will highlight barriers faced by minority groups and participants will be involved in the solution seeking process.

FEBRUARY 2012

3rd

9:00 a.m. to 4:00 p.m.

TR830 **Assessment of Acute Risk: Interviewing Skills for Clinicians, Case Managers and Helpers**

Trainer: Donald Scherling, PsyD, LADC, CCS

Fee: \$25 **CEUs:** 6

Front-line and primary care clinicians, mental health clinicians, addictions counselors, nurses, case managers, and other helpers are often in the best position to obtain the most comprehensive information about suicidal ideation, substance use, and other self-harming behaviors. This course will teach proven interviewing skills to maximize helpers' ability and confidence in obtaining essential information to screen, assess, refer, and manage acute risk in patients with mental illness, substance use, and other co-occurring disorders.

****Biology of Addiction I* is not a pre-requisite to *Biology of Addiction II*. The material is approached from a counselor perspective, not a medical or basic research perspective, with the objective of providing participants with the basic information that they need to educate and empower clients.

8th

9:00 a.m. to 4:00 p.m.

**SA209 Beyond Safer Sex:
Sex-Positive Client Education
in a Polarized World**

Trainer: Rosalyn J. Dischiavo, EdD, MA, LADC

Fee: \$25 **CEUs:** 6

Sexual attitudes in our culture are confusing and polarized. Blatant, commercialized sexual images mix with misinformation and puritanical attitudes to create sexual anxiety, relationship difficulties, misdiagnoses, and health problems. Are we a sex-saturated culture, or are we starving for good information and deep dialogue? This program will help clinicians, educators, and other professionals to identify our own “hot buttons” regarding sex. The instructor will educate about behaviors of sexual concern as well as “normal” or healthy sexual behavior. She will also offer a foundation and resources for taking a balanced, sex-positive approach with those we serve.

15-16th

9:00 a.m. to 4:00 p.m. and 9:00 a.m. to 12:00 p.m.

**MS110 Communication Tools For
Conflict Management**

Trainer: Joe Brummer

Fee: \$75 **CEUs:** 9

Participants will be introduced to skills and tools to address conflict in their lives – in the workplace, home, or community. This workshop teaches skills that can be put immediately into practice. Participants will learn to identify root causes of conflict; to bond and connect with those you are in conflict with regardless of whether or not you like the person; and create the dialogue necessary for mutual agreements and win-win solutions.

27th

9:00 a.m. to 12:45 p.m.

**TR817 Men and Trauma:
Paths to Recovery**

Trainer: Roger Fallot, PhD

Fee: \$25 **CEUs:** 3.5

This workshop focuses on the relationship between male gender role expectations and men’s experiences of trauma and recovery. The presenter will offer a stages-of-change approach to engaging men in services and will describe a gender-specific intervention that facilitates trauma recovery. A video and exercise will help to illustrate these dynamics.

“This workshop was enriching for me. Great presenters!”

- Attendee



9&16th 9:00 a.m. to 4:00 p.m.

MI603 Motivational Interviewing - Moving from Ambivalence to Change

Trainer: Donald Scherling, PsyD, LADC, CCS

Fee: \$100/\$75** **CEUs:** 12

An introduction to and overview of proven motivational interviewing techniques that can guide helpers to assess and engage clients in therapeutic conversations that decrease power struggles, and enhance integration of services for challenging clients with co-occurring disorders (MH/DUD) and other complex problems. Training methods include interactive lecture/discussion; skills teaching with interviewing demonstrations applied to cases; strengths-based assessment tools; motivational and stage-of-change assessment of cases; MI role plays to practice skills in small groups; and implementation planning and “homework.” Dr. Scherling uses humor, music, and poetry to aid participants’ learning experiences. This training provides opportunities for questions, feedback, and case consultations; participants will also receive training manuals.

15th 9:00 a.m. to 4:00 p.m.

DV604 Safe and Together: Concrete Strategies for Addressing Domestic Violence When Children are the Focus

Trainer: David Mandel, MA

Fee: \$25 **CEUs:** 6

This training focuses on building a response to domestic violence based on five critical elements: (1) the batterer’s pattern of coercive control; (2) the actions taken to harm the children; (3) the full spectrum of the survivor’s efforts to support the safety and well-being of the children; 4) the adverse impact of the batterer’s behavior on the children; and 5) the role of substance abuse, mental health and other factors.

19-20th 9:00 a.m. to 4:00 p.m.

TR832 Healing Women in Recovery

Trainer: Stephanie Covington, PhD, LCSW

Fee: \$150/\$125* **CEUs:** 12

Over the past thirty years, we have added significantly to our understanding of the treatment needs of chemically dependent women. Based on Dr. Covington’s evidence-based curriculum *Helping Women Recover: A Program for Treating Addiction*, this training offers a comprehensive treatment model that integrates theories of addiction, women’s psychological development, and trauma. Designed to give counselors, clinicians, and program administrators a basic understanding of the elements needed for the development of women’s programs, the training focuses primarily on women’s recovery, with emphasis on key issues of self, relationships, sexuality, spirituality, and the trauma-informed therapeutic techniques for dealing with these issues. Dr. Covington also discusses how the treatment program materials can be used with women in the criminal justice system.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

**The cost for this workshop is \$100 per person per agency and \$75 per person for two or more staff per agency.

MARCH 2012

23rd

9:00 a.m. to 4:00 p.m.

TR805 **Staff Care: Creating a Healthier Workforce**

Trainers: Eileen Russo, MA, LADC, Alicia Davis, LMT

Fee: \$25 **CEUs:** 6

The emotional strain of working in the addiction/mental health field affects professional and personal lives, often causing burnout and staff turnover. Without effective coping mechanisms, care-givers can become frustrated, overwhelmed, and immobilized. This workshop is a three-point approach to staff care: organizational, professional and personal. In addition to receiving information on topics such as vicarious trauma and compassion fatigue, participants will engage in exercises related to reconnection, spirituality and mindfulness practice.

Note: Please attend this workshop only if you are able to attend for the full day and with no or a minimum of distractions (e.g. cell phones). Dress for comfort.

26th

9:00 a.m. to 4:00 p.m.

GA702 **Mind, Body and Spirit: A Multidimensional Risk Factors Model of Addiction Applied to Problem Gambling**

Trainer: Lori Rugle, PhD

Fee: \$25 **CEUs:** 6

Those seeking help for problem gambling, as well as other addictive behaviors, often want to understand why they have developed an addiction. While clients don't always need to understand "why" before they can begin the recovery process, clinicians can use this interest to enhance clients' motivation. This presentation will focus on a comprehensive multi-dimensional risk factors model that can help structure treatment planning as well as facilitate clients' engagement in the treatment process. Current research in the biology of addiction and problem gambling will be presented, and we will discuss ways that biological risk interacts with dimensions of learning, spirituality and social/environmental risk.

APRIL 2012

4th

9:00 a.m. to 4:00 p.m.

BH014 **Grief and Loss Issues for Women**

Trainer: Wendy Davenson, LMFT, LADC

Fee: \$25 **CEUs:** 6

It is said that life is a series of attachments and separations. Understanding the different loss processes and their applications is essential to successful therapy. This workshop will discuss the numerous loss issues faced by women, with a focus on substance abusing-women. Participants will understand and apply the loss and grief processes as part of their treatment plan when working with women in addiction, recovery, and life.

9th

9:00 a.m. to 3:30 p.m.

LD112 Leadership Development Series - Introduction to Managing Teams and Groups

Trainer: Erica Dawson, PhD

Fee: \$150/\$125* **CEUs:** 0

No one leads in a vacuum, so effective negotiation of teams and groups is a core competence for all leaders today. This session will present information about creating and maintaining a high-functioning management team. Participants will learn to prevent key pitfalls of groups and how to lead successful teams.

12-13th

9:00 a.m. to 4:00 p.m.

TR815 Men's Trauma Recovery and Empowerment Model (M-TREM) *(fee waived for DMHAS employees)*

Trainers: Roger Fallot, PhD,

Lori Beyer, MSW, MSWAC, LCSW

Fee: \$150/\$125* **CEUs:** 12

This training will begin with an overview of men's trauma, including discussions of prevalence and impact. After introducing the rationale and structure of M-TREM, the instructors will provide a review of the model with emphasis on goals, process, and suggestions for group leadership. Mock group sessions will allow participants to observe and practice techniques, with time reserved for discussion.

16-17th

9:00 a.m. to 4:00 p.m. and 9:00 a.m. to 12:00 p.m.

MS110 Communication Tools for Conflict Management

Trainer: Joe Brummer

Fee: \$75 **CEUs:** 9

Participants will be introduced to skills and tools to address conflict in their lives – in the workplace, home, or community. This workshop teaches skills that can be put immediately into practice. Participants will learn to identify root causes of conflict; to bond and connect with those you are in conflict with regardless of whether or not you like the person; and create the dialogue necessary for mutual agreements and win-win solutions.

24th

1:00 p.m. to 4:00 p.m.

DV609 Coping With Other People's Trauma

Trainer: Linda Blozie

Fee: \$35 **CEUs:** 0

Secondary trauma is very real and often difficult to manage. Listening and responding to victims and client histories of abuse on a daily basis has serious consequences for the caregiver. In this 3-hour workshop, we will review the phenomena and process of secondary trauma, as distinct from transference and counter-transference, and will cover indicators, coping strategies, and ways designed to assist professionals who often feel saturated and overwhelmed in their roles as helpers.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

2nd

9:00 a.m. to 4:00 p.m.

**SA209 Beyond Safer Sex:
Sex-Positive Client Education
in a Polarized World**

Trainer: Rosalyn J. Dischiavo, EdD, MA, LADC

Fee: \$25 **CEUs:** 6

Sexual attitudes in our culture are confusing and polarized. Blatant, commercialized sexual images mix with misinformation and puritanical attitudes to create sexual anxiety, relationship difficulties, misdiagnoses, and health problems. Are we a sex-saturated culture, or are we starving for good information and deep dialogue? This program will help clinicians, educators, and other professionals to identify our own “hot buttons” regarding sex. The instructor will educate about behaviors of sexual concern as well as “normal” or healthy sexual behavior. She will also offer a foundation and resources for taking a balanced, sex-positive approach with those we serve.

4th

9:00 a.m. to 4:00 p.m.

SA207 Biology of Addiction I

Trainer: Lauren Doninger, EdD, LADC, LPC

Fee: \$25 **CEUs:** 6

Designed for non-medical personnel, this training will introduce basic elements of brain structure, homeostatic systems, central nervous system (CNS), and brain chemistry fundamental to understanding the disease process of addiction. Participants will be introduced to the direct connection between changes in brain chemistry and structure, and continued use of substances despite negative consequences. We will examine the impact of alcohol, opiates, and stimulants on multiple body systems and on the fetus. Clinical evidence of acute intoxication and the classic withdrawal symptoms of each substance will be described.

7-8th

9:00 a.m. to 4:00 p.m.

**LE515 Healing Racism:
An Open Conversation**

Trainers: Donald Giannini, MS Ed, Dietra Hawkins, PsyD,

Stephen McMahon, MS, Bernadette Riddick

Fee: \$100/\$75** **CEUs:** 12

The Healing Racism dialogue sessions, focusing primarily on the African American experience in the USA, are designed to help individuals understand racism and its impact at multiple levels in our society; discover ways in which they can be part of the healing process; and understand how they can foster unity and network with allies. Through facilitated dialogues, the presentation of information in a variety of media formats, and in group discussions, participants engage with these issues in a safe environment. We will explore the role of racism in clinical encounters, among colleagues, and at the institutional level, and will practice at least one skill for interrupting the cycle.

**The cost for this two-day workshop is \$100 per person per agency and \$75 per person for two or more staff per agency.

14th 9:30 a.m. to 11:30 a.m.

BH015 Hearing Voices That Are Distressing

Trainer: Department of Mental Health and Addiction Services (DMHAS)

Fee: \$25 **CEUs:** 0

This program was developed by the National Empowerment Center and Patricia Deegan, PhD, and conducted and facilitated by instructors from the DMHAS Division of Safety Services, and Safety Education and Training Unit. It is a simulated learning experience designed to provide an inside window to the phenomena of “hearing voices that are distressing.” The video provides basic information; staff then listen to a tape simulating hearing voices. During the tape, staff perform a number of tasks. The program ends with a discussion of the experience.

15th 1:00 p.m. to 4:00 p.m.

DV605 Domestic Violence 101

Trainer: Linda Blozie

Fee: \$35 **CEUs:** 0

What is domestic violence? How does it affect those in heterosexual and same-sex relationships? How does it affect children who witness it? Participants will learn about power and control in relationships, the cycle of violence, barriers to leaving, and community resources. They will also be able to practice responding to victims, and de-bunking myths about causes of domestic violence.

22nd 9:00 a.m. to 4:00 p.m.

LS403 Successful Reentry into the Community

Trainer: Ida M. Terry, MA, LADC

Fee: \$100 **CEUs:** 6

This course will examine the impact of prisoners’ reentry on children who have endured traumatic and lengthy separation as a result of parental incarceration. Participants will learn to define strengths-based approaches, conduct strengths assessments, identify children’s and families’ protective factors, identify engagement/partnering strategies with clients using strengths-based approaches, and implement strengths-based strategies into existing service delivery milieus.

25th 9:00 a.m. to 4:00 p.m.

SA213 Biology of Addiction II***

Trainer: Lauren Doninger, EdD, LADC, LPC

Fee: \$25 **CEUs:** 6

Participants will be introduced to a broad array of drugs of abuse including substances that are not intended for consumption (e.g., inhalants). Participants will learn about the constant “innovation” in drug development that results in an ever-changing landscape of drug abuse and challenges to consistent regulations (e.g., spice, salvia, bathsalts). Trends in drug use will be discussed and the particular problem of prescription drugs and subsequent rise in heroin use will be presented.

***Biology of Addiction I is not a pre-requisite to Biology of Addiction II. The material is approached from a counselor perspective, not a medical or basic research perspective, with the objective of providing participants with the basic information that they need to educate and empower clients.

MAY 2012

29th

9:00 a.m. to 3:30 p.m.

LD113 Leadership Development Series- Application and Wrap-up

Trainer: Heidi Brooks, PhD

Fee: \$150/\$125* **CEUs:** 0

We will look at the integrated picture of learning that has been available through the set of leadership development sessions. The purpose of this session is to apply the material to your personal leadership situation and setting. We will articulate next steps and create a personal development plan for each participant.

JUNE 2012

1st

9:00 a.m. to 4:00 p.m.

TR805 Staff Care: Creating a Healthier Workforce

Trainers: Eileen Russo, MA, LADC, Alicia Davis, LMT

Fee: \$25 **CEUs:** 6

The emotional strain of working in the addiction/mental health field affects professional and personal lives, often causing burnout and staff turnover. Without effective coping mechanisms, care-givers can become frustrated, overwhelmed, and immobilized. This workshop is a three-point approach to staff care: organizational, professional and personal. In addition to receiving information on topics such as vicarious trauma and compassion fatigue, participants will engage in exercises related to reconnection, spirituality and mindfulness practice.

Note: Please attend this workshop only if you are able to attend for the full day and with no or a minimum of distractions (e.g. cell phones). Dress for comfort.

4-5st

9:00 a.m. to 4:00 p.m.

LE515 Healing Racism: An Open Conversation

Trainers: Donald Giannini, MS Ed, Dietra Hawkins, PsyD,
Stephen McMahon, MS, Bernadette Riddick

Fee: \$100/\$75** **CEUs:** 12

The Healing Racism dialogue sessions, focusing primarily on the African American experience in the USA, are designed to help individuals understand racism and its impact at multiple levels in our society; discover ways in which they can be part of the healing process; and understand how they can foster unity and network with allies. Through facilitated dialogues, the presentation of information in a variety of media formats, and in group discussions, participants engage with these issues in a safe environment. We will explore the role of racism in clinical encounters, among colleagues, and at the institutional level, and will practice at least one skill for interrupting the cycle.

*The cost for this workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

**The cost for this two-day workshop is \$100 per person per agency and \$75 per person for two or more staff per agency.

6-7th 9:00 a.m. to 4:00 p.m.

TR811 Trauma Recovery and Empowerment Model (TREM)
(fee waived for DMHAS employees)

Trainer: Lori Beyer, MSW, MSWAC, LCSW
Fee: \$150/\$125* **CEUs:** 12

TREM is a gender-based model designed to address sexual, physical, and emotional abuse in the lives of women who have been economically and socially marginalized and for whom traditional recovery work has been unavailable or ineffective. TREM uses a psychoeducational focus and skill building approach, emphasizes survivor empowerment and peer support, and teaches techniques for self-soothing, boundary maintenance, and current problem solving.

8th 9:00 a.m. to 4:00 p.m.

TR831 Woman and the Twelve Steps: A Trauma Informed Approach

Trainer: Stephanie Covington, PhD, LCSW
Fee: \$150/\$125* **CEUs:** 6

While 30 percent of all addicts in the U.S. are women, when Alcoholics Anonymous (AA) was founded in 1935, most – if not all – of the participants were men. Women’s use and abuse of alcohol and other drugs was hidden, as was the pervasiveness of domestic violence, incest, and other forms of abuse against women. Many women have entered recovery programs based on the Twelve Steps of AA, and we now know that women’s needs in recovery and their pathways to recovery differ from those of men. This training discusses some of these gender differences and presents the new program materials that are anchored by *A Women’s Way through the Twelve Steps*. The training offers practical guidance for working with trauma survivors and for conducting this thirteen-session curriculum and experiential exercise focused on the themes in each of the Steps.

11-12th 9:00 a.m. to 4:00 p.m.

TR812 Seeking Safety
(fee waived for DMHAS employees)

Trainer: Martha Schmitz, PhD
Fee: \$150/\$125* **CEUs:** 12

This training will demonstrate how *Seeking Safety* is applied in clinical settings and used in treatment. Sample sessions: honesty; creating meaning; setting boundaries in relationships; getting others to support your recovery; asking for help. Training will examine PTSD and substance abuse (including rates, the “typical case,” models and stages of treatment, clinical dilemmas and gender issues). Specific clinical interventions will be demonstrated and treatment challenges will be discussed.

“This was a great opportunity to meet many wonderful people, and experience both similarity and diversity.”
 - Attendee



*The cost for this workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

15th 9:00 a.m. to 4:00 p.m.

TR804 Understanding Psychological Trauma and Trauma Informed Care (Part I)

Trainer: Eileen Russo, MA, LADC

Fee: \$25 **CEUs:** 6

Traumatic experience in the history of addiction and mental health clients is extremely common; however the impact of trauma can be difficult to recognize. This introductory workshop will provide an understanding of psychological trauma, and help participants identify simple and practical ways to provide trauma-informed care to clients.

18-19th 9:00 a.m. to 4:00 p.m.

TR835 Helping Men Recover (Part I & II)

Trainers: Dan Griffin, MA, Rick Dauer, LADC

Fee: \$150/\$125* **CEUs:** 12

This curriculum addresses what is often missing in prevailing treatment models: an understanding of the impact of male socialization on the recovery process; a consideration of the relational needs of men; and a focus on issues of abuse and trauma. One of the primary goals of *Helping Men Recover* is assisting men in establishing a healthy sense of self outside of stereo-typical masculine scripts. This workshop addresses four areas that recovering men have identified both as triggers for relapse and as necessary for growth and healing. Participants will: understand core elements of gender-responsive treatment; understand how individual and cultural trauma affect men's treatment and recovery; understand how male socialization can be both an asset and a barrier to treatment and recovery; learn about a gender-responsive and trauma-informed treatment curriculum for men.

22nd 9:00 a.m. to 4:00 p.m.

TR820 Understanding Psychological Trauma and Trauma Informed Care (Part II)

Trainer: Eileen Russo, MA, LADC

Fee: \$25 **CEUs:** 6

This supplement to *Understanding Trauma and Trauma Informed Care, part I* will provide an overview of the importance of educating clients on the possible impact of traumatic experience; coaching on grounding; and emotional/physical safety planning. We will examine diagnostic criteria, screening, assessment, treatment models, and a review of psychological first aid. Most appropriate for those with a basic understanding of psychological trauma who would like to learn skills for working with those whose lived experiences include trauma.

Prerequisite: Understanding Trauma and Trauma- Informed Care Part I or equivalent knowledge base.

*The cost for this two-day workshop is \$150 per person per agency and \$125 per person for two or more clinical staff per agency. This pricing is designed to encourage two or more people to attend in order to create a team effort.

26th

9:00 a.m. to 4:00 p.m.

GA701 Trauma, Gender and Problem Gambling

Trainers: MaryLou Costanzo, LCSW, NGCG,
Susan McLaughlin, MPA, CPP-R

Fee: \$25 **CEUs:** 6

This training will focus on how prior trauma experiences affect women dealing with problem gambling. It will also examine how the trauma experienced because of the problem gambling (anxiety, depression, loss of finances, and other stressors) may re-ignite other trauma symptoms. We will address both problem gamblers' symptoms and those of affected loved ones. The training will offer an understanding of the co-occurring diagnoses of post-traumatic disorders and problem gambling, as well as treatment methods for these co-occurring disorders.

29th

9:00 a.m. to 4:00 p.m.

MC325 Effective Substance Abuse & Mental Health Intervention for LGBTQ and Racially Diverse Adults and Youth

Trainers: Regina Dyton, MSW, Richard Stillson, PhD

Fee: \$25 **CEUs:** 6

This training will provide a welcoming environment to examine conceptions, values and attitudes that may serve as strengths or barriers to treatment of LGBTQ youths and adults. Current research will be presented to increase participant's knowledge of factors contributing to the well-being of LGBTQ youth and adults, including family and community acceptance and support. Participants will explore the relevance of spirituality, community organizing, and activism in healing/reducing the impact of multiple oppressions faced by LGBTQ youth who are also racial, gender, and socio-economic minorities.



“Excellent –
Would like more!!!”

– Attendee

TRAINER BIOGRAPHIES



“Thank you – the training was thorough, meeting objectives and then some!” - Attendee

Susan Adubato, PhD is a licensed psychologist who is on the faculty in both the departments of Pediatrics and Psychiatry at the University of Medicine and Dentistry of New Jersey. Presently, she serves as coordinator for the Northern N.J. FAS Diagnostic Center, located at the medical school. In addition, she is co-director for the Northeast FAS Regional Training Center, which provides workshops on prenatal alcohol exposure and FAS. She is also involved with the Autism Center and clinics for HIV/AIDS and child abuse and neglect, while also maintaining a private practice in Nutley, N.J.

Richard Bebout, PhD earned his doctorate at the University of North Carolina at Chapel Hill and since 1987 has been affiliated with Community Connections, where he holds the position of clinical housing director and is a member of the Men’s Trauma Workgroup. Bebout has contributed more than 20 articles and book chapters on mental health services and frequently trains and consults in the area of supportive housing and men’s trauma services. He also maintains a private therapy practice in Washington, DC and suburban Maryland, and serves as an adjunct professor of community and family medicine at Dartmouth Medical School.

Lori Beyer, MSW, MSWAC, LCSW is a supervisory trauma clinician and lead trainer at Community Connections, a private, not-for-profit agency providing human services in metropolitan Washington, D.C. She specializes in providing workshops, trainings, and ongoing supervision and consultation to agencies and clinicians nationally on issues related to trauma-specific and trauma-sensitive service provision. Beyer has over 20 years of experience working with adults who are dually diagnosed with a serious mental illness and substance abuse disorder, and have histories of homelessness and violent victimization. She was an original member of the Community Connections Trauma Work Group which developed the Trauma Recovery and Empowerment Model (TREM), has co-led numerous group treatment interventions in areas such as trauma recovery and empowerment, parenting skills, and domestic violence, and has served as a clinical case manager and clinical housing coordinator before her current position as a supervisory trauma clinician in two federally-funded research projects and as a lead trainer.

TRAINER BIOGRAPHIES

Linda Blozie, who has worked in the domestic violence field for over 20 years, is the director of public affairs for the Connecticut Coalition Against Domestic Violence (CCADV). She is responsible for overseeing the Coalition's communications, public outreach and training activities, and also advocates for victims in public policy matters. Previous to joining the CCADV staff in 2001, she served for fifteen years as the executive director of the Prudence Crandall Center, the domestic violence agency in New Britain. Blozie has trained nationally on such topics as domestic violence and substance abuse; domestic violence fatality review; communicating for change; and the risks and benefits of technology for victims/survivors of domestic violence.

Heidi Brooks, PhD specializes in leadership development for individuals, organizations and communities. She has worked within a variety of industries on leadership development, change management and team effectiveness. Her experience includes executive coaching and development in Fortune 500 companies, academic institutions, family firms and non-profit organizations. She continues to teach leadership development programs designed to develop courageous communities of leaders. Current projects involve leadership development for critical social issues in education, health equity and community leadership. Brooks has a bachelor's degree from Brown University and a PhD in psychology from the University of California at Berkeley. She has been teaching at the Yale School of Management since 2003.

Joe Brummer is an experienced trainer and mediator and the associate executive director of Community Mediation, Inc. Brummer has presented workshops in venues around the northeast, including many colleges and universities, as well as at several national health education conferences. He has clocked hundreds of hours at the mediation table facilitating in workplace disputes, landlord-tenant conflicts, neighborhood disputes, civil law suits, and victim-offender mediation. He also serves on the Board for the National Association for Community Mediation. Brummer was trained as a mediator at the Community Mediation Center of RI and served on their Juvenile Restorative Justice Advisory Board. He was also trained at the Institute for the Study and Practice of Nonviolence where he taught non-violence and peace-making to at-risk youth.

Mary Lou Costanzo, LCSW, NGCG is a licensed clinical social worker and nationally-certified gambling counselor. She has worked in clinical social work and in the field of problem gambling and is currently clinical director of the DMHAS Problem Gambling Services, a statewide network of treatment services for problem gamblers and family members. She has specialized in working with family members of problem gamblers, attempting to help them cope with an under-diagnosed and under-recognized problem that has affected our society more and more as the number of gambling venues have increased.

Stephanie S. Covington, PhD, LCSW is a clinician, organizational consultant, and lecturer. For over 25 years her work has focused on the creation of gender-responsive and trauma-informed services. Her extensive experience includes designing women's services at the Betty Ford Center; developing programs for women in criminal justice settings; and being the featured therapist on the Oprah Winfrey Network TV show entitled "Breaking Down the Bars." She has also served as a consultant to the United Nations Office on Drugs and Crime (UNODC) in Vienna and was selected for the federal Advisory Council on Women's Services. Educated at Columbia University and the Union Institute, Covington has served on the faculties of the University of Southern California, San Diego State University, and the California School of Professional Psychology. She has published extensively, including six gender-responsive, trauma-informed treatment curricula. Covington is based in La Jolla, California, where she is co-director of both the Institute for Relational Development and the Center for Gender and Justice.

Rick Dauer, LADC is the clinical director at River Ridge Treatment Centers. He has been a chemical health professional for 26 years, with experience in residential, outpatient, and jail-based treatment settings. Dauer has been a peer reviewer for Blue Cross Blue Shield of Minnesota and for the Minnesota Department of Human Services. He has served on numerous county and state boards and committees dedicated to improving chemical health services. He is co-author of *Helping Men Recover*, a treatment curriculum for men. Dauer has been in personal recovery from addiction for 30 years. He lives in St. Paul with his wife Julie.

TRAINER BIOGRAPHIES

Wendy H. Davenson, LMFT, LADC is a licensed marital and family therapist, a licensed alcohol and drug counselor, a certified family life educator, and a consultant and trainer with extensive experience lecturing and working with school systems. She holds certifications in death education, grief therapy, divorce mediation, and addiction relapse prevention; she has extensive experience in individual and family counseling, as well as in the development and implementation of prevention and intervention programs for schools and agencies. Davenson also lectures widely and teaches. She has published a book entitled *Grief and Growth, A Manual For Counselors and Educators*.

Alicia Davis, LMT has a passion for helping people live more balanced and healthy lives. As a certified health and wellness coach, licensed massage therapist and Quantum Touch™ practitioner, she has taught thousands of entrepreneurs and health care providers how to release the harmful effects of stress from their bodies and minds while creating more ease, flow and energy in their everyday lives. As the founder and ‘voice’ of Sound Bytes for Serenity™ Davis brings audio messages of relaxation and rejuvenation to listeners around the globe. She is also a published author in the anthology “Strategies for Success.”

Erica Dawson, PhD, who earned her PhD in social psychology from Cornell, is a visiting assistant professor of management and organizations at the Johnson School of Management at Cornell University. Prior to joining the Johnson School, Dawson was an assistant professor of organizational behavior at the Yale School of Management, where she taught her popular negotiation class to MBA students. An expert in negotiation and conflict management, Dawson consults worldwide for organizations ranging from large multinational consulting firms to small nonprofits. She is a skilled coach, working one-on-one to help individuals become confident in using negotiation to build relationships and meet their interests. She also consults on group processes, leadership development, and other areas central to the functioning of high-performing teams.

Mary DeJoseph, MD, who is licensed in family medicine, has clinical experience in general practice and geriatrics, and is an adjunct faculty member at the Philadelphia College of Osteopathic Medicine. She works with the NJ/ NE FASD Education and Research Center, serves on the New Jersey and Philadelphia Task Forces on Fetal Alcohol Spectrum Disorders (FASD) and served on the National FAS/ FAE Task Force. She is a listed author on the CDC and National Task Force publication “Preventing Alcohol Exposed Pregnancies.” She consults with the Mental Health Association in NJ and presents workshops nationally on women and addiction, alcohol and other substance exposed pregnancies, FASD, recovery strategies for women, and issues affecting adolescents and adults with FASD. Currently, Joseph is on SAMHSA’s FASD Center for Excellence Expert Panel, the NJ Governor’s Council for the Prevention of Developmental Disabilities, and the Citizen’s Advisory Council to the NJ Division of Addiction Services. She is a member and regional coordinator in the SAMHSA Birth Mother’s Network.

Lauren Doninger, EdD, LADC, LPC has been in the field of mental health and addiction services since 1983. She has worked in a range of treatment settings, primarily treating those with severe and persistent mental illness and co-occurring substance use disorders. She is on the faculty at Gateway Community College in New Haven, CT with primary teaching responsibility in the Drug and Alcohol Recovery Counselor Program.

Rosalyn Dischiavo, EdD, MA, sexologist, professor, clinician and radio personality, holds a doctor of education in human sexuality, a master’s degree in marriage and family therapy, and is a licensed drug and alcohol counselor. She teaches sexuality, gender studies, health psychology, and adult development at the University of Hartford, and has co-hosted a nightly sex and relationships talk show on WTIC-FM. An experienced workshop leader who likes to bring humor to her presentations, she creates a dynamic learning environment with state-of-the-art information, discussions, group activities, exercises, images and videos. Her in-depth inquiry into human sexuality and women’s concerns will make the material new to most participants.

TRAINER BIOGRAPHIES

Regina S. Dyton, MSW is chairperson of the City of Hartford Commission on LGBT Issues. She is employed full time as the program manager of the Aetna Foundation Children's Center, a clinic at St. Francis Hospital & Medical Center that provides diagnostic and therapeutic services to children who allege sexual abuse. Dyton is also an adjunct faculty member at the University of CT School of Social Work. She has worked with diverse communities including Latino, African American, Native American, GLBTQ, Asian American, low-income women, and youth, bringing over 25 years of community activism and anti-oppression work to her current endeavors; these include membership in Queers Without Borders and CT Trans Advocacy Coalition.

Roger D. Fallot, PhD is a clinical psychologist and director of research and evaluation at Community Connections, a private, not-for-profit agency providing human services in the District of Columbia. His specialties include the development and evaluation of services for trauma survivors and the role of spirituality in recovery. A graduate of Yale (B.A., M.S., and Ph.D.), Fallot is author of numerous clinical and research articles, as well as a contributing author and co-editor (with Maxine Harris) of *Using Trauma Theory to Design Service Systems*. He consults widely on the development of trauma-informed cultures of care in human services. Fallot was principal investigator on the District of Columbia Trauma Collaboration Study, a SAMHSA-funded research project examining the effectiveness of integrated services for women trauma survivors with mental health and substance abuse problems. With clinicians at Community Connections, he developed a men's version (M-TREM) of the Trauma Recovery and Empowerment Model (TREM), for working with survivors of physical and sexual abuse. Fallot is also interested in the relationships among spirituality, recovery, and well-being; he edited and contributed chapters to *Spirituality and Religion in Recovery from Mental Illness*.

Donald Giannini, MS, Ed, coordinator of patient and family education for Connecticut Valley Hospital and chair of the Healing Racism Coalition (HRC), is a trainer/presenter for dialogue sessions, specializing in "retelling our nation's history." He has been involved in the field of education and mental health, and is also certified in dialectic behavioral therapy (DBT). He brings a wealth of knowledge and experience to planning, developing and implement training sessions for HRC, and has conducted workshops to eliminate racism with Middletown High School, Middlesex Hospital, and various DMHAS and DPH facilities.

Dan Griffin, MA has worked in the mental health and addiction field for over fifteen years. For the past eight years, he was the lead staff person for the Minnesota Drug Court Initiative for the Minnesota Judicial Branch, leaving that position to start his own consulting and training business, *Griffin Recovery Enterprises, Inc*. His graduate work was on the social construction of masculinity in the culture of Alcoholics Anonymous. He was awarded the first fellowship and completed counselor training at Hazelden in 1999. Griffin is the author of *A Man's Way Through the Twelve Steps* (Halzelden 2009), the first holistic look at sobriety for men. He is the co-author of *Helping Men Recover*, the first trauma-informed gender-responsive curriculum for men with Stephanie Covington, a national expert on women's addiction and recovery, and Rick Dauer, a clinical director at River Ridge Treatment Center. Griffin lives in Minnesota with his wife and daughter and has been in long-term recovery for seventeen years.

Cheryl Harewood, MS, LADC, CCS has over 21 years of experience in addiction and mental health treatment, working in both inpatient and outpatient settings with male and female clients. For the past 15 years she has worked with women and children in multicultural programs. She is a certified addiction counselor, a licensed alcohol and drug counselor and a certified clinical supervisor; additionally, she has been an adjunct profession at Gateway Community College's DARC (Drug and Alcohol Recovery Counselor) Program for the past three years and is currently a DUI and drug education instructor at the Rushford Center.

Dietra D. Hawkins PsyD is assistant clinical professor in Yale's Program for Recovery and Community Health. Hawkins assists state, county, and community organizations in their recovery, resiliency and cultural competence initiatives. She works collaboratively with system leaders, consumers and transformation allies to develop programs and policies that reduce disparities, support cultural competency, and promote recovery. She actively works to address racism through her community presentations and facilitation of the Chicago Dinners model.

TRAINER BIOGRAPHIES

David Mandel, MA is a co-founding partner in the Non-Violence Alliance, an organization specializing in batterer intervention. In addition to his 16 years of direct service with perpetrators of domestic violence, Mandel writes, trains and consults nationally on batterer accountability and change. His current projects include developing batterer intervention strategies for child protection agencies, completing the analysis of a national study of batterers' perceptions of their children's exposure to their violence, consulting to Connecticut's Department of Corrections, and developing a protocol for screening for batterers in medical settings. He recently completed a curriculum, entitled *Dedication*, used to train all new batterer intervention providers in Texas. He has also written a curriculum for working fathers entitled *Being Connected*, and co-authored a batterer intervention program manual. He co-authors and co-publishes a national newsletter, *Issues in Family Violence*.

Susan D. McLaughlin, MPA, CPP, has been in the problem gambling field since 1997. She works with DMHAS Problem Gambling Services, oversees the state network of gambling prevention programs, and works in collaboration with the state prevention infrastructure and community organizations. She develops and delivers training and education programs, and consults on a variety of initiatives with these organizations. She is a co-founder of the Connecticut Women's Problem Gambling Project and a member of the Connecticut Partnership for Responsible Gambling. Prior to entering the problem gambling field, McLaughlin worked for twenty years with Connecticut youth and families in education and human services.

Stephen McMahon, MS, a diversity trainer at Connecticut Valley Hospital, has been a member of the Healing Racism Coalition since 2000; he is a steering committee member and served as the HRC chair. He has a background in organizational behavior, and works to plan, develop, implement, and lead HRC dialogue sessions in the community. He has conducted workshops and trainings for various DMHAS facilities, public and private schools, Middlesex Hospital, and affirmative action professional associations.

Lori Rugle, PhD, has worked in problem gambling treatment and research since 1984. Her career has included the treatment of problem gamblers and their families in public and private inpatient, residential, and outpatient programs. Her public sector work included many years as director of the Gambling Treatment Program at the Cleveland Department of Veterans' Addiction Recovery Center. She has also worked in the private sector as clinical and research director for Trimeridian, Inc., a company dedicated to research on and treatment of problem gambling. She has provided consultation for numerous state-funded programs around the U.S., for the military in Germany and for the government of Singapore. Rugle's research has included studies of treatment outcome, attention deficits among pathological gamblers, neuroimaging and pharmacotherapy with problem gamblers, coping skills among homeless problem gamblers, and PTSD among pathological gamblers. Currently, she is director of Problem Gambling Services with Connecticut's Department of Mental Health and Addiction Services.

Eileen M. Russo, MA, LADC, has worked in the addiction and mental health field for over 24 years. She is a licensed addiction counselor, a certified clinical supervisor, and a certified co-occurring disorder professional. Her experience includes developing and serving as the clinical director for programs that serve clients with mental health and/or substance use disorders. She is a consultant and trainer for the Connecticut Women's Consortium and has been involved with the Connecticut Trauma Initiative for the past ten years as a clinical consultant and trainer. Through a grant from the Department of Public Health at The Connecticut Women's Consortium, she facilitated the first pilot project using the *Healing Trauma: Strategies for Abused Women* curriculum with the women at the York Correctional Facility in Niantic, Connecticut, and trained several co-facilitators, some of whom are formerly incarcerated women. Russo is a faculty member and student advisor for Gateway Community College's Drug and Alcohol Recovery Counselor (DARC) program, and an adjunct faculty member at the University of Bridgeport.

TRAINER BIOGRAPHIES

Donald Scherling, PsyD, LADC, CCS, is a senior clinician, consultant, and trainer with 33 years of experience in a variety of inpatient and outpatient addictions and mental health settings. He has directed adolescent and adult programs and is currently a senior clinical consultant and educator in the Department of Psychiatry and Behavioral Sciences at Berkshire Medical Center in Pittsfield, MA. Scherling is a published author in substance abuse, co-occurring disorders, domestic violence, and group treatment and a frequent consultant, speaker, and workshop trainer for SAMHSA/CSAT Technical Assistance initiatives; the Connecticut DMHAS, DCF, and DOC; public & private substance abuse, mental health, criminal justice, and employee assistance programs; and statewide mental health and addiction departments in the Northeast and Midwest.

Martha Schmitz, PhD, offers continuing education workshops and supervision in the treatment of PTSD and substance abuse to clinicians throughout the United States and abroad. She has worked with Lisa M. Najavits, PhD, author of *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*, since 2000. Schmitz is a staff psychologist at San Francisco VA Medical Center and an assistant clinical professor at UCSF School of Medicine. She received her doctorate in counseling psychology from the University of Missouri at Columbia after earning her master's and bachelor's degrees from the University of California at Davis. She has collaborated on several research projects in both the United States and France. Her clinical and research interests include posttraumatic stress disorder, substance abuse, and resiliency in survivors of trauma.

Richard Stillson, PhD, the director of admissions, education and homeless services at River Valley Services, has a PhD from the University of Connecticut in counseling psychology, is certified as a co-occurring disorders professional, and has intensive training in dialectic behavior therapy. He has taught undergraduate and graduate psychology courses at the University of Hartford and Capital Community College. A proud gay man who is also transgender, Stillson is a leader in providing services for the lesbian, gay, bisexual and transgender communities. He re-established the Task Force of the CT Psychological Association; the Task Force has developed a state-wide directory of GLBT-affirming therapists. He also has helped RVS and Connecticut Valley Hospital to develop gay/straight alliances. His awards include: being chosen twice as the Man of the Year at the Metro Awards; the David L. Singer Diversity award from the University of Hartford's Graduate Institute of Professional Psychology; the Connecticut Psychological Association's award for Distinguished Psychological Contribution in the Public Interest. He is a member of the state-wide trauma guide team and the *Trauma Matters* editorial board.

Ida Terry, MA, LADC, has over 15 years of experience as a nationally-recognized enthusiastic and innovative trainer and facilitator. She established the *Annual Post Incarceration Chronicle of Success Conference* for REACH Training and Consulting, a diversity group. Her workshops are highly engaging and offer the opportunity to empower, inform, and build strong collaborative relationships. Terry is a licensed alcohol and drug counselor with a multi-disciplinary background: an MA in counseling from Saint Joseph's College, and a two-year Internal Family System Theory Certificate from Central Connecticut State University. Additionally, she has over 21 years of service in administrative and clinical supervision in the Addiction Services Unit of the Connecticut Department of Corrections. In this capacity, she provides culturally responsive services to incarcerated substance abuse/involved individuals. For 18 years, Terry has also worked as an independent family therapist for East Hartford Youth Services, where she facilitates culturally responsive services to youth and families.

Germaine B. Tizzano, PhD, president and founder of Views From a Tree House, Inc., offers training and consulting in comprehensive sexual health to agencies that serve women affected by trauma, sexual violence, and substance abuse. She has conducted and coordinated hundreds of programs, training and conferences involving subject matters such as: sexual and physical abuse; women and adolescent sexual health; body image; alcohol and drug abuse; mental health issues; health promotion; behavioral change interventions; stress management; and communications. Recent publications include a *Participant Workbook and Facilitator Guide, Sanctuary for Change*, designed to provide women with histories of substance abuse and trauma with the tools to prevent high-risk transmission of HIV and sexually transmitted infections. She has co-authored and implemented *Seeds of Inspiration, Discovery and Hope: A Training Curriculum for Community Support Specialists*, a curriculum aimed at training professionals on educational technologies to improve quality of services to persons with mental health disabilities. Tizzano currently serves on Ohio's Project Connect Leadership Team. She has a PhD in health education with a specialty in preventive medicine from The Ohio State University.

COLLABORATING PARTNERS



“The training was organized, providing useful learning tools, manual, handouts, video, and experiential exercises.” - Attendee

The Department of Mental Health and Addiction Services (DMHAS) promotes and administers comprehensive, recovery-oriented services in the areas of mental health treatment and substance abuse prevention and treatment throughout Connecticut.

While the Department’s prevention services serve all Connecticut citizens, its mandate is to serve adults (over 18 years of age) with psychiatric or substance use disorders, or both, who lack the financial means to obtain such services on their own. DMHAS also provides collaborative programs for individuals with special needs, such as persons with HIV/AIDS infection, people in the criminal justice system, those with problem gambling disorders, substance abusing pregnant women, persons with traumatic brain injury or hearing impairment, those with co-occurring substance abuse and mental illness, and special populations transitioning out of the Department of Children and Families.

DMHAS operates on the belief that most people with mental illnesses and/or substance use disorders can and should be treated in community settings, and that inpatient treatment should be used only when absolutely necessary to meet the best interests of the patient. Effective care requires that services such as residential, supportive, rehabilitative and crisis intervention programs are available within their local communities. DMHAS is responsible for providing a wide range of services to adults in each of the five human service regions in Connecticut.

The Commissioner and the DMHAS Executive Group confer with many constituency and stakeholder groups. These include the State Board of Mental Health and Addiction Services, a 40-member advisory group consisting of 15 gubernatorial

appointees, the chairperson, one designee each from the 5 Regional Mental Health Boards, and one designee each from the 15 substance abuse Regional Action Councils.

The mission of the Department of Mental Health and Addiction Services is to improve the quality of life of the people of Connecticut by providing an integrated network of comprehensive, effective and efficient mental health and addiction services that foster self-sufficiency, dignity and respect.

The Connecticut Coalition Against Domestic Violence, Inc. (CCADV) was founded in 1978 as the “Battered Women’s Task Force” and incorporated in 1986, as a vehicle for community-based domestic violence programs to provide statewide public policy advocacy, legislative reform, and education on the issue of domestic violence.

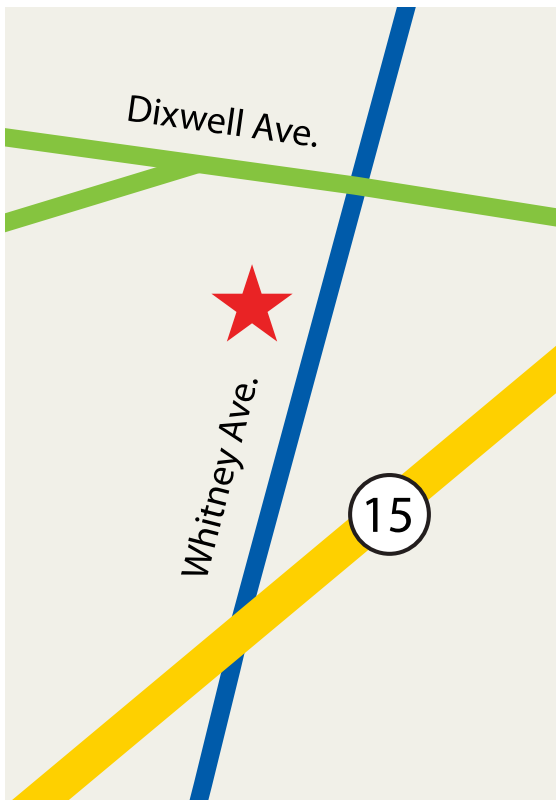
The Connecticut Coalition Against Domestic Violence is a statewide, 501(c)(3) non-profit organization. The current membership of the Coalition includes private, non-profit agencies providing services to victims of domestic violence which include but are not limited to safety planning, short-term counseling and support groups, information and referrals, advocacy, emergency shelter, children’s programs and community education and training. CCADV is governed by a 17-member board of directors. Its daily operations are overseen by its Executive Director.

The mission of CCADV is to change social conditions through policy advocacy, public awareness, technical assistance and education.

DIRECTIONS

The Connecticut Women's Consortium

2321 Whitney Avenue, Suite 401
Hamden, CT 06518
203.909.6888 ext. 30 or 33
877.731.4925



From the shoreline and I-95 south:

Take I-95 to I-91 northbound to Exit 10. Exit 10 puts you on a “connector.” Get off Exit 1. At the end of Exit 1 at stop light, turn left onto Devine St. Turn left at the next stoplight to Hartford Turnpike. At the next stoplight take a right to Dixwell Avenue. Go approximately $\frac{3}{4}$ mile to third stoplight and turn left into KinderCare driveway. Go to stop sign. The parking garage is in front of you. Bear right and go to second stop sign and keep going straight. Bear left into parking garage.

Proceed to Hamden Centre Building II (2321 Whitney Avenue) Connecticut. Women's Consortium is located on the 4th floor, Suite 401.

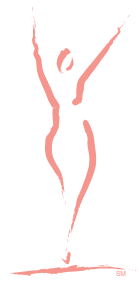
All visitors must park in garage. Handicap parking is provided in front of the building.

From the north:

Take I-91 southbound to exit 17 SR-15/Wilbur Cross Pkwy South/E. Main St. Take ramp on the right for SR-15/Wilbur Cross Pkwy South toward E. Main St. Stay left on ramp and continue on to SR-15/Wilbur Cross Pkwy South. Take Exit 62 (Whitney Ave., Hamden.) At end of the ramp, turn right on to Whitney Avenue. About half way up the block on your right is a sign for Hamden Centre. Just before the sign, turn right. Keep straight and take a right, parking garage will be in front of you.

Proceed to Hamden Centre Building II (2321 Whitney Avenue) Connecticut. Women's Consortium is located on the 4th floor, Suite 401.

All visitors must park in garage. Handicap parking is provided in front of the building.



The Connecticut
Women's Consortium

Improving Behavioral Health Services for Women

2321 Whitney Avenue
Suite 401
Hamden, CT 06518

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New Haven, CT
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TRAINING CALENDAR 2011-2012

The Connecticut Women's Consortium

Established in 1995 is a 501c3 organization dedicated to ensuring that the behavioral health system is responsive to women's needs. The primary mission of the consortium is to advocate for public policy for those struggling with mental health and substance use disorders, interpersonal violence, access to respectful and consistent healthcare and the stigmas associated with these concerns. In pursuit of these goals, CWC leads in promoting gender-responsive, trauma informed practices through innovative and effective trainings.

Contact:

Phone: 203.909.6888

Toll Free: 877.731.4925

Training Staff:

Monica Gavin

Administrative Training Specialist - ext. 30

Sharon Reynolds

Administrative Training Coordinator - ext. 33

Roslyn Williams

Director Education and Training - ext. 25

For more information about Connecticut Women's Consortium, please visit
www.womensconsortium.org